Happy Birthday!

Sheila M.- 5th Maria K.- 8th Justine S.- 18th Joan B.- 23rd Janet R.- 30th

Activities Staff Marci Carosella-Cyberey -**Activities Director**

Maria DeGregorio-**KSV Activity Coordinator**

Activity Assistants-John Estock Phil O'Keefe Rita O'Connell **Tashia Brown**



Sunday, Nov. 4th at 2am! Change your clocks back 1 hour!



All programs, times, and

Sunday

Tuesday Monday

The Hearth at Southbury

Senior Living Activity Calendar

November 2018

Wednesday

Thursday

1 All Saints Day

2:00 Wii Jeopardy (AR)

3:30 Social Hour (PUB)

7:00 After Dinner- AR& PUB

8:30 Coffee & News (PUB)

10:00 Move More Full Body

10:45 Veteran's Day Corsages

2:00 Afternoon Entertainment wa

3:15 Food Committee Mtg. (SSQ

Cards/Games/Dominoes Available

Exercise (SSQ)

Leigh Henry (SSQ)

3:30 Social Hour (PUB)

7:00 After Dinner- AR& PUB

(SSQ)

Exercise (SSQ)

2 All Souls Day 8:30 Coffee & News (PUB) 8:30 Coffee & News (PUB) 10:00 Move More Full Body 10:00 Rosarv w/ Bobbie (CK1) 10:30 Move More (SSQ) 10:45 Disc: All Souls Day (SSQ)

11:00 Día De Los Muertos Calavera cookies (SSQ) 2:00 Apple Festival (SSQ) 3:30 Social Hour (PUB) Cards/Games/Dominoes Available 7:00 After Dinner- AR& PUB Cards/Games/Dominoes Available

Friday

8:30 Coffee & News (PUB) 8:30 Local Errands w/ Rita 10:00 Move More (SSQ)

10:45 Crossword Craze (SSQ) 2:00 Bingo SSQ) 3:30 Social Hour (PUB) 7:00 After Dinner- AR& PUB Cards/Games/Dominoes Available

Saturday

1:00pm-4:00pm

Flu Clinic in SSQ Today

8:30 Coffee & News (PUB) 10:00 Rosary w/ Bobbie (CK1) 10:30 Move More Weights (SSQ) 11:00 Lively Minds (SSQ) 2:00 Stately Knowledge Trivia

(SSQ) 2:00 Bridge Card Players (AR) 3:30 Think More (CK1) 3:30 Social Hour (PUB) 7:00 After Dinner- AR& PUB

8:30 Coffee & News (PUB) 8:30 Local Errands w/ Rita 10:00 Move More (SSQ) 10:45 Honoring our Veterans (SSQ) 2:00 Bingo (SSQ)

3:30 Social Hour (PUB) 7:00 After Dinner- AR& PUB Cards/Games/Dominoes Available

10:00 Veteran Coffee Hour (AR

10:00 Meditation w/ Maria (SSQ)

1:15 Encompass BP Clinic (AR)

1:45 Encompass Presents (AR)

2:30 Culinary Corner: Homemade

4:00 Intergenerational Visits w/

Cards/Games/Dominoes Available

Nachos & Guacamole (CK1)

7:00 After Dinner- AR& PUB

3:30 Social Hour (PUB)

Pomperaug Pals (SSQ)

8:30 Coffee & News (PUB)

10:30 Lively Minds (SSQ)

6 Election Day 8:30 Coffee & News (PUB)

10:00 Comm. Chapel (SSQ) 10:30 Meditation w/ Maria (SSQ) 11:00 Lively Minds (SSQ)

2:00 Bingo (SSQ) 3:30 Social Hour -PUB 7:00 After Dinner- AR& PUB Cards/Games/Dominoes Available



8:30 Coffee & News (PUB) 10:00 Communion (SSQ)

10:30 Move More Thera-band Exercises (SSQ) 11:00 Culinary Corner: Chocolate Chip Biscotti (CK1) 1:00 Shopping Trip to Red,

White, & Blue Thrift Store 2:00 Stitch & Chat (SSQ) 3:30 Social Hour (PUB) 7:00 After Dinner- AR& PUB

8:30 Coffee & News (PUB)

10:00 Communion (SSQ)

1:15 Scenic Ride (Lobby)

3:00 Think More (CK1)

3:30 Social Hour (PUB)

Exercises (SSQ)

10:30 Move More Thera-band

11:00 Left, Right, Center (SSQ)

2:00 All Staff Meeting (SSQ)

7:00 After Dinner- AR& PUB

Cards/Games/Dominoes Available

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8:30 Coffee & News (PUB) 10:00 Move More Full Body Exercise (SSQ) 10:45 Resident Council (SSQ)

2:00 Afternoon Entertainment w/ Ralph Sacco (SSQ)

3:30 Trivial Pursuit (SSQ) 3:30 Social Hour (SSQ) 7:00 After Dinner- AR& PUB Cards/Games/Dominoes Available

8:30 Coffee & News (PUB) 10:00 Rosary w/ Bobbie (CK1) 10:30 Move More Weights (SSQ) 11:00 Lively Minds (SSQ) 2:00 Crafter's Cove: Terra Cotta

Cards/Games/Dominoes Available

Pot Turkey (SSQ) 3:30 Think More (CK1) 3:30 Social Hour (PUB) 7:00 After Dinner- AR& PUB Cards/Games/Dominoes Available

8:30 Coffee & News (PUB) 8:30 Local Errands w/ Rita 10:00 Move More (SSQ) 10:45 Wacky Wordies (SSQ) 2:00 Bingo (SSQ)

3:30 Social Hour (PUB) 7:00 After Dinner- AR& PUB Cards/Games/Dominoes Available

8:30 Coffee & News (PUB) 9:30 Transp. To South Britain Cong. & Lutheran Church 10:30 Transp. To Sacred Heart Church

4 Daylight Savings Ends

8:30 Coffee & News (PUB)

Cong. & Lutheran Church

Church

Church

9:30 Transp. To South Britain

10:30 Transp. To Sacred Heart

10:45 Morning Exercise (SSQ)

2:00 Sunday Matinee (SSQ)

7:00 After Dinner- AR& PUB

3:30 Social Hour (PUB)

11 Veterans Day

8:30 Coffee & News (PUB)

Cong. & Lutheran Church

9:30 Transp. To South Britain

10:30 Transp. To Sacred Heart

10:45 Morning Exercise (SSQ)

11:15 Scattergories (SSQ)

3:30 Social Hour (PUB)

2:00 Sunday Matinee (SSQ)

7:00 After Dinner- AR& PUB

Cards/Games/Dominoes Available

11:15 Junk Drawer Detective (SSQ)

Cards/Games/Dominoes Available

10:45 Exercise (SSQ) 11:15 Treasures from the Attic (SSQ) 2:00 Sunday Matinee w/ with John 3:30 Social Hour (PUB)

Cards/Games/Dominoes Available

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8:30 Coffee & News (PUB) 10:00 Full Body Fitness (SSQ) 10:45 Spaghetti Words (SSQ) 1:00 Manicures with Marci (SSQ) 2:00 Bingo (SSQ) 3:15 Think More w/ Rita (CK2) 3:30 Social Hour in the PUB

Cards/Games/Dominoes Available

8:30 Coffee & News (PUB)

10:00 Full Body Fitness (SSQ)

10:45 Spaghetti Words (SSQ)

2:00 Janet Rikhoff's Tastiest

3:15 Think More w/ Rita (CK2)

3:30 Social Hour in the PUB

7:00 After Dinner- AR& PUB

8:30 Coffee & News (PUB)

3:15 Rosary Group (CK1)

3:30 Social Hour (PUB)

2:00 Bingo (SSQ)

10:00 Full Body Fitness (SSQ)

10:15 Spaghetti Words (SSQ)

3:15 Think More w/ Rita (CK2)

7:00 After Dinner AR& PUB

Cards/Games/Dominoes Available

1:00 Manicures with Marci (SSQ)

Cards/Games/Dominoes Available

Sugar Cookies (CK1)

1:00 Manicures with Marci (SSQ)

SSQ) 7:00 After Dinner- AR& PUB

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8:30 Coffee & News (PUB) 10:00 Comm. Chapel (SSQ) 10:30 Meditation w/ Maria (SSQ)

11:00 Lively Minds (SSQ) 2:00 Monthly Birthday Party w/ The Boogie Boys (SSQ) 3:30 Social Hour (PUB) 7:00 After Dinner AR& PUB

Cards/Games/Dominoes Available

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8:30 Coffee & News (PUB) 10:00 Communion (SSQ) 10:30 Move More Thera-band Exercises (SSQ) 11:00 Culinary Corner: No Bake

Cards/Games/Dominoes Available

Pumpkin Pie Cups (CK1) 12:30 Lunch Out Trip to Leo's Restaurant 2:00 Bridge Club (SSQ) 3:30 Social Hour (PUB) 7:00 After Dinner- AR& PUB

Cards/Games/Dominoes Available

22 Thanksgiving

8:30 Coffee & News (PUB) 10:00 Move More Full Body Exercise (SSQ) 10:45 History, Traditions, & Trivia of Thanksgiving (SSQ) 2:00 Afternoon Movie: Planes. Trains, & Automobiles (SSQ)

3:30 Social Hour (PUB) 7:00 After Dinner- AR& PUB Cards/Games/Dominoes Available

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16

8:30 Coffee & News (PUB) 10:00 Rosary w/ Bobbie (CK1) 10:30 Move More Weights (SSQ) 11:00 Lively Minds (SSQ) 2:00 Pokeno (SSQ)

3:30 Think More (CK1) 4:00 Social Hour (PUB) 7:00 After Dinner- AR& PUB Cards/Games/Dominoes Available

8:30 Coffee & News (PUB) 8:30 Local Errands w/ Rita 10:00 Move More (SSQ) 10:45 Thinkler's Trivia (SSQ) 2:00 Bingo (SSQ) 3:30 Social Hour (PUB) 7:00 After Dinner- AR& PUB Cards/Games/Dominoes Available

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8:30 Coffee & News (PUB) 9:30 Transp. To South Britain Cong. & Lutheran Church 10:30 Transp. To Sacred Heart Church

7:00 After Dinner AR& PUB

10:45 Exercise (SSQ)

11:15 Word Scramblers (SSQ)

2:00 Sunday Matinee w/ John (SSQ) 3:30 Social Hour (PUB) 7:00 Games & Cards (AR&PUB)

26

8:30 Coffee & News (PUB) 10:15 Full Body Fitness (SSQ) 11:00 Arts Enable with Denise (SSQ)

1:00 Manicures with Marci (SSQ) 2:00 20 Questions (SSQ) 3:15 Rosary Group (CK1)

3:15 Think More w/ Rita (CK2) 3:30 Social Hour (PUB) 7:00 Games & Cards (AR&PUB) 27

8:30 Coffee & News (PUB) 10:00 Meditation w/ Maria (SSQ) 10:30 Lively Minds (SSQ) 2:00 Bingo (SSQ) 3:30 Social Hour (PUB) 7:00 After Dinner- AR& PUB Cards/Games/Dominoes Available 28

8:30 Coffee & News (PUB) 10:00 Communion (SSQ) 10:30 Move More Thera-band Exercises (SSQ) 11:00 Nov. I.Q. Trivia (SSQ) 1:15 Trip to Riverview Cinemas 2:00 New Resident Meet & Greet (SSQ) 3:30 Social Hour (PUB)

7:00 After Dinner- AR& PUB

Cards/Games/Dominoes Available

29

8:30 Coffee & News (PUB) 10:00 Move More Full Body Exercise (SSQ) 10:30 Sequence Game (SSQ) 2:00 Afternoon Music w/ Peter Poirier (SSQ)

4:00 Social Hour (PUB) 7:00 After Dinner- AR& PUB Cards/Games/Dominoes Available

30 8:30 Coffee & News (PUB) 10:00 Rosary w/ Bobbie (CK1) 10:30 Move More Weights (SSQ) 11:00 Lively Minds (SSQ) 2:00 Holiday Crafting with Marci (SSQ) 3:30 Think More (CK1) 4:00 Social Hour (PUB)

7:00 After Dinner- AR& PUB

Cards/Games/Dominoes Available

