



THE HIGHLANDS  
AT PITTSFORD

## Cultural and Educational Program Calendar

# December 2018





**Saturday, December 1<sup>st</sup>:**

**\*9:30am – Depart for the Crafts for a Cause Holiday Craft Show at the Eastside Family YMCA. The fair has approx. 90+ vendors and vendor's booth fees benefit the YMCA's annual campaign. No Admission Fee. Return approx. 12:30pm**

10:30am – Tai Chi Class with Dr. Kathy Gill. Fitness Room

2:30pm – Musical Saturday Movie Matinee: *Annie (1982)* starring Albert Finney and Carol Burnett. Community Center

**Sunday, December 2<sup>nd</sup>: Hanukkah begins at Sundown**

10:30am – Communion Service with volunteers from St. Louis Church. Laurelwood Activity Room

11:00am – Trivia: What do you know? Laurelwood Hearth Room

2:30pm – Sunday Movie Matinee: *Book Club (2018)* starring Dian Keaton and Jane Fonda. Community Center



**Monday, December 3<sup>rd</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

**\*10:00am – Monthly Kitchen Tour. Tour is approx. 30 minutes long. Space is limited; please sign up in the Program Book. Meet outside Lilac Shoppe**

10:15am – Fitness Class with Robin Gallagher. Fitness Room

**\*11:00am – Computer Class: *Editing Photos*: Learn how to use Microsoft Windows to edit photos. Media Center**

1:00pm – Euchre Group. Social Room

1:00pm-2:00pm – Open swim with Robin Gallagher. Pool

**2:00pm – University of Rochester Presentation: *A Healthy Plate to Reduce Cancer Risk* with Sue Czap, MS, RD, CSO, CDN, Registered Dietitian and Board Certified Specialist in Oncology Nutrition from the Pluta Cancer Center. Discuss what foods are the foundation of a healthy plate and the health benefits of a plant-based diet. Review some practical ways to add more cancer-protective foods into your diet. Community Center**

**6:45pm – Depart for the Penfield Symphony Concert: *Favorites for the Holidays*. Please note tickets and transportation arrangements were made in advance. Return approx. 9:45pm**



The programs denoted with an asterisk (\*) indicate it is necessary to sign up in advance.  
The sign up book is located beneath the Digital Sign.



### Tuesday, December 4<sup>th</sup>:

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am & 10:00am – Depart for shopping and banking at Country Club Plaza. No sign up required.

10:30am – Functional Fitness with Maureen Keller. Fitness Room

10:30am-12:00pm – Circuit Training. Exercise Room

11:00am – Hanukkah celebration and lighting of the Menorah with Rabbi Yitzi Hein. Light refreshments will be served. Music Room

\*12:45pm – Start your holiday shopping with stops at Parkleigh, Mackenzie-Childs at Parkleigh 235, and Stever's Candies on Park Avenue. Return approx. 4:00pm

1:15pm – Bible Study with Chaplain Steve Petrovich. Laurelwood Gallery

2:00pm – Asbury First United Methodist Church Service. All are welcome to join. Music Room

\*4:45pm – Depart for The Town of Pittsford's Candlelight Night. An annual holiday celebration featuring live music, carolers, and visits with Santa. Explore the village of Pittsford and shop! Walking is required. Two possible return departure times: 6:30pm and 8:00pm.

### Wednesday, December 5<sup>th</sup>:

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Exercise Room

\*11:45am – Depart for The Pittsford Highlands chorus performance at the Pittsford Senior Center. **Transportation will be provided for singers only.** Return approx. 2:00pm

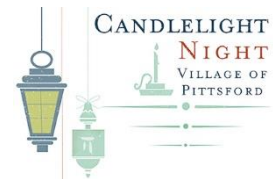
1:00pm-2:00pm – Open swim with Robin Gallagher. Pool

2:00pm – Fine Dining Food Forum. Seneca Room

2:30pm – Hanukkah Music with Susan Krasner featuring vocals and keyboard. Laurelwood Gallery

\*4:00pm – “UR” Always Learning lecture titled: *Are You Walking in Shoes That Are Too Small?* With Jennifer Klein, Physical Therapist and Spiritual Caregiver at Thompson Health. Please see page 15 for full course description. The lecture is located at the Hahnemann Club.

4:00pm-6:00pm – Happy Hour: drink specials and appetizers. Join us to wish Judy Sims a happy and healthy retirement! Highlands' Pub



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**Thursday, December 6<sup>th</sup>:**

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am & 10:00am – Depart for shopping and banking at Country Club Plaza. No sign up required.

10:30am-12:00pm – Circuit Training. Exercise Room

2:00pm – Presentation: *Scams: Staying Safe During the Holiday's* with Leita King, Lifespan's Scam Prevention Coordinator. Become an Empowered Older Adult. Your best defense against scams, identity theft, and fraud is knowledge. Community Center

\*6:15pm – Depart for a Christmas Lights Evening Ride (Group 1) to see festive outdoor holiday decorations. Please sign up in the program book for Group 1. Return at approx. 7:15pm

\*7:45pm – Depart for a Christmas Lights Evening Ride (Group 2) to see festive outdoor holiday decorations. Please sign up in the program book for Group 2. Return at Approx. 8:45pm

**Friday, December 7<sup>th</sup>:**

9:00am – Walking tall, Balance & Strength Class with Mark Strivings. Fitness Room

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Exercise Room

11:00am – Tech Time with facilitator Crystal Rothfuss, IT Technician. Share ideas, information and questions about technology. Topic: *Using Technology to stay organized*. Music Room

1:00pm – Catholic Mass with volunteers from St. Louis Church. Community Center

1:00pm-2:00pm – Open swim with Robin Gallagher. Pool

\*1:00pm– Computer Class: *Editing Photos*: Learn how to use Microsoft Windows to edit photos. Media Center

1:15pm – Pause for Peace Interfaith Worship Service with Chaplain Steve Petrovich. Laurelwood Gallery

2:00pm – Music Mixer, Live Entertainment with Henry Bossell featuring the accordion. Laurelwood Gallery

3:30pm – Annual Resident and Employee Holiday Party including the presentation of the Employee Appreciation Fund checks in the Community Center, followed by a buffet style dinner at

4:30pm-6:30pm. Live piano music by Joe Naples in the Music Room. Meal delivery available from 3:30pm-4:30pm.



**Saturday, December 8<sup>th</sup>:**

10:30am – Tai Chi Class with Dr. Kathy Gill. Fitness Room

**\*11:00am – Pathway to Pittsford Errand Bus departs to Pittsford Plaza, Pittsford Cinema and Pittsford Community Library. The bus departs from the Highlands at 11:00am, 12:00pm and 1:00pm**

1:30pm – Visit with “Guiding Eyes” for the Blind. Laurelwood Activities Room

2:30pm – Musical Saturday Movie *Matinee: ABBA (1977)* starring Anni-Frid Lyngstad and Benny Andersson. Music Room

**Sunday, December 9<sup>th</sup>:**

10:30am – Communion Service with volunteers from St. Louis Church. Laurelwood Activity Room

**\*1:15pm – Depart for The New Horizon Bands Holiday Concert at the University of Rochester Bloch Alumni and Advancement Center. No fee to attend, general admission. Return approx. 4:30pm**

1:30pm – Afternoon Music, with Kate Bohonas Students featuring piano. Community Center

2:30pm – Sunday Movie Matinee: *National Lampoons Christmas Vacation (1989)* starring Chevy Chase and Beverly D’Angelo. Music Room



**Monday, December 10<sup>th</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

**\*11:00am – Computer Class: *Relaxation: Learn how to use the internet to help you relax.* Media Center**

11:15am – Cultural Programming Meeting. Music Room

1:00pm – Euchre Group. Social Room

1:00pm-2:00pm – Open swim with Robin Gallagher. Pool

2:00pm – Monthly Resident Meeting. Community Center

No Book Discussion Group today

7:00pm – Monday Night Movie: *It’s a Wonderful Life (1946)* starring James Stewart and Donna Reed. Music Room



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The sign up book is located beneath the Digital Sign.





### **Tuesday, December 11<sup>th</sup>:**

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am & 10:00am – Depart for shopping and banking at Country Club Plaza. No sign up required.

10:30am – Functional Fitness with Maureen Keller. Fitness Room

10:30am-12:00pm – Circuit Training. Exercise Room

**\*11:15am – Depart for the Tuesday Pipes Concert at Christ Church. Enjoy the Rochester Celebrity Organ Recital featuring Rochester's finest from the American Guild of Organists, Eastman School of Music, WXXI and various churches. No fee to attend. Return approx. 1:30pm**

1:00pm – Knitting Group. Bring your own supplies; yarn is available for charity knitting. Music Room

1:15pm – Bible Study with Chaplain Steve Petrovich. Laurelwood Gallery

**2:30pm – Crosswords with Larry Shearer. Laurelwood Activities Room**

**7:00pm – Evening Music, Classical piano with Ivanka Driankova. Community Center**

### **Wednesday, December 12<sup>th</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

1:00pm-2:00pm – Open swim with Robin Gallagher. Pool

1:00pm – Alzheimer's Support Group for caregivers facilitated by Alzheimer's Association staff and volunteers. The group provides updated information, emotional support, and problem solving as related to the challenges of giving care to those living with Alzheimer's disease or other dementia. Seneca Dining Room

**2:00pm – The Pittsford Highlands chorus performance: *Holiday Joys*. Come support your neighbors! Community Center**

**\*4:00pm – “UR” Always Learning lecture titled: *Recent Acquisitions from Women in American History* with Jessica Lacher-Feldman, Director of Rare Books, Special Collections, and Preservations River Campus Libraries. Please see page 15 for full course description. The lecture is located at the Hahnemann Club.**

4:00pm-6:00pm – Happy Hour: drink specials and appetizers. Highlands' Pub



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### Thursday, December 13<sup>th</sup>:

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am & 10:00am – Depart for shopping and banking at Country Club Plaza. No sign up required.

10:30am-12:00pm – Circuit Training. Exercise Room

**\*11:30am – Eastman at Washington Square Concert: “*Silent Night*” *Holy Night*!”. The New Horizons Chorus will celebrate the 200<sup>th</sup> anniversary of its first performance (Christmas Eve 1818). No fee to attend, brown bag lunches are welcome. Return approx. 1:30pm**

**1:00pm – Afternoon Holiday Music with Thornell Road Elementary School, children grades kindergarten through 4<sup>th</sup> grade. Community Center**

1:00pm – Gentle Chair Yoga with Eva Kane. Fitness Room

**6:30pm – Depart for Rochester Philharmonic Orchestra Concert: *Carmina Burana*. Please note transportation arrangements were made in advance. Return approx. 10:30pm**



### Friday, December 14<sup>th</sup>:

9:00am – Walking tall, Balance & Strength Class with Mark Strivings. Fitness Room

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

1:00pm-2:00pm – Open swim with Robin Gallagher. Pool

**\*1:00pm – Computer Class: *Relaxation: Learn how to use the internet to help you relax*. Media Center**

1:15pm – Poems, Quotes, & songs with Chaplain Steve Petrovich. Laurelwood Gallery

**2:30pm – Music Mixer, Live Entertainment with Rhythm Aces Duo. Laurelwood Gallery**

**3:30pm – Current Events Club. Discuss current issues of the day, express your opinions, and be exposed to the ideas of your fellow residents. Music Room**



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**Saturday, December 15<sup>th</sup>:**

9:00am-11:00am – Saturday Breakfast with Santa, Guest Day: Bring your family and enjoy this wonderful holiday gathering. Dining Room

10:30am – Tai Chi Class Dr. Kathy Gill. Fitness Room

1:30pm – Afternoon Music, with Elizabeth Kinney School featuring piano, cello, and saxophone. Laurelwood Gallery

2:30pm – Musical Saturday Movie Matinee: *La La Land (2016)* starring Ryan Gosling and Emma Stone. Music Room



**Sunday, December 16<sup>th</sup>:**

10:30am – Communion Service with volunteers from St. Louis Church. Laurelwood Activity Room

11:00am – Trivia: What do you know? Laurelwood Hearth Room

2:30pm – Sunday Movie Matinee: *A Christmas Carol (1984)* starring George Scott and David Warner. Community Center

**Monday, December 17<sup>th</sup>:**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

\*11:00am – Computer Class: *Internet: Finding recipes for the holidays*. Media Center

1:00pm-2:00pm – Open swim with Robin Gallagher. Pool

1:00pm – Euchre Group. Social Room

2:00pm – University of Rochester Presentation: *Music-Language Collaborations: Speech-in-Noise and Mapping Music in the Brain* with Betsy Marvin PhD, Professor of Music Theory at the Eastman School of Music and Department of Brain and Cognitive Sciences at the University of Rochester. Please see page 15 for lecture information. Community Center

3:00pm – iPad/iPhone Class with Crystal Rothfuss: *Topic: Sending greetings with emoji's*. Music Room

\*7:00pm – Depart for Flower City Jazz Society Concert with *Roger Eckers Little Big Band* Tickets are \$12.00 each, pay upon arrival. Return approximately 10:00pm



**December 18<sup>th</sup>:**

9:00am – Water Fitness with Robin Gallagher. Pool

9:00am & 10:00am – Depart for shopping and banking at Country Club Plaza. No sign up required.

10:30am – Functional Fitness with Maureen Keller. Fitness Room

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10:30am-12:00pm – Circuit Training. Exercise Room

\*11:45am – Depart for The Pittsford Highlands chorus performance at the Pittsford Senior Center. **Transportation will be provided for singers only.** Return approx. 2:00pm

1:15pm – Christmas sing-a-long with Chaplain Steve Petrovich. Laurelwood Gallery

\*1:45pm – Depart for Christmas Caroling at the Highlands Living Center to spread some goodwill and holiday cheer to our friends on campus. Music lyrics will be provided. Return at approx. 3:15pm

7:00pm – Evening Music with Hammered Dulcimer, featuring the harp and a dulcimer which is a string instrument. Community Center



### Wednesday, December 19<sup>th</sup>:

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

1:00pm-2:00pm – Open swim with Robin Gallagher. Pool

No Pittsford Highlands chorus practice today.

2:00pm – Presentation: *James Cunningham, Son & Co* with American Historian Dan Cody. This presentation explores the impact Cunningham had on Rochester, the world and the industries in which Cunningham was a vital player. Community Center

4:00pm-6:00pm – Happy Hour: drink specials and appetizers. Highlands' Pub



Picture: Residents Gregg and Pat Rettew at our Halloween Party.

### Thursday, December 20<sup>th</sup>:

9:00am – Water Fitness Class with Robin Gallagher. Pool

9:00am & 10:00am – Depart for shopping and banking at Country Club Plaza. No sign up required.

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\*10:00am-1:00pm –**Parkinson Café:** *Join us for a special Café.* Holidays are one of the sources of stress and anxiety, learn how you can best manage the emotional impact from Belinda Wandel, LCSW. A program designed to provide social, cultural, and intellectual interaction for people with Parkinson's disease and their care partners. A light lunch will be provided at no cost. A donation of at least \$2 per person is requested, as this is being provided by both The Highlands and National Parkinson's Foundation. Located at the Hahnemann Club, please request transportation.


10:30am-12:00pm – Circuit Training. Exercise Room

11:00am – Pray the Rosary with volunteers from St. Louis Church. Music Room

1:15pm – Worship Service with Chaplain Steve Petrovich. Laurelwood Gallery

2:00pm – **Presentation: *Art Deco 1925-1940*** with researcher Don Hall. The Art Deco movement dates back to the early 1920's. This look has few if any political overtones. It was just for fun and was a wonderful reflection of the Jazz Age. Community Center



Pictures: Residents Bob and Marianne Hesselberth, Joe Nunn, Pete and Betty Iwan in costume at our Annual Halloween Party.  Betty Iwan  
**Friday, December 21st: First Day of Winter**

9:00am – Walking tall, Balance & Strength Class with Mark Strivings. Fitness Room

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

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10:15am – Fitness Class with Robin Gallagher. Fitness Room

11:15am – Presentation: *Guam: Where America's Day Begins!* with Iain & Dubhe Currie, son and daughter-in-law of resident Jan Currie. Iain initially flew for the Navy out of Hawaii and retired at the rank of Captain in 2012. He became an airline Pilot with Pan Am in 1989 and is now living and flying out of Guam as a Captain with United Airlines. He lives in Guam with his wife Dubhe, a Philippine citizen by birth. Community Center

1:00pm-2:00pm – Open swim with Robin Gallagher. Pool

No technology related classes today.

1:15pm – Christmas Worship Service with Chaplain Steve Petrovich. Laurelwood Gallery

2:30pm – Music Mixer, live entertainment with Brad Batz Duo featuring classical music. Community Center

7:15pm – Depart for the POPs Concert: *Gala Holiday Pops*. Please note transportation arrangements were made in advance. Return approx. 10:30pm



#### Saturday, December 22<sup>nd</sup>:

10:30am – Tai Chi Class Dr. Kathy Gill. Fitness Room

1:30pm – Travelogue Presentation: *An English Christmas* with Christine Simons. Laurelwood Activities Room

2:30pm – Saturday Musical Matinee: *Holiday Inn (1942)* starring Bing Crosby and Fred Astaire. Community Center

#### Sunday, December 23<sup>rd</sup>:

10:30am – Communion Service with volunteers from St. Louis Church. Laurelwood Activity Room

2:30pm – Saturday Movie Matinee: *The Polar Express (2004)* starring Tom Hanks. Music Room

3:00pm – Afternoon Holiday Music with Vicki Rummler featuring piano and vocals. Daughter of residents, Ed and Marcy Rummler. Community Center



#### Monday, December 24<sup>th</sup>: Christmas Eve

9:00am – Fitness Class. Hahnemann Club

10:15am – Fitness Video. Exercise Room

The programs denoted with an asterisk (\*) indicate it is necessary to sign up in advance. The sign up book is located beneath the Digital Sign.



No Open Swim Today, pool is open just need a buddy.

1:00pm – Euchre Group. Social Room

2:00pm – Holiday Social: Come enjoy refreshments and each other's company! Music Room

No technology related classes today.

5:00pm~ 7:00pm – Christmas Eve Dinner: Reservations must be made in advance for parties of 5 or more. Please call the Reservation Line at 641- 6374. Dining Room



### Tuesday, December 25<sup>th</sup>: Christmas Day

No Fitness Classes today. Wellness Center is open for individual workout!

No shopping and banking at Country Club Plaza today

No Bible Study with Chaplain Steve Petrovich today

1:00pm~ 3:00pm – Christmas Day Brunch. Reservations must be made in advance. Please call the Reservation Line at 641- 6374. Dining Room

7:00pm – Movie: *Surviving Christmas (2004)* starring Ben Affleck and James Gandolfini.  
Community Center



### Wednesday, December 26<sup>th</sup>: Kwanzaa Begins

9:00am – Fitness Class. Hahnemann Club

10:15am – Fitness Video. Fitness Room

No open swim today. Pool is open you just need a buddy.

\*12:30pm – Movie at Pittsford Cinema: *Mary Poppins Returns*. The mysterious Mary Poppins returns to Depression-era London to visit Jane and her brother Michael, now a father of three, and helps them rediscover the joy they knew as children. Departure time is subject to change. Admission fee is \$6.75, paid at the theatre. Return approx. 4:00pm

No Pittsford Highlands chorus practice today.

4:00pm-6:00pm – Happy Hour: drink specials and appetizers. Highlands' Pub



### Thursday, December 27<sup>th</sup>:

9:00am – Water Fitness Class with Robin Gallagher. Pool

9:00am & 10:00am – Depart for shopping and banking at Country Club Plaza. No sign up required.

The programs denoted with an asterisk (\*) indicate it is necessary to sign up in advance.  
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10:30am-12:00pm – Circuit Training. Exercise Room

1:00pm – Gentle Chair Yoga with Eva Kane. Fitness Room

**\*1:00pm – Depart for the First Unitarian Church on Winton Road in Rochester, NY for a tour and Lecture. Presentation Title: *First Unitarian Church of Rochester: Architecture, History and Religion*. Walking is required. Return approx. 4:00pm**

**2:30pm – Presentation: *Music of Peter, Paul & Mary* with Larry Shearer. Laurelwood Activities Room**

### **Friday, December 28<sup>th</sup>:**

9:00am – Walking tall, Balance & Strength Class with Mark Strivings. Fitness Room

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

1:00pm-2:00pm – Open swim with Robin Gallagher. Pool

1:15pm – Hymn Study with Chaplain Steve Petrovich. Laurelwood Gallery

**No technology related classes today.**

**2:30pm – Music Mixer, live entertainment with Tom and Tony featuring piano and vocals.  
Laurelwood Gallery**



### **Saturday, December 29<sup>th</sup>:**

10:30am – Tai Chi Class Dr. Kathy Gill. Fitness Room

11:00am – Trivia: All Kinds. Laurelwood Hearth Room

**2:30pm – Musical Movie Matinee: *White Christmas (1954)* starring Bing Crosby and Danny Kaye.  
Community Center**

### **Sunday, December 30<sup>th</sup>:**

10:30am – Communion Service with volunteers from St. Louis Church. Laurelwood Activity Room

11:00am – Trivia: What do you know? Laurelwood Hearth Room

**2:30pm – Sunday Movie Matinee: *Forrest Gump (1994)* starring Tom Hanks and Robin Wright.  
Community Center**



### **Monday, December 31<sup>st</sup>: New Year's Eve**

9:00am – Fitness Class with Robin Gallagher. Hahnemann Club

10:15am – Fitness Class with Robin Gallagher. Fitness Room

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The sign up book is located beneath the Digital Signage.





1:00pm-2:00pm – Open swim with Robin Gallagher. Pool

1:00pm – Euchre Group. Social Room

No technology related classes today.

2:30pm – New Year's Eve Afternoon Music with Take Note featuring keyboard and vocals.

Laurelwood Gallery

4:30pm-8:00pm – Elegant New Year's Eve Celebration, with music from Patti Wouis' Swing Band. ~

Enjoy dessert and a New Year's countdown at 7:00pm. ALL Reservations must be made in advance. Please call the Reservation Line at 641- 6374. Meal Delivery is available starting at 5:30pm. Highlands' Pub and Community Center



### Committees and Task Force Groups

The Highlands' has a variety of committees for residents to play an active role in the community. If you find a committee that interests you, please contact Margaret Leyden 641-6387 for more information.

Committees: Bistro and Fine Dining Committees, Community Outreach Committee, Cultural Programming Planning Group, Friendship Committee, Go Green Committee, Health Affairs Committee, Landscape Committee, and Library Committee.

### "UR" Always Learning and University of Rochester Lectures:

#### Are You Walking In Shoes That Are Too Small?

Wednesday, December 5<sup>th</sup> 2018 4:00pm

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This question is a reflection from the great psychologist Carl Jung – alluding to the restricted lives we often lead in order to fit our sense of who we “should be” in this world. Current neuroscience suggests that by the age of 35 we are 95% memorized thoughts, behaviors and emotional reactions. Does this sound like a formula for living up to your potential? You are the storyteller and script writer of your life. What story are you telling? Change your story, change your script and change your life!

**Recent Acquisitions from Women in American History**  
**Wednesday, December 12<sup>th</sup> 2018 4:00pm**

The University of Rochester River Campus Libraries is home to an extraordinary Rare Books, Special Collections, and Preservation Department to which Jessica Lacher-Feldman is the Director. In her lecture, she will discuss the recent acquisitions of works from three remarkable women in 19<sup>th</sup> and early 20<sup>th</sup> century American history; Isabella Beecher Hooker, Amelia Barr, and Charlotte Perkins Gilman.

**Eastman School of Music Presentation**  
**Monday, December 17<sup>th</sup> 2018 2:00pm**

As a music teacher, Betsy has had opportunities to change students' lives by shaping the ways they interact with music. Betsy has been fortunate to experience another kind of impact on musicians' lives, through collaborations with medical researchers whose work stands at the intersection of language and music processing in the auditory system. She provided two case studies from her perspective as musician-collaborator. The first explored the question of whether musical training improves auditory stream segregation—the ability to separate a single voice from surrounding noise. They adapted an existing hearing-in-noise test to a new format that is easy to administer and has potential to improve hearing-loss detection. In the second, she served as music consultant during awake brain surgery. Here she assisted in developing and scoring a musical task that helped guide the surgeon's work as he removed a tumor positioned near the right superior temporal gyrus of a professional saxophone player's brain, an area potentially critical for music processing. The task identified music-specific areas that were successfully preserved in surgery.

**Elizabeth West Marvin** is Professor of Music Theory at the Eastman School of Music; she holds a secondary appointment in the Department of Brain and Cognitive Sciences at the University of Rochester. Her research interests include the study of cognitive differences among musicians, non-musicians, and absolute-pitch listeners; pedagogical implications of music-cognitive research; and comparisons between language and music processing. Dr. Marvin is a past president of the national Society for Music Theory and the Music Theory Society of New York State. In addition to her research publications, she is co-author of three textbooks *The Musician's Guide to Theory and Analysis*, *The Musician's Guide to Fundamentals*, and *The Musician's Guide to Aural Skills* (W.W. Norton).