

MOLDAW RESIDENCES INDEPENDENT LIVING ACTIVITIES – DECEMBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		Special and/or New In-House Programs Events at the OFJCC In-House Movies Excursions & Errands				1 10:00 Computer Class- MAC (MVR) 10:15 Stanford Shopping Center Errands (L) 11:15 Computer Class-PC (MVR) 1:00 iPad Class (MVR) 2:15 Weekend Movie (MR) 4:00-5:00 Wine with Friends (CT) 7:30 Weekend Movie (MR)	Artist Studio (AS) 4th Floor, K Building Cultural Arts Hall (CAH) 1st Floor, JCC Card Lounge (CL) 4th Floor, E Building Charleston Terrace (CT) 1st Floor, H Building ONR Therapy (ONR) 4th Floor, E Building Community Multi-Purpose Room (CMR) 3rd Floor, E Building Crafts Room (cr) 3rd Floor, E Building Dining Room (DR) 1st Floor, J Building Fireside Lounge (FL) 1st Floor, K Building Lifestyle Lounge (LL) 2nd Floor, E Building Lobby (L) P Level, H Building Media Room (MR) 3rd Floor, M Building Memory Support (MS) 2nd Floor, E Building Mountain View Room (MVR) 2nd Floor, G Building Plaza Room (PR) 1st Floor, M Building Wellness Center (WC) 2nd Floor, M Building
2 Erev Chanukah 1st Candle 9:30 Walking Club (L) 1:30 Dancing w/Donna (CT) CANCELED 2:15 Weekend Movie (MR) 5:00-6:00 Chanukah Celebration w/ Musical Guests (CT) 7:30 Weekend Movie (MR)	3 Chanukah 2nd Candle 8:15 Chair Yoga with Lily (JCC) 9:30 Breathing Yoga (PR) 10:00 To the Market (L) 10:30 Strong for Life (PR) 12:40 Monday Matinee : "Widows"(L) \$ 1:00 Tai Chi w/Mwenzon (CT) 2:30 Coffee & Tea Social (CT) NEW TIME 3:15-4:30 Music w/Leslie (CT) NEW TIME 5:00 Candle Lighting (CT) This & That Shop 7:30 Latest News from Israel: with David Meir Levi (MVR)	4 Chanukah 3rd Candle 8:00-9:30 Men's Club E104 Room Change 10:00 Town Hall (E104) 11:00 Tai Chi (PR) 1:00-2:30 A Klezmer Khanike with the gonifs klezmer band w/ Lunch (CAH)\$ 1:00-3:00 Downtown Los Altos Errands (L) 1:00-3:00 Ceramics (AS) 3:45 Big Movement & Strength (CL) ROOM CHANGE 5:00 Candle Lighting (CT) 7:00 Scrabble (CL)	5 Chanukah 4th Candle 10:30 Chef Food Forum (FL) CANCELED 10:30 Strong for Life (PR) CANCELED 11:30 Balance & Fall Prevention (CT) 1:00 Knitting Group (CT) 1:00-3:00 Joyce Leopardo Art Class (cr) NEW sign-up 2:00-4:00 JCC Mahjong (CL) ROOM CHANGE 2:15 Mid-Week Movie (MR) 3:00 French Club (LL) 4:00-5:00 This & That Shop 5:00 Candle Lighting (CT) 7:00 Mahjong (CL) 7:30 Mid-Week Movie (MR)	6 Chanukah 5th Candle 2:00 Safety Meeting with Special Guest Jeff Hurley (CT) 2:15 Mid-Week Movie (MR) 3:45 Big Movement & Strength (CT) 5:00 Candle Lighting (CT) 6:30 Moldaw Singers (PR) 7:30 Mid-Week Movie (MR)	7 Chanukah 6th Candle 11:30 S.A.I.L. (CT) 1:30 Local Palo Alto Errands (L) 2:00-3:30 Yiddish Club (PR) 2:15 Friday Movie (MR) 5:00 Welcoming Shabbat (CT) 5:00 Candle Lighting (CT) 7:30 Friday Movie (MR)	8 Chanukah 7th Candle 10:15 Stanford Shopping Center Errands (L) 1:15 Big Movement & Strength (CT) 1:30-3-13 Peninsula Recorder Concert (L) 2:15 Weekend Movie (MR) 5:00 Candle Lighting (CT) 7:30 Weekend Movie (MR)	
9 Chanukah 8th Candle 9:30 Walking Club (L) 10:00 -6:30 Zionism 3.0 Conference (JCC)\$ 1:30 Dancing w/Donna (CT) CANCELED 2:15 Weekend Movie (MR) 4:00 Poet's Group (LL) 5:00 Hanukkiot Gathering(CT) 7:30 Weekend Movie (MR)	10 8:15 Chair Yoga with Lily (JCC) 9:30 Breathing Yoga (PR) 10:00 To the Market (L) 10:30 Strong for Life (PR) TBD Monday Matinee (L) \$ 1:30 Community Women's Choir (CT) 2:30 Coffee & Tea Social (CT) NEW TIME 3:30-4:30 Music w/Leslie(CT) NEW TIME 4:00-5:00 This & That Shop	11 10:00 Blood Pressure Clinic (WC) 10:30 Phil Lumish (CT) 11:00 Tai Chi (CT) ROOM CHAGNE 1:00-2:30 Whoever Heard of a Jewish Jew Film: Shalom Island(CAH) 1:00-3:00 Stanford Shopping Center Errands (L) 1:00-3:00 Ceramics (AS) 3:45 Big Movement & Strength (CT) 7:00 Scrabble (CL)	12 10:30 Strong for Life (PR) 11:30 Balance & Fall Prevention (CT) 11:00-2:00 Brunch(DR) 1:00 Knitting Group (CT) 1:00-3:00 Joyce Leopardo Art Class (cr) NEW sign-up 2:15 Mid-Week Movie (MR) 3:00 French Club (LL) 4:00-5:00 This & That Shop 4:30 Employee Appreciation Dinner (DR) 7:00 Mahjong (CL) 7:30 Mid-Week Movie (MR) *NO DINNER SERVED*	13 9:30-2:00 Union Square San Francisco (L) 2:00 Parkinson's Support Group (CL) 2:15 Mid-Week Movie (MR) 3:45 Big Movement & Strength (CT) 6:30 Moldaw Singers (PR) 7:30 Mid-Week Movie (MR)	14 11:30 S.A.I.L. (CT) 1:30 Local Palo Alto Errands (L) 2:15 Friday Movie (MR) 2:30-3-30 Holiday Party w/ Musical Guests (E104) 5:00 Welcoming Shabbat (CT) 7:30 Friday Movie (MR)	15 10:00 Computer Class- MAC (MVR) 10:15 Stanford Shopping Center Errands (L) 11:15 Computer Class-PC (MVR) 1:00 iPad Class (MVR) 2:15 Weekend Movie (MR) 4:00-5:00 Wine with Friends (CT) 7:30 Weekend Movie (MR)	
16 9:30 Walking Club (L) 11:00-2:00 Brunch (DR)* 12:15 SF Symphony Silver Series Sign list closed (L) 2:15 Weekend Movie (MR) 4:30-6:00 December Birthday Celebration (DR) 7:30 Weekend Movie (MR) *NO DINNER SERVED	17 8:15 Chair Yoga with Lily (JCC) 9:30 Breathing Yoga (PR) 10:00 To the Market (L) 10:30 Strong for Life (PR) TBD Monday Matinee (L) \$ 1:00 Tai Chi w/Mwenzon (CT) 2:30 Coffee & Tea Social (CT) NEW TIME 3:15-4:30 Music w/Leslie (CT) NEW TIME 4:00-5:00 This & That Shop 7:30 Latest News from Israel (MVR)	18 10:30 Phil Lumish (CT) 10:00 RAC (MVR) 11:00 Tai Chi (PR) 12:00-1:30 The Guest of the Gold Mountain with Charlie Chin (CAH) \$ 1:00-3:00 Downtown Los Altos Errands (L) 1:00-3:00 Ceramics (AS) 3:30 Book Club (LL) 3:45 Big Movement & Strength (CT) 7:00 Scrabble (CL)	19 10:00 PEIR (E104) 10:30 Strong for Life (PR) 11:00 Balance & Fall Prevention (CT) 1:00 Knitting Group (CT) 1:00-3:00 Joyce Leopardo Art Class (cr) NEW sign-up 2:15 Mid-Week Movie (MR) 3:00 French Club (LL) 4:00-5:00 This & That Shop 7:00 Mahjong (CL) 7:30 Mid-Week Movie (MR)	20 2:15 Mid-Week Movie (MR) 3:45 Big Movement & Strength (CT) 6:30 Moldaw Singers (PR) 7:30 Mid-Week Movie (MR) 6:45 PM-8:00 PM Scenic Drive Christmas Tree Lane (L)	21 11:30 S.A.I.L. (CT) 1:30 Local Palo Alto Errands (L) 2:00-3:30 Yiddish Club (PR) 2:15 Friday Movie (MR) 5:00 Welcoming Shabbat (CT) 7:30 Friday Movie (MR)	22 10:15 Stanford Shopping Center Errands (L) 1:15 Big Movement & Strength (CT) 2:15 Weekend Movie (MR) 7:30 Weekend Movie (MR)	
23*/30** 9:30 Walking Club (L) 1:30 Dancing w/Donna (CT) CANCELED 2:15 Weekend Movie (MR) 4:00 Poet's Group (LL) 7:30 Weekend Movie (MR)	24*/31 ** Christmas Eve New Year's Eve 8:15 Chair Yoga with Lily (JCC)* ** 9:30 Breathing Yoga (PR)* ** 9:45 Camera Club (CL)* 10:00 To the Market (L) 10:30 Strong for Life (PR)* ** TBD Monday Matinee (L) \$ 4:00-5:00 This & That Shop* 6:30PM New Year's Eve Party**(DR) *12/24 ONLY **12/31 ONLY+	25 Christmas Day 11:00-2:00 Holiday Brunch (DR)* 11:00 Tai Chi (PR) 7:00 Scrabble (CL) *NO DINNER SERVED NO TRANSPORTATION	26 10:30 Strong for Life (PR) 11:00 Balance & Fall Prevention (CT) 1:00 Knitting Group (CT) 1:00 Bridge Club (CL) 2:15 Mid-Week Movie (MR) 3:00 French Club (LL) 4:00-5:00 This & That Shop 7:00 Mahjong (CL) 7:30 Mid-Week Movie (MR)	27 9:45 PODIATRIST (WC) Appt. required, call 3600 2:15 Mid-Week Movie (MR) 3:45 Big Movement & Strength (CT) 6:30 Moldaw Singers (PR) 7:30 Mid-Week Movie (MR)	28 11:30 S.A.I.L.(CT) CANCELED 1:30 Local Palo Alto Errands (L) 2:15 Friday Movie (MR) 5:00 Welcoming Shabbat (CT) 7:30 Friday Movie (MR)	29 10:15 Stanford Shopping Center Errands (L) 2:15 Weekend Movie (MR) 7:30 Weekend Movie (MR)	

COMMUNITY COMMITTEE MEETING

A.C.E. - Wednesday, December 5th

CANCELED

Budget & Finance- Thursday, December 25th

CANCELED

Building & Grounds- Tuesday, December 11th

2:30 PM- Mt. View Room

Dining Committee- Tuesday, December 11th

10:00 AM- Mt. View Room

Health Committee - Monday, December 17th

3:30 PM- Mt. View Room

Hospitality- Wednesday, December 12th

4:00 PM- Mt. View Room

KDC- TBD

Library- Wednesday, December 19th

7:30 PM- Library

RAC- Tuesday, December 18th

10:00 AM- Mt. View Room

Transportation- Thursday, December 6th

4:00 PM- Mt. View Room

Committee of Chairs - TBD

3:30 PM- Mt. View Room

COMMITTEE CHAIRS ONLY

ALL RESIDENTS ARE INVITED TO ATTEND COMMITTEE MEETINGS.

For Errands and Appointments: Call Driver at Ext. 3626

For Excursions: Once the sign-up sheet leaves the Residents' Mailroom, call driver (Ext. 3626) to add your name to the wait-list or to cancel your name from the sign-up list.

Thursday, December 6: Oakland Museum: *The World of Charles and Ray Eames Exhibit.*

Walking Level: Moderate-Difficult

CANCELED - will be rescheduled for January

Saturday, December 8: The Mid-Peninsula Recorder Orchestra: *A Holiday Concert, Palo Alto.*

1:30 p.m. – 3:15 p.m. Price: Free

Walking Level: Easy

[The program will feature a Sonatina by Johan Heinrich Schmelzer, an anonymous medieval motet from the Montpellier Codex a movement from Charles Koechlin's Ballade Op. 50, a chanson by Clément Janequin and Handel's Concerto Grosso Op. 6, No. 1.]

Thursday, December 13: Union Square, San Francisco. 9:30 a.m. – 2:00 p.m.

Walking Level: Difficult (Please note that this shopping center is large and requires a lot of walking, resting areas are not guaranteed.)

[This one-block plaza is one of the largest collections of department stores, upscale boutiques, gift shops, art galleries, and beauty salons in the US, making Union Square a major tourist destination, a vital cosmopolitan gathering place in downtown San Francisco, and one of the worlds; premier shopping.]

Sunday December 16th SF Symphony Silver Series – 12:15Pm – 4:15PM (L) Sign up List Closed.

Thursday, December 20: Scenic Drive: *Christmas Tree Lane, Palo Alto.*

6:45 p.m. – 8:00 p.m. Price: Free

Scenic Bus Ride by Moldaw Transportation

[Come and enjoy our new yearly tradition on a lovely evening scenic drive to "Christmas Tree Lane", on Fulton Street Palo Alto. Get in your holiday spirit where you will drive down a strip of lighted trees and decorated homes that Fulton Street residents have held a tradition since 1940. After come back to enjoy some delicious hot chocolate and cookies in the Charleston Terrace.]

Times Posted are the Departure Times from Moldaw and the Departure Times from Events. All Times are subject to change. **Please meet in the lobby 15 minutes before departure.** A fee will be charged to resident's account for pre-paid tickets if a cancellation is not made within 3 days of the excursion. All excursions scheduled after 5:00 p.m. or require that the driver be back at Moldaw later than 5:00 p.m. will be charged a transportation fee that is TBD. If you sign up for an excursion and you are a no-show, you will not be able to go on excursions the following month. When you are out on an excursion, please carry a cell phone or be with someone who has one.

Prices and times are subject to change. Please check in-house flyers and Channel 108 for updates. If you have any questions, please contact Gena 3634, Mabelle at Ext. 3622 or Selene at Ext. 3635.

The December Birthday Celebration will be on Sunday, December 16 in the Dining Room from 4:30 p.m. – 6:00 p.m.

Happy Birthday to our December Residents!

Zoltan Farkas 12/29, Joan Abrams 12/21, Miriam Bloom 12/25, Audrey Brodie 12/27, Josephine Chen 12/23, Manny Cherkas 12/17, Jo-Alyce Frumkin 12/05, Glenda Gavenman 12/16, Cynthia Graham 12/26, Bob Hertz 12/28, Phyllis Kallman 12/15, Paul Kent 12/15, Shirley Leventhal 12/02, Magalial Mistry 12/17, Don Paisley 12/20, Nancy Rossen 12/20, Peggy Schaps 12/13, Barbara Schonborn 12/06, Gerry Waggen 12/12, Gladys Weston 12/06.

SPECIAL OR NEW PROGRAMS:

Chanukah Celebration w/ Musical Guests, Sunday December 2nd 5:00PM – 6:00PM in the Charleston Terrace: Come and join us for our Chanukah Candle Lighting celebration. The festivities will include traditional food, drink and song. Our Hanukkiot Gathering will be on Sunday December the 9th at 5:00PM in the Charleston Terrace.

Town Hall Tuesday December 4th at 10:00AM in E104 (JCC) Please join us at Town Hall and get informed about what's new in the Moldaw community.

Safety Meeting with Jeff Hurley Thursday December 6th at 2:00PM in the Charleston Terrace. Jeff Hurley is an expert in Fire safety from Statcomm Inc. and will be speaking to Moldaw residents about how to keep themselves safe. You don't want to miss it.

Phil Lumish Lecture Tuesday December 11th & 18th at 10:30AM in the Charleston Terrace: Come to the first of a series of presentations about the Constitution of the United States. This will be about The Articles of Confederation. Subsequent classes will present the Constitutional Convention, The Federalist Papers, Ratification of the Constitution, The Bill of Rights, etc."

Community Woman's Choir "Finding Home" with Music Director Karl Schmidt Monday December 10th at 1:30PM in the Charleston Terrace. Moldaw Residences has had the pleasure of listening to the Community Women's Choir over the last 3 years. Come and listen to the unique arrangement of songs, for this holiday seasons performance that are sure to please the listener.

Holiday Party w/ Musical Guests: Friday December 14th 2:30PM – 3:30PM in E104 JCC. Every year we have a Holiday Party for our non-Jewish Moldaw Residents. Please bring in the holiday cheer by signing up in front of the dining room credenza prior to Thursday December 7th. Seating is limited, so sign up if you would like to participate.

PEIR Wednesday December 19th at 10:00AM in E104 at the JCC: Come and experience "PEIR" Personal Enrichment in Retirement. An always popular event, with special guest speakers and unique topics.

Employee Recognition Event – Wednesday December 12th from 4:30PM – 5:30PM in front of Dining Room Credenza: Every year the residents of Moldaw are gracious and generous in their recognition of employees who serve all year, in our community. Please join us in their acknowledgement. Brunch will be served to residents in place of dinner.

New Year's Eve Celebration Monday December 31st 2018 from 6:30PM-9:00PM in the Dining Room: Well, another year has passed and there have been so many changes along the landscape of our lives. It is time to celebrate and welcome a new year as time ushers in new possibilities and new opportunities to be our very best selves. The celebration will begin at 6:30PM. There will be a DJ & dancing, cocktails, and an abundance of appetizers and desserts. The evening will end with the East Coast ball drop at 9:00PM. Invitations will be distributed the first week of December, in your mailbox. Please RSVP no later than Wednesday December 20th. Turn all reservations cards in to the Dining Room. As a reminder, breakfast and lunch will be served as usual in the dining room on New Year's Eve. A big thank you to the ACE/NYE Committee!

Scrabble Club – Every Tuesday at 7:00PM (CL)

Camera Club – Every 4th Monday at 9:45AM (CL)

Cinema Club - TBD

Book Club- Every 3rd Tuesday at 3:30PM (CL) NEW LOCATION

Bridge Club- Every 4th Wednesday at 1:00PM (CL)

Men's Club: Tuesdays, from 8:00-9:30 a.m. in the Plaza Room. Come and enjoy stimulating conversation, listen to invited guest speakers, tell jokes and build camaraderie. Tuesday December 4th the group will be meeting in E104 (one time only!)

French Club- Every Wednesday at 3:30 PM (LL)

Poet's Group- Every 2nd & 4th Sunday at 4:00PM (LL)

Walking Club- Every Sunday at 9:30 AM, Sign-up in Dining Credenza

Yiddish Club- Every 1st & 3rd Fridays at 2:00 PM -3:30PM (PR)

J-Tuesdays: Lectures are \$15 or one punch. Music at noon is \$20 or two punches, includes lunch. Contact: Michelle Rosengaus | (650) 223-8616 | mrosengaus@paloaltojcc.org