

| Bistro Phone 956-3448 | | ~O'Connor Woods Dining Pavilion~ WK 3 | | | | |
|--|---------------------------------------|--|--------------------------------------|--|--------------------------------------|---------------------------------------|
| Breakfast Self Serve: 8:30 to 10:00 am | | Lunch Meal Service: 11:30 am through 3:30 pm | | Dinner Meal Service: 4:30 pm through 7:00 pm | | |
| Monday January 7, 2019 | Tuesday January 8, 2019 | Wednesday January 9, 2019 | Thursday January 10, 2019 | Friday January 11, 2019 | Saturday January 12, 2019 | Sunday January 13, 2019 |
| Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| Lentil & Ham Soup | Beef Vegetable Soup | French Onion Soup | Vegetable Barley Soup | New England Clam Chowder | Cream of Broccoli Soup | Barley Mushroom Soup (OSG) |
| Red Potato Bliss Salad | Creamy Coleslaw | Marinated Vegetable Salad | Marinated Caprese Salad | Corn & Bean Salad | Walnut Pear Blue Cheese Salad | Strawberry Crepes |
| Philadelphia Cheesesteak Sandwich | Turkey a la King over Biscuit | Reuben on Rye | Beef Enchiladas | Chicken Broccoli & Fettuccine Alfredo | Italian Beef Sandwich | Bacon, Sausage |
| Chicken Caesar Wrap | Pork Chow Mein | Thai Chicken with Cashews | Grilled Chicken Soft Tacos | Pastrami on Hoagie | Beef Taco Salad | Fresh Fruit Cup |
| Onion Rings | Fresh Baked Sweet Potato Fries | Homemade Potato Chips | Autumn Roasted Vegetables | Zucchini Home Fries (OSG) | Garlic Roasted Potato Wedges | Scrambled Eggs |
| Roasted Butternut Squash | Sautéed Fresh Spinach | Glazed Carrots | Red Velvet Cupcake | Nutty Brownie | Diced Italian Beets | Hash Browns |
| Blushing Pears | Banana Cupcake | Apple Pie | | | Cherry Cobbler | Chocolate Pudding |
| Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner |
| Lentil & Ham Soup | Beef Vegetable Soup | French Onion Soup | Vegetable Barley Soup | New England Clam Chowder | Cream of Broccoli Soup | Barley Mushroom Soup (OSG) |
| Red Potato Bliss Salad | Creamy Coleslaw | Marinated Vegetable Salad | Marinated Caprese Salad | Corn & Bean Salad | Walnut Pear Blue Cheese Salad | Kale, Cabbage and Carrot Salad |
| Pork Medallions | Swedish Meatballs | Shepherd's Pie | Stuffed Bell Pepper | Broiled Trout | Apple Sage Chicken Breast | Smothered Chicken |
| Roast Beef | Sweet and Sour Tempura Chicken | Pot Roast | Polish Sausage | Mustard Crusted Pork Loin | Turkey Pot Pie | Grilled Pork Chop |
| Barley Mushroom Pilaf | Seasoned Egg Noodles | Sautéed Brussels Sprouts | Buttermilk Mashed Potatoes | Rosemary Potato Wedges | Baked Garnet Sweet Potato | Herbed Couscous |
| Fresh Garden Blend Vegetables | Sautéed Fresh Spinach | Steamed Peas & Mushrooms | Steamed Corn | Glazed Carrots | Braised Red Cabbage | Sautéed Mushrooms |
| Fresh Steamed Broccoli | White Rice | | Steamed Sauerkraut | Braised Greens & Peppers | Baked Acorn Squash | Sautéed Eggplant |
| Yellow Cake/Chocolate Icing | Autumn Roasted Vegetables | Birthday Cake | Blueberry Crisp | Carrot Cupcake | Coconut Cake | Chocolate Cream Pie |
| | Dutch Apple Pie | | | | | |

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| *Soup* | | | | | | | |
| <u>Soup Du Jour</u> | | | | | | | |
| *Seafood* | | | | | | | |
| <u>Catch of the Week</u> | | | | | | | |
| *Dessert* | | | | | | | |
| <u>Raspberry Bar</u> | | | | | | | |

** OHSOGOOD, (OSG) is a brand for healthy dining, includes kitchen-tested recipes built upon a foundation committed to quality of ingredients, portion control and nutrient rich foods that make it easy to eat better.

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| Always Available Menu | | |
| Filet Mignon | Omelet or Eggs | Grilled Cheese Sandwich |
| Veggie Burger | Fish of the Week | Deli, Tuna or Egg Sandwich |
| Angus Burger | Steamed/Sautéed Vegetables | Cobb Salad |
| Hebrew National Hot Dog | House Green Salad | California Chinese Salad |
| Fresh Fruit & Cheese Plate | Grilled Chicken Breast | Salmon |
| Mashed Potatoes/Gravy | Baked Potato | Chicken Marsala |