

Independent Living February 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Water's Edge Hours Mon – Sat: 7 a.m.—2 p.m. Thurs—Sat: 5—8 p.m. Sun: 11 a.m.—2 p.m.		Hesston Bakery & Cafe Hours Mon—Sat: 7 a.m.—7 p.m. Sun: 7 a.m.—5 p.m.		1. <u>9a Yoga GR</u> 9a Hesston Downtown Shopping Trip 327-3411 <u>10:10a Aquatic Class WC</u>	2.
3.	4. <u>9a Yoga GR</u> <u>10a Tai Chi</u> <u>5:30p Aquatic Class WC</u>	5. <u>8a Silver Sneakers GR</u> 9a Golden Agers GR <u>9:10a Aquatic Class WC</u> 2p Rhythm Connections VLC	6. <u>9a Yoga GR</u> 9a Bible Study HH <u>10:10a Aquatic Class WC</u> 3:30 Worship at VLC <u>5:30p Aquatic Class WC</u>	7. <u>8a Silver Sneakers GR</u> 9a Quilting Group VLC <u>9:10a Aquatic Class WC</u> 2:30p Kwik Fit GR 5-8p Fried Chicken Night WE 7p Rocky Mountain Express Movie VLC	8. <u>9a Yoga GR</u> 9a Hesston Downtown Shopping Trip 327-3411 10a Eyeglass Repair VLC <u>10:10a Aquatic Class WC</u>	9.
10.	11. 4p Grief Support Group led by Chaplain Jill VLC	12. 9a Golden Agers GR 2p Rhythm Connections VLC 7:30p Hesston Bethel Performing Arts at BC	13. 9a Bible Study HH 3:30p Worship at VLC	14. Valentine's Day 9a Quilting Group VLC 5-8p Waffle Night WE	15. 9a Hesston Downtown Shopping Trip 327-3411 10a Women's Coffee MPC	16.
No classes at the Bluestem Wellness Center in Hesston						
17.	18. Water's Edge Closed <u>10a Tai Chi</u> 10a Parkinson's Support Group VLC <u>5:30p Aquatic Class WC</u>	19. Water's Edge Closed <u>8a Silver Sneakers GR</u> 9a Golden Agers GR <u>9:10a Aquatic Class WC</u> 2p Rhythm Connections VLC 3p Caregiver support VLC	20. <u>9a Yoga GR</u> 9a Bible Study HH 9a Hearing Aid Check VLC 3:30p Worship at VLC <u>5:30p Aquatic Class WC</u>	21. <u>8a Silver Sneakers GR</u> 9a Quilting Group VLC <u>9:10a Aquatic Class WC</u> 2:30p Kwik Fit GR 5-8p German Night WE 7p Meridian Youth VLC	22. <u>9a Yoga GR</u> 9a Hesston Downtown Shopping Trip 327-3411 <u>10:10a Aquatic Class WC</u>	23.
24.	25. <u>9a Yoga GR</u> <u>10a Tai Chi</u> <u>5:30p Aquatic Class WC</u>	26. <u>8a Silver Sneakers GR</u> 9a Golden Agers GR <u>9:10a Aquatic Class WC</u> 2p Rhythm Connections VLC 6:30p Music and More WE	27. <u>9a Yoga GR</u> 9a Bible Study HH <u>10:10a Aquatic Class WC</u> 3:30p Worship at VLC <u>5:30p Aquatic Class WC</u>	28. <u>8a Silver Sneakers GR</u> 9a Quilting Group VLC <u>9:10a Aquatic Class WC</u> 2:30p Kwik Fit GR 5-8p Mexican Night WE 7p Winter Photo Slideshow VLC		

BC—Bethel College
DAP—Dyck Arboretum of the Plains
GR—Garden Room at the WC
HAS—Hesston Area Senior Center


HBC—Hesston Bakery & Cafe
HC—Hesston College
HH—Hickory Homes
HMC—Hesston Mennonite Church


MPC—Mullet Place Community Room
MTL—Mid Towne Lounge at WC
VAR—Visual Arts Room at the WC

VLC—Villa Life Center
WC—Wellness Center
WE—Water's Edge

Assisted Living February 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p><u>Movies in Mullet</u> <u>Every Monday at 2pm</u> <u>Come enjoy light</u> <u>hearted love stories</u> <u>this month!!</u></p>				<p>1 9:15 Health Seekers 10:00 AL Meeting 2:30 Pop and Popcorn 3:30 Handwork</p>	<p>2 9:30 Music Appreciation 4:00 SS Lesson</p>
<p>3 10:30 HMC Chapel Service on Ch. 13 and Villa Chapel 3:00 Games and Visiting with Friends</p>	<p>4 9:15 Exercise 10:00 Manicures <u>2:00 Monday Movie</u> <u>at Mullet Place</u></p>	<p>5 9:15 Exercise 10:00 Joyride 2:00 Rhythm Connections 2:30 Hymn Sing</p>	<p>6 9:15 Exercise 10:00 Brain Games 3:30 Mid Week Worship</p>	<p>7 9:15 Exercise 10:00 Pre-K Visit 3:00 Table Games <u>7:00 Mountain Train</u> <u>Movie</u></p>	<p>8 9:15 Exercise 10:00 Jobtalk 2:30 Music in the Theater 3:30 Handwork</p>	<p>9 9:30 Music Appreciation 4:00 SS Lesson</p>
<p>10 10:30 HMC Chapel Service on Ch. 13 and Villa Chapel 3:00 Games and Visiting with Friends</p>	<p>11 9:15 Exercise 10:00 Manicures <u>2:00 Monday Movie</u> <u>at Mullet Place</u></p>	<p>12 9:15 Exercise 10:00 Trivia 2:00 Rhythm Connect 3:00 Coffee in Cafe</p>	<p>13 9:15 Exercise 10:00 Brain Games 3:30 Mid Week Worship</p>	<p>14 <u>Valentine's Day</u> 9:15 Exercise 10:00 Pre-K Visit 3:00 AL Valentine's Party</p>	<p>15 9:15 Exercise 10:00 Women's Coffee 2:30 Love Songs 3:30 Handwork</p>	<p>16 9:30 Music Appreciation 4:00 SS Lesson</p>
<p>17 10:30 HMC Chapel Service on Ch. 13 and Villa Chapel 3:00 Games and Visiting with Friends</p>	<p>18 <u>Presidents Day</u> 9:15 Exercise 10:00 Manicures <u>2:00 Monday Movie</u> <u>at Mullet Place</u></p>	<p>19 9:15 Exercise 10:00 Joyride 2:00 RhythmConnect 4:00 Caregivers Support</p>	<p>20 9:15 Exercise 10:00 Brain Games 3:30 Mid Week Worship</p>	<p>21 9:15 Exercise 10:00 Pre-K Visit 3:00 Table Games <u>7:00 Meridian Youth</u> <u>Singing</u></p>	<p>22 9:15 Exercise 10:00 Men's Coffee 2:30 Ice Cream in the Café 3:30 Handwork</p>	<p>23 9:30 Music Appreciation 4:00 SS Lesson</p>
<p>24 10:30 HMC Chapel Service on Ch. 13 and Villa Chapel 3:00 Games and Visiting with Friends</p>	<p>25 9:15 Exercise 10:00 Manicures <u>2:00 Monday Movie</u> <u>at Mullet Place</u></p>	<p>26 9:15 Exercise 10:00 Trivia 2:00 Rhythm Connect 3:00 Baking</p>	<p>27 9:15 Exercise 10:00 Brain Games 3:30 Mid Week Worship</p>	<p>28 9:15 Exercise 10:00 Pre-K Visit 3:00 Table Games <u>7:00 Kelly Nachtigal</u> <u>Winter Pictures</u></p>		

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		10:00 PARKINSON'S SUPPORT: FEB 18	2:00 RHYTHM CONNECTIONS EVERY TUES.	1-2:00 MEADOWLARK DOMINOES MON-FRI	3:00 TALLGRASS BINGO EVERY THURS.	<i>1</i> 10-PAINTED NAILS 2:30 VOLLEYBALL 3:30 READER'S CHOICE 3:30 HANDWORK FRIENDS 6:00 MOVIE/ GAMES
<i>3</i> 10:30 HESSTON MENNONITE CHURCH BROADCAST 3:30 BALL GAMES 6:30 READ W/ JOHN	<i>4</i> 10- TODDLERS 2:15 BELL CHOIR 3:00 BINGO 4:00 PAINTED NAILS 4:00 READ W/ JOHN 6:00 BAKING	<i>5</i> 10-TODDLERS 2:00 JOYRIDE 2:30 READ & DISCUSS 4:00 DEVOTIONS 6:00 EASEL GAMES	<i>6</i> 10-PRESCHOOLERS 2:30 GETTING 2 KNOW U 3:30 WORSHIP 6:00 MOVIN' 2 MUSIC 7:00 R.B. FLOATS	<i>7</i> 10:00 PRE-K VISIT 3:00MN/WMN'S CHATS 4:00 HYMNSING 4:00 BIG QUESTIONS 5:00 HESSTON CAFE 7:00 RAILROAD MOVIE	<i>8</i> 10-PAINTED NAILS 2:30 SHUFFLEBOWL 3:30 READER'S CHOICE 3:30 HANDWORK FRIENDS 6:00 MOVIE/ GAMES	<i>9</i> 2:30 GROUP GAMES 4:00 S.S. LESSON 6:00 LAWRENCE WELK 6:30 READ W/ JOHN
<i>10</i> 10:30 HESSTON MENNONITE CHURCH BROADCAST 3:30 BALL GAMES 6:30 READ W/ JOHN	<i>11</i> 10-TODDLERS 2:15 KEEP THE BEAT 3:00 BINGO 4:00 PAINTED NAILS 4:00 READ W/ JOHN 6:00 BRAIN GAMES	<i>12</i> LINCOLN'S B-DAY 10-TODDLERS 2:30 PRES. TRIVIA 2:30 READ & DISCUSS 4:00 DEVOTIONS 6:00 EASEL GAMES	<i>13</i> 2:30 FOODIES 10-PRESCHOOLERS 2:30 GETTING 2 KNOW U 3:30 WORSHIP 6:00 MOVIN' 2 MUSIC 7:00 R.B. FLOATS	<i>14</i> VALENTINE'S DAY 10:00 PRE-K VISIT 3:00 VALENTINE'S CELEBRATION 4:00 HYMNSING	<i>15</i> 10-PAINTED NAILS 2:30 VOLLEYBALL 3:30 READER'S CHOICE 3:30 HANDWORK FRIENDS 6:00 MOVIE/ GAMES	<i>16</i> 1:30 BAKE W/ KERRI 3:00 GROUP GAMES 4:00 S.S. LESSON 6:00 LAWRENCE WELK 6:30 READ W/ JOHN
<i>17</i> 10:30 HESSTON MENNONITE CHURCH BROADCAST 3:30 BALL GAMES 6:30 READ W/ JOHN	<i>18</i> PRESIDENT'S DAY 10:00 TODDLERS 2:15 BELL CHOIR 3:00 BINGO 4:00 PAINTED NAILS 4:00 READ W/ JOHN	<i>19</i> 10-TODDLERS 2:00 JOYRIDE 2:30 READ & DISCUSS 3:00 CAREGIVER'S 4:00 DEVOTIONS 6:00 EASEL GAMES	<i>20</i> 10-PRESCHOOLERS 2:30 GETTING 2 KNOW U 3:30 WORSHIP 6:00 MOVIN' 2 MUSIC 7:00 R.B. FLOATS	<i>21</i> 10:00 PRE-K VISIT 3:00MN/WMN'S CHATS 4:00 HYMNSING 4:00 BIG QUESTIONS 5:00 HESSTON CAFE 7:00 MERIDIAN YOUTH	<i>22</i> WASHINGTON'S B-DAY 10-PAINTED NAILS 2:30 SHUFFLEBOWL 3:30 READER'S CHOICE 3:30 HANDWORK FRIENDS 6:00 MOVIE/ GAMES	<i>23</i> 2:30 GROUP GAMES 4:00 S.S. LESSON 6:00 LAWRENCE WELK 6:30 READ W/ JOHN
<i>24</i> 10:30 HESSTON MENNONITE CHURCH BROADCAST 3:30 BALL GAMES 6:30 READ W/ JOHN	<i>25</i> 10-TODDLERS 2:15 KEEP THE BEAT 3:00 BINGO 4:00 PAINTED NAILS 4:00 READ W/ JOHN 6:00 BRAIN GAMES	<i>26</i> 10-TODDLERS 2:30 GARDEN CLUB 2:30 READ & DISCUSS 4:00 DEVOTIONS 6:00 EASEL GAMES	<i>27</i> 10-PRESCHOOLERS 1:00 RESIDENT COUNCIL 2:30 GETTING 2 KNOW U 3:30 WORSHIP 6:00 MOVIN' 2 MUSIC 7:00 R.B. FLOATS	<i>28</i> 10:00 PRE-K VISIT 3:00MN/WMN'S CHATS 4:00 HYMNSING 7:00 KELLY'S PHOTOS	