

SANDHILL COVE RETIREMENT LIVING CHRONICLE

March



Managed by



2019



Medium Counted Cross Stitch by Resident Fran Andre

SOCIAL EVENTS

Tuesday, March 5 & 19....Bingo - 7:30 p.m. - Card room

Wednesday, March 6....Maltz Jupiter Theater - "A Doll's House" - 12:45 p.m.

Thursday, March 7....The Sandhill Thespians Round-Table - 1:00pm - Card Room B

Friday, March 8....Gardens Mall Shopping & lunch - West Palm - 9:30 a.m.

Saturday, March 9....Kravis Center "Waitress" - West Palm - 12:30 p.m.

Saturday, March 9 & 30....Social Hour Sing-a-long - 5:30 p.m. - Lounge

Tuesday, March 12....Dine Around - McCarthy's Irish Pub - Tequesta - 4:30p.m.

Wednesday, March 13....A Cup Of Joe with Perrigo - 2:00pm - Pavilion

Thursday, March 14....St. Patrick's Dinner Party - Big Band - 5:00 p.m. - Cocktails - Lounge. 6:00 p.m. - Dinner & Dancing - Pavilion.

Friday, March 15....Atlantic Classical - Lyric - Stuart - 2:30 p.m.

Saturday, March 16....Lahti Concert Amy Clarke & Jazz Piano Trio - Cummings Library - 1:30 p.m.

Wednesday, March 20....Jonathan Dickinson State Park with Lunch at Harry & the Natives - 9:45 a.m.

Wednesday, March 20....Genealogy Club - 2:00pm - Card Room A

Thursday, March 21....Birthday Luncheon - 12:00 noon - Dining Room

Thursday, March 21....Social Committee Meeting - 2:00 p.m.

Friday, March 22....Mystery Lunch Bunch - ??? - 11:30 a.m.

Saturday, March 23....Secret Garden Tour & Lunch - 9:45 a.m. See Marketing Office

Sunday, March 24....Palm Beach Opera series - West Palm - 12:45 p.m.

Tuesday, March 26....Lyric Theater - Sicilian Tenors - 6:30 p.m.

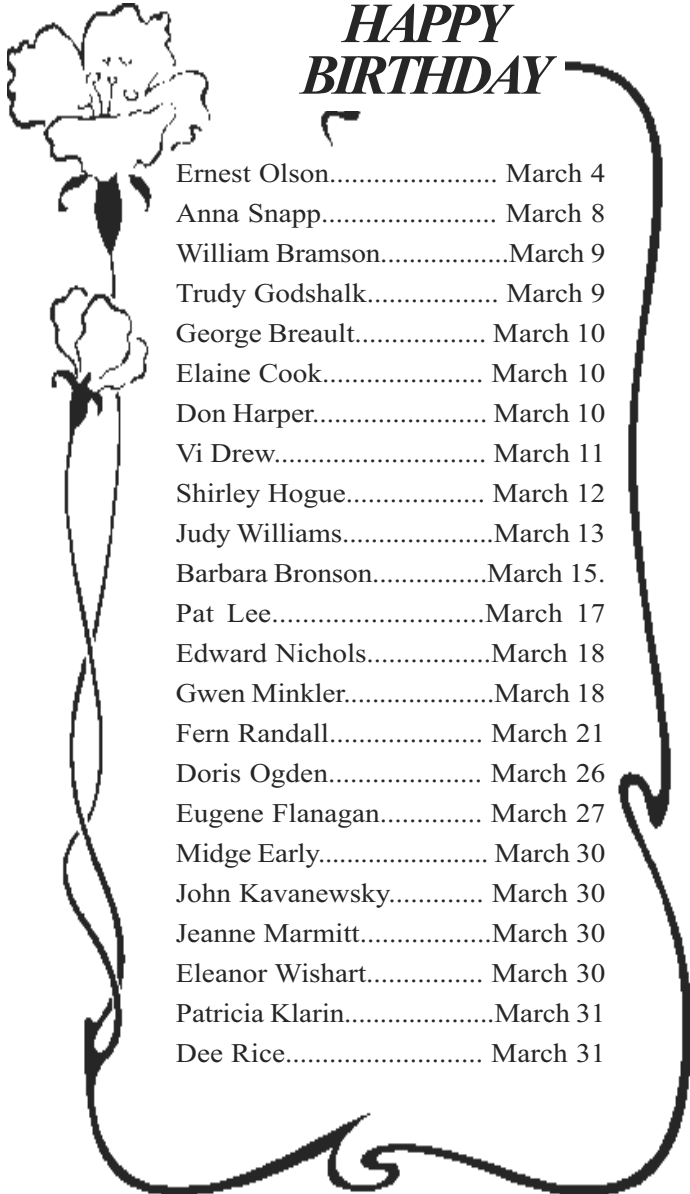
Wednesday, March 27....Kravis Center - "School of Rock" - 12:30 p.m.

Thursday, March 28....Norton Museum & lunch - West Palm Beach - Bus departs 9:30 a.m.

Thursday, March 28....Trivia - Card room - 7:00 p.m.

Saturday, March 30....SHC Art Show - 9:00 a.m.

HAPPY BIRTHDAY



Ernest Olson.....	March 4
Anna Snapp.....	March 8
William Bramson.....	March 9
Trudy Godshalk.....	March 9
George Breault.....	March 10
Elaine Cook.....	March 10
Don Harper.....	March 10
Vi Drew.....	March 11
Shirley Hogue.....	March 12
Judy Williams.....	March 13
Barbara Bronson.....	March 15.
Pat Lee.....	March 17
Edward Nichols.....	March 18
Gwen Minkler.....	March 18
Fern Randall.....	March 21
Doris Ogden.....	March 26
Eugene Flanagan.....	March 27
Midge Early.....	March 30
John Kavanewsky.....	March 30
Jeanne Marmitt.....	March 30
Eleanor Wishart.....	March 30
Patricia Klarin.....	March 31
Dee Rice.....	March 31

BIRTHDAY LUNCHEON



The complimentary Birthday Luncheon is planned for Thursday, March 21, at 12:00 noon in the Dining Room. If you are celebrating your birthday in March and would like to attend the luncheon, please R.S.V.P. in the Activity Book or Odyssey by Monday, March 18 or contact Phyllis our Life Enrichment Director for details.

Happy and Healthy March Birthday.

EMPLOYEE OF THE MONTH

Austin Segala Security Guard

Austin joined Sandhill Cove in May 2018 as a Security Guard. His prior employment was with Martin Downs Property Association.

Originally from Massachusetts, his family relocated to Florida in 2015.

Austin resides in Hobe Sound with his parents. He has a very interesting family with a mother who is an entrepreneur owning 3 businesses and a brother who resides in Harlem, NY and is an aspiring actor.

Austin is currently enrolled in IRSC's Criminal Justice program with only 13 remaining credits needed for graduation. Austin's desire is to get into the Martin County Sheriff's office. Although he recognizes that he will need "to do time" his ultimate goal is to focus on narcotics and eventually teach criminal justice.

Austin belongs to a Poker Club which he plays in weekly. Unfortunately because of the expense for now he has stopped drag racing but something tells me he may pick that back up when he is able to afford it again. He also enjoys practice shooting specifically 22 plinking and timed shooting.

One comment came from Austin's supervisor: Austin has made a positive impact on our community in his short time here. I receive many compliments from residents for his exceptional hospitality.

Please join us in congratulating Austin for being selected Employee of the Month for March



CUMMINGS LIBRARY CONCERT

Complimentary tickets are available in the Social Office for the Elisabeth Lahti Concert series held at the Cummings Library on Saturday, March 16, which features Amy Clarke and Jazz Piano Trio. Brandon Glick and Al Hager will perform Claude Bolling's wild and exciting Suite for Flute and Jazz Piano, a fusion of classical and jazz. This will be a fun and energetic afternoon! Be sure to sign up in the Activity book for tickets and transportation. The bus departs the Clubhouse at 1:30 p.m.



March is National Nutrition Month

Are you interested in learning a little bit more about health and nutrition? March is National Nutrition month and we will be highlighting some special programming and educational sessions on healthy eating and nutrition. Stop by the Waterfront Wellness desk for additional information.

Lunch and Learn

This month, Rachel Bosco from Cleveland Clinic Martin Health will discuss Good Nutrition as Medicine. We have not secured a date yet, so keep your eyes open for additional information in Odyssey and the Newsletter.

New Equipment in the Fitness Center

I am very excited to announce that we have recently purchased some NEW equipment for the fitness center. We will be replacing some of the older equipment with a multi-functional cable setup, a diverging Lat pulldown, and free standing leg extension and leg curl. I can not wait to show you all the functional exercises that you will be able to do! I will plan a fitness center open house upon the arrival of the new equipment—date TBA!

How The Body Works

We will be hosting two separate How The Body Works lectures this month. On **Thursday, March 14th from 3-4pm in Card Room B**, Dr. Fox from Woodstock Medicinal Doctors of Florida in Jupiter will be coming to discuss Medical Marijuana. On **Thursday March 28th, from 3-4pm in Card Room B**, our very own Laine Campbell will discuss Healthy eating including gluten free and eating for allergies.

Senior Fitness Evaluation/ Exercise Prescription

Remember that a little bit of exercise can go a long way to maintaining your independence. Don't hesitate to come visit Kerry in the Fitness Center for your complimentary Senior Fitness Evaluation. She can also design an individualized exercise program just for you to help keep you independent.

Kerry O'Donoghue, Wellness Director
Mimi Augustin, Health Fitness Specialist
772-283-7775 ext. 225

NORTON MUSEUM OF ART WEST PALM

A guided tour of the newly renovated Norton Museum is scheduled for Friday, March 28. The museum has many new additions added to their collection a must see! Admission and tour is \$25.00 p.p. Following the tour we will have lunch at the Café located at the museum and browse their beautiful gift shop. The bus departs the Clubhouse at 9:30 a.m. Moderate walking involved on the tour. The tour takes approximately 50 minutes. Reservations can be made in the Activity book or Odyssey.

DINE AROUND

This month to celebrate St. Patrick's Day our selection will be to McCarthy's Irish Pub located in Tequesta. The ambiance is wonderful and features traditional Irish dishes as well as regular dinner selections. The date is Tuesday, March 12. Our bus departs the Clubhouse at 4:30 p.m. Reservations required. Sign up in the Activity book or Odyssey.

Daylight Savings
March 10th. Turn
clocks ahead 1 Hour.


ST. PATRICK'S
DINNER PARTY
WEARING OF
THE GREEN!

Be sure to join us on Thursday, March 14 for our traditional Irish dinner with music and vocals by the Dreamer's. Social hour at 5:00 p.m. in the Clubhouse Lounge followed by dinner at 6:00 p.m. in the Pavilion. Please make your table reservations at the Hostess desk.


TRIVIA NIGHT
EVERYONE IS
WELCOME!

TRIVIA
NIGHT

Thursday, March 28 at 7:00 p.m. in the Card room. Please be sure to sign up your teams in the Activity Book.




Join
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COVE
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Fascinating
Central Florida



April 15 - 17, 2019 - for 2 nights/ 3 days

Package Includes

- Kennedy Space Center
- Lunch with an Astronaut
- Ocala Horse Farm Tour
- Silver Springs State Park & Glass Bottom Boat Tours
- St. John's River Luncheon Cruise
- Package also includes:
 - Round trip Motor coach Transportation
 - 2 nights accommodations at the Hilton Ocala Hotel
 - Hotel tax and round trip luggage handling
 - 2 breakfasts - 2 lunches - 1 dinner



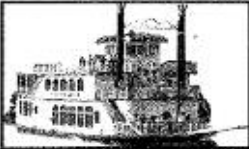
PACKAGE PRICE PER PERSON
 \$698 – Double Occupancy
 Singles please add a supplement of \$225

A Deposit of \$250 per person is required to hold your reservation confirmed.
 Optional Non-refundable Medical Cancellation Insurance is suggested and the premium is to be paid at time of deposit. Premium - \$58 per person additional.
 Make checks payable to Isings Travel (checks only please).


Final payment is due no later than February 1, 2019. After which time payments become non-refundable and the above suggested cancellation insurance will then provide protection should you have to cancel based on a doctor verified medical reason.

Activity Level Moderate - This tour requires walking up to a mile, throughout the Space Center, Horse Farms and Silver Springs.

FOR RESERVATIONS & INFORMATION CONTACT



Isings Travel - Carol or John
(561) 395-4181 or 1-800-562-7672
Mailing Address: 2441 N. Federal Highway,
Boca Raton, FL 33431



H. ISINGS TRAVEL 1-800-562-7672

SANDHILL COVE SPOTLIGHT

BOBBIE SPILMAN

Our Sandhill Cove “queen of comedy” is Bobbie Spilman who donned a fat suit to play in the debut of The Sandhill Thespians production of “When Johnny Comes Marching Home”. Even with a costume failure, she was still able to make us laugh. Her acting did not start with us, however. She was active in high school theater, summer stock and, one time sang in the Junior League Folies as Carol Channing in “Gentleman Prefer Blonds”. Originally from Philadelphia Pennsylvania, she graduated from Uniontown High School and is a Phi Beta Kappa graduate of Duke University in North Carolina. She went on to Lehigh University receiving her Masters in MED Counseling



While in college she met, Bill Spilman, a Duke University student on a blind date (just like 3 other SHC couples!). He was a southern gentleman from Virginia. After her graduation she and Bill were married in a large ceremony. Her family was so well known in the community that, when she married, her wedding was given a full-page spread in the society page of the Evening Standard of Uniontown. Early in their marriage, they moved to Chicago when Bill was promoted with Bethlehem Steel. Their two daughters were born there. Leslie, now an Occupational Therapist in Texas and Carolyn now an Industrial Engineer in Georgia. They have provided her with four grandchildren.

Soon after their births, the Spilmans moved to Bethlehem PA and became engrained into life there, with Bobbie entering the work world and into education and the volunteer area. She was hired by the Bethlehem School District as a guidance counselor and school psychologist and worked with high-school students. She went on to become Executive Secretary for the Vocational Administration of Pennsylvania. She was named “Woman of the Year” for her volunteering with, among others, the YWCA, the Lehigh Valley Mental Health Assoc., Meals on Wheels, and the Assoc. of University Women. She was instrumental in establishing the Halfway House of Lehigh Valley. She also served as a Trustee for 12 years at St. Luke’s University Hospital and Health Network

With her husband’s “golden handshake” at age 52, they moved to Port St. Lucie also with a vacation “piece of heaven” in Bent Tree, Jasper, GA. It was here she joined the Garden Club of Stuart, soon becoming their president. They named her their “Woman of the Year” in 2005 and presented her with the “Distinguished Service Award” in 2016. They became close friends of Robert and Laurie Parenti through the Anchor Line Yacht Club. Laurie and Bill eventually succumbed to illnesses leaving Bob and Bobbie remaining as close friends. They wine and dined together for 4 years. Bob lived in Willoughby and with Bobbie in Port St. Lucie, they soon realized how convenient it would be to move in together. There was a group from Bethlehem that had moved into this area, including our Joan Williams. When she and her husband, Walt, moved to Sandhill Cove, they raved to others in the group about how wonderful it was. So Bobbie and Bob, her late-in-life partner, moved to Sandhill Cove in 2016 first as a member of the Captain’s Club moving into a two-bedroom apartment then into a garden villa and now a villa on the lake - three moves!!!

Bobbie again entered the volunteer population by serving on the Landscaping Committee (a natural for a Garden Club member), Marketing Committee, and the Sandhill Cove Foundation on their Scholarship Committee as their Co-Chairperson, and on the Health Care Committee. She is now their chairperson and with her background, she is the right person for that position. Bobbie says “Always walk toward the sunshine then the shadows will fall behind you!”. I love that, Bobbie.

Interviewed by Ann Coffin

AIRPORT / SEA PORT SERVICE

DESTINATION	JUNTER	HOGE SOUND	STANLEY BEACH	JENSEN BEACH	PORT ST. LUCIE
PALM BEACH	\$60.00	\$65.00	\$70.00	\$75.00	\$75.00
FT. LAUDERDALE	\$120.00	\$125.00	\$130.00	\$135.00	\$140.00
MIAMI	\$150.00	\$150.00	\$150.00	\$155.00	\$160.00
ORLANDO	\$200.00	\$200.00	\$190.00	\$185.00	\$175.00
MELBOURNE	\$140.00	\$140.00	\$135.00	\$125.00	\$120.00

TEC-202 rates 10-15-2016

WE ACCEPT VISA, MASTER CARD, DISCOVER & AMERICAN EXPRESS

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OR DROP OFF

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\$20.00 PER HOUR

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Frank & Joan Menagh.....March 4

William & Shirley Bramson.....March 8

The March Anniversary Couples Dinner is being combined with the one in April. However, we still want to wish the Menaghs and Bramsons a very Happy Anniversary.

MARCH



Sunday

Monday

Tuesday



GARDENS MALL SHOPPING & LUNCH

The shopping trip to the Gardens Mall will be on Friday, March 8. The bus will depart the Clubhouse at 9:30 a.m. and will return at approximately 2:30 p.m. Lunch will be on your own at the Mall. Be sure to sign up in the Activity book or on Odyssey.

3



8:30 - 10:30am *Transportation to churches in Palm City
12:00pm Catholic Services on Channel 243
2:00pm Open Bridge, Card Rm

4



8:00-3:00pm *Transp to Prof Offices
9:00am Bocce Ball
9:30am Bible Study, Card Rm A
10:00am Hustlers
10:00am F&B Cmte, Conf Rm
1:00pm Canasta, Card Rm B
2:00pm Landscape Cmte, Conf
5:00pm Mix & Mingle Monday, Clubhouse Lobby/Lounge
6:30pm Dominoes, Card Rm B

5



9:00am *Publix Transportation
9:00am Croquet Practice
11:00am *Publix Transportation
1:00pm Duplicate Bridge
1:30pm *Walgreens Transportation
7:30pm Bingo, Card Room B

10



8:30 - 10:30am *Transportation to churches in Palm City
12:00pm Catholic Services on Channel 243
2:00pm Open Bridge, Card Rm

DAYLIGHT SAVINGS
Turn clocks
ahead 1 hour

11



8:00-3:00pm *Trans to Prof. office
9:00am Bocce Ball
9:30am Bible Study, Card Rm A
10:00am Hustlers
1:00pm Canasta, Card Rm B
5:00pm Mix & Mingle Monday, Clubhouse Lobby/Lounge
6:30pm Dominoes, Card Rm B

12



9:00am *Publix Transportation
9:00am Croquet Practice
10:30am Mktg Cmte, Card Rm Terr
11:00am *Publix Transportation
1:00pm Duplicate Bridge
1:30pm *Walgreens Transportation
4:30pm *Dine Around to McCarthy's Irish Pub, Tequesta

17 St. Patrick's Day

8:30 - 10:30am *Transportation to churches in Palm City
12:00pm Catholic Services on Channel 243
2:00pm Open Bridge, Card Rm

18



8:00-3:00pm *Trans to Prof. office
9:00am Bocce Ball
9:30am Bible Study, Card Rm A
9:30am HMS Cmte, Conf Rm
10:00am Hustlers
1:00pm Canasta, Card Rm B
3:00pm Healthcare Cmte, W Edge
5:00pm Mix & Mingle Monday, Clubhouse Lobby/Lounge
6:30pm Dominoes, Card Rm B

19



9:00am *Publix Transportation
9:00am Croquet Practice
11:00am *Publix Transportation
1:00pm Duplicate Bridge
1:30pm *Walgreens Transportation
7:30pm Bingo, Card Room B

24/31



8:30 - 10:30am *Transportation to churches in Palm City
12:00pm Catholic Services on Channel 243
24th at 12:45pm *Palm Beach Opera at the Kravis Center "Strass' Die Fledermaus"
2:00pm Open Bridge, Card Rm

25



8:00-3:00pm *Trans to Prof. office
9:00am Bocce Ball
9:30am Bible Study, Card Rm A
10:00am Hustlers
1:00pm Canasta, Card Rm B
2:00 pm Bookworms, Library
5:00pm Mix & Mingle Monday
Clubhouse Lobby/Lounge
6:30pm Dominoes, Card Rm B

26



9:00am *Publix Transportation
9:00am Croquet Practice
11:00am *Walmart Transportation
1:00pm Duplicate Bridge
1:30pm *Walgreens Transportation
6:30pm *Lyric "Sicilian Tenors"



Wednesday		Thursday		Friday		Saturday	
<p>Events in red bold print with an asterisk* require Reservations.</p> <p><i>Committee Meetings are in Blue bold italics.</i></p>				<p>1    </p> <p>7:00pm Bridge, Card Room B</p> <p>Check the Wellness Calendar for all exercise classes</p>		<p>2   </p> <p>9:00am Croquet Practice 9:00am Ping Pong, Pavilion 9:30am Chipping, Putting, Horse-shoes & Shuffleboard 11:00am Deep Thinkers Chess, Lounge 1:00pm Hustlers 3:00pm & 7:00pm Saturday In-House Movie, Card Rm A -- "Book Club"</p>	
<p>6   </p> <p>8am-3pm *Trans to Prof. offices 9:00am Art Class, Art Studio 10:00am Hustlers 12:30pm *Maltz "A Doll's House" 1:00pm Rummy Cube & Mahjong 2:00pm Great Decisions, Card Room A</p>		<p>7   </p> <p>8am-3pm *Trans Prof. offices 9:00am Croquet Practice 10:00am Travelogue, Card Rm A 1:00pm Hustlers 1:00pm *The Sandhill Thespians Round-Table, Card Rm B 1:00pm The Needleworkers Guild 2:15pm English as a Second Language, Card Room A</p>		<p>8    </p> <p>10:00am *Gardens Mall - shopping & lunch, W Palm Beach</p> <p>7:00pm Bridge, Card Rm B</p> <p>Check the Wellness Calendar for all exercise classes</p>		<p>9   </p> <p>9:00am Croquet Practice 9:00am Ping Pong, Pavilion 9:30am Chipping, Putting, Horse-shoes & Shuffleboard 11:00am Deep Thinkers Chess, Lge 12:30pm *Kravis on B'way "Waitress" 1:00pm Hustlers 3:00pm & 7:00pm Saturday Movie, Card Rm A -- "Loving Vincent" 5:30pm Social Hour Sing-A-Long, Lounge</p>	
<p>13   </p> <p>8am-3pm *Trans to Prof. offices 9:00am Art Class, Art Studio 10:00am Hustlers 1:00pm Rummy Cube & Mahjong 2:00pm A Cup of Joe with Perrigo, Pavilion</p>		<p>14   </p> <p>8am-3pm *Trans to Prof. offices 9:00am Croquet Practice 10:00am Travelogue, Card Rm A 1:00pm Hustlers 1:00pm Needleworkers Guild, Library 1:30pm Caregivers Support, C Rm B 2:15pm English as a Second Language, Card Room A 3:00pm How The Body Works, Crd Rm B 5:00pm *St. Patrick's Day Cocktails, Clubhouse Lobby 6:00pm *St. Patrick's Day Dinner & Dancing with The Dreamers - Pavilion</p>		<p>15    </p> <p>2:30pm *Lyric Atlantic Classical Orchestra</p> <p>7:00pm Bridge, Card Rm B</p> <p>Check the Wellness Calendar for all exercise classes</p>		<p>16   </p> <p>9:00am Croquet Practice 9:00am Ping Pong, Pavilion 9:30am Chipping, Putting, Horse-shoes & Shuffleboard 11:00am Deep Thinkers Chess, Lounge 1:00pm Hustlers 1:30pm *Elisabeth Lahti concert Series, Cummings Library 3:00 & 7:00pm Saturday In-House Movie, Card Rm -- "Far and Away"</p>	
<p>20   </p> <p>8am-3pm *Trans to Prof. offices 9:00am Art Class, Art Studio 9:45am *Jonathan Dickinson Boat Tour with Lunch at Harry & the Natives, Hobe Sound (Weather Permitting) 10:00am Hustlers 1:00pm Rummy Cube & Mahjong 2:00pm Genealogy Club Meeting, Card Room A</p>		<p>21   </p> <p>8am-3pm *Trans to Prof. offices 9:00am Croquet Practice 9:00am Finance Cmte, Conf Rm 10:00am Travelogue, Card Rm A 12:00noon *Birthday Luncheon 1:00pm Hustlers 1:00pm The Needleworkers Guild, Library 1:00pm Library Cmte, Conf Rm 2:00pm Social Committee, Conf Rm 2:15pm English as a Second Language, Card Room A</p>		<p>22    </p> <p>9:30am Residents' Council, Conference Rm 11:30am *Mystery Lunch Bunch 7:00pm Bridge, Card Room B</p> <p>Check the Wellness Calendar for all exercise classes</p>		<p>23   </p> <p>9:00am Croquet Practice 9:00am Ping Pong, Pavilion 9:30am Chipping, Putting, Horseshoes & Shuffleboard 9:45am *Secret Gardens Tour (Garden Club/Mktg Event) 11:00am Deep Thinkers Chess, Lounge 1:00pm Hustlers 3:00 & 7:00pm Saturday In-House Movie, Card Rm A -- "Blazing Saddles"</p>	
<p>27   </p> <p>8am-3pm *Trans to Prof. offices 9:00am Art Class, Art Studio 10:00am Hustlers 12:30am *Kravis on B'way "School of Rock" 1:00pm Rummy Cube & Mahjong</p>		<p>28   </p> <p>8am-3pm *Trans to Prof. offices 9:00am Croquet Practice 9:30am *Norton Museum & lunch, West Palm Beach 10:00am Travelogue, Card Rm A 1:00pm Hustlers 1:00pm Needleworker's Guild, Lib 2:15pm English as a Second Lang 3:00pm How The Body Works, Card Room B 7:00pm *Trivia Night, Card Rm</p>		<p>29    </p> <p>7:00pm Bridge, Card Room B</p> <p>Check the Wellness Calendar for all exercise classes</p>		<p>30   </p> <p>9:00am SHC Art Show, Club-house et al 9:00am Croquet Practice 9:00am Ping Pong, Pavilion 9:30am Chipping, Putting, Horseshoes & Shuffleboard 11:00am Deep Thinkers Chess - Library 1:00pm Hustlers 3:00 & 7:00pm Saturday In-House Movie, Card Rm A -- "Mamma Mia 2: Here We Go Again" 5:30pm Social Hour Sing-A-Long, Lounge</p>	



Spiritual



Physical Activity



Health Services



Environmental



SANDHILL COVE FOUNDATION, INC. BOARD OF DIRECTORS

These 12 people actively engage in determining guidelines and policies for the Foundation. This public charity is a tax-exempt organization founded and managed by the residents of Sandhill Cove to provide scholarships to employees and their children.

Only three years old, the Foundation has already awarded 82 scholarships to deserving students. Scholarships are awarded solely on the basis of financial need and merit.

No gift has greater power to uplift and transform the lives of those who take care of us by assisting them with their education. Please plan to contribute to our scholarship program to help our employees.

SANDHILL COVE FOUNDATION, INC.

CHANGING LIVES ONE EMPLOYEE AT A TIME

Front Row: Left to Right - Louise Freeman, Ethel Christin, Lilly-Ann Bailey, Bobbie Spilman, Ty Forbush, Anne Holmberg

Back Row: Left to Right - Don Harper, Keith Klarin, Merrill Snyder, Roger Folts, Peter Corbett, Jack Brauntuch

CUP OF JOE WITH PERRIGO

The monthly meeting with the Executive Director Shawn Perrigo will be held on Wednesday, March 13 at 2:00 p.m. in the Pavilion. Be sure to join us for this informative update. New Residents are invited to attend for a brief introduction as new community members. We look forward to seeing you there!

JONATHAN DICKINSON STATE PARK TOUR & LUNCH



Come and join Phyllis and Kerry our Wellness Director as we experience the great outdoors with a one hour guided river boat tour of the Loxahatchee river and Trapper Nelson's 1930 pioneer homestead. Following our tour we will be having lunch at Harry & the Natives. The date for our guided tour is Wednesday, March 20. The bus will depart the Clubhouse at 9:45 a.m. for Hobe Sound. Comfortable clothing and shoes suggested. Moderate walking. Weather permitting. The cost for admission and tour is \$20. p.p. Reservations can be made in the Activity book or Odyssey.



Health at Home™
Stuart, FL

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Provider #: 10-9028

Certified Home Health Services

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- Occupational Therapy
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- Bathing & Grooming
- Social Outings
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- Pill Box Management

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9:00 am to 3:00 pm
- Saturday
9:00 am to 1:00 pm
- Prescriptions Written
- Urgent Care • Injections
- Home Visits

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Call for Appointment
772-419-2789

SANDHILL COVE COMMITTEE MEETINGS

Residents' Council - 4th Friday at 9:30 AM
 Finance Committee - 3rd Thursday at 9:00 AM
 Social Committee - 3rd Thursday at 2:00 PM
 Executive Director's Meeting - 2nd Wednesday at 2:00 PM
 Sandhill Cove Foundation, Inc., Board of Directors -
 3rd Wednesday at 3:00 PM

Landscape Committee - 1st Monday at 2:00 PM
 Food & Bev. Committee - 1st Monday at 10:00 AM
 Health Care Committee - 3rd Monday at 3:00 PM
 Marketing Committee - 2nd Tuesday at 10:30 AM
 House., Maint. & Sec. Committee - 3rd Monday at 9:30 AM
 Library Committee - 3rd Thursday at 1:00 PM

ART SALE AND SHOW AT SANDHILL COVE

Our annual Art Sale and Show is scheduled for Saturday, March 30 from 9:00 a.m. to 4:00 p.m. and the theme is whimsical décor. We are fortunate to have a resident Art Show Committee: Julie Bennett, Genie Buchanan, Sherry Corbett, Jennie and Geoff Falbey, Joy Funston, Kathy Garlington and Captain's Club member, Pat Morgan. This will be our 6th annual show and 10% of artist proceeds benefit Helping People Succeed. Items for sale include jewelry, paintings, woodwork, stained glass, note cards, pottery and glass décor. Residents are welcome and may enjoy a complimentary lunch from 11:00 a.m. – 12:00 p.m., but must R.S.V.P. to the marketing department at 772-220-1090. All residents should register at the check-in tables in the main lobby during arrival. We have several resident artists participating as well as 60+ local, professional artists. Please remember to invite your friends and family. There is no admission charge and the show is open to the public.

Thank you in advance!
 Jill Burton,
 Marketing Director

MARTIN COUNTY GENEALOGICAL SOCIETY

Searching for your Irish Ancestry on Family Search.org? Miles Myer, Director of the Vero Beach Family History Center will be at the Robert Morgade Library Chastain Campus, IRCC 5851 SE Salerno Rd. Stuart, Fl. On Friday, March 15 from 1:00 p.m. to 3:00 p.m. Light refreshments available. For more info, visit website: www.mcgsfl.org

WELCOME TO SANDHILL COVE

Mrs. Darlene Jones.....GN 1111
William & Marina Sheehy.....WS309
Mrs. Martha Miller-Leveillee.....WS322

Events & Concerts For March

Be sure to check the Theater Book for any schedule changes or extra tickets for these performances.

Friday, March 15....Atlantic Classical Orchestra
 Bus departs at 2:30 p.m.

Tues. March 26....Sicilian Tenors
 Bus departs at 6:30 p.m.

Saturday, March 16....Cummings Library Concert....Amy
 Clarke & Jazz Piano TrioBus departs 1:30 p.m.

Kravis Palm Beach Opera Series....Sunday, March 24
 Strauss' Die Fledermaus....Bus departs at 12:45 p.m.

Kravis Center Broadway Series....Wednesday, March 9
 "The Waitress"
 And Wed. March 27...."School Of Rock"
 Bus departs at 12:30 p.m.

Maltz Jupiter Theater....Wed. March 6...."A Dolls
 House"Bus departs the Clubhouse at 12:45 p.m.



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MYSTERY LUNCH BUNCH???

Did you ever wonder where to go for lunch??? Well, we are not going to tell you, it will be a surprise. The date will be Friday, March 22. The bus will depart the Clubhouse at 11:30 a.m. This is always a fun trip and you will not know the destination until we arrive. So if you enjoy a mystery, be sure to sign up in the Activity book or Odyssey. Reservations required.

OH HOW BEAUTIFUL THE SECRET GARDENS TOUR IS BACK

The bi-annual Secret Gardens Tour is scheduled for Saturday, March 23rd and transportation with a boxed lunch is provided. You will preview six amazing gardens that have been carefully selected for unique plants, beauty and variety. Relax and unwind as you walk through these residential property locations in Martin County. Rain date is Sunday, March 24th. You can also buy tickets and go on your own, as the gardens are open both Saturday and Sunday. The bus leaves at 9:45 A.M. on Saturday and returns approximately 3 P.M. You can sign up for transportation outside the Social Office. Tickets are \$30.00 each and can be purchased in the Marketing Office payable to the Garden Club of Stuart. Please let us know if you have any special dietary requirements for your boxed lunch.

Questions? Call Jill Burton 772-220-1090

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ORGANIZED ACTIVITIES

Duplicate Bridge - Card Room

Co-Chairs: Dee Rice, Nancy Int-Hout
Tuesdays at 1:00 p.m. Sign up in advance with partner. Singles call the chairman. Entry fee is \$2.00. Guests welcome.

Partnership Rubber Bridge - Card Room

Co-Chairs: Nancy Int-Hout & Anna Snapp
Friday evening at 7:00 p.m. Organized partnership game of Rubber Bridge, play with your own partner and change tables every 4 hands. Tables of 4 players. Sign up in advance. Entry fee \$1.00.

Needle Worker's Guild

Leaders: Maria Campbell | Louise Freeman
Every Thursday at 1:00 PM

Bible Study

Leader: Lilly-Ann Bailey | 9:30 a.m. - Mondays

Billiards

Wednesday 10:00 AM, Saturday 1:00 PM
Thursday 1:00 PM
Jeanne Marmitt - Mon. 10:00 AM | Open Games Daily

Bingo Games

Co-Chair: Louise Freeman & Don Bailey
1st & 3rd Tues. - 7:30 p.m.

Bocce Ball

Mondays at 9:00 a.m.

Book Club

Last Monday of the month - 2:00 p.m.

Chipping & Putting

Bill & Nancy Treece, Dottie Hamilton: Saturdays - 9:30 a.m.

Horseshoes

Frank Menagh: Saturdays - 9:30 a.m.

Ping Pong

Jane Coutts | Saturdays - Pavilion - 9:00 a.m.

Mahjong

Chair: Jean Brennan | Wed. & Sat. - 1:00 p.m. - Card Room

Board Rummy Cube

Wednesdays at 1:00 p.m. - Card Room

SHC Croquet Club

Pres.: Fran Atwood; VP: Lilly Ann Bailey
Practice: Tues, Thur & Sat at 8:30 a.m.

Art Classes

Wednesdays from 9:00 AM - Noon ... Doris O'Connor

Shuffleboard

Scorekeeper: Jeanne Jarden | Saturdays - 9:30 a.m.

Canasta

Mondays - 1:00 p.m.

Dominoes

Mondays - 6:30 p.m. - Card Room

The Sandhill Thespians

Round-Table - March 7th - 1:00pm - Card Room B

Sandhill Cove Foundation Inc.

President: Ty Forbush | Vice President: Pete Morrissey
Secretary: Louise Freeman | Treasurer: Keith Klarin
Lilly-Ann Bailey | Ethel Christin | Roger Folts | Don Harper
Anne Holmberg | Bobbie Spillman

*A variety of board games are available
in the Card Room.*

SANDHILL COVE COMMITTEES

Residents' Council
President - Helen Sebold
Vice Pres - Louise Freeman
Secretary - Barbara Folts
Treasurer - George Stewart

Class of 2019:

Barbara Folts
 Helen Sebold
 George Stewart

Class of 2020:

Ellyn Capper
 Ty Forbush
 Elmer Jacobs

Class of 2021:

Richard Blagbrough
 Louise Freeman
 Merrill Snyder

Finance Committee
Chairman - George Stewart
Secretary - Robert Forbush

Class of 2019:

Roger Folts
 Donald Gross
 Keith Klarin
 George Stewart

Class of 2020:

Robert Angland
 Robert Forbush
 Bruce Nichols

Class of 2021:

William Collins
 Peter Corbett

FLICRA Committee
Chairman - Louise Freeman

Doris Bedell
 Robert Forbush
 Jane Mace
 Pete Morrissey
 Doris O'Connor

Food & Beverage Committee

Chairman - Joan Collins

Justine Angland
 Lilly-Ann Bailey
 Doris Bedell
 Marie Bissell
 Maria Campbell
 Ellyn Capper
 Mary Lou Haines
 Joanne Hoglund
 Pat Klarin
 Glenn Paxton
 Marilyn Sterett
 LaVaughn Tilton

Landscape Committee
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Secretary - Barbara Folts

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 Sherry Corbett
 Dolly Hunnicutt
 Jean McKay
 Claire Merkel
 Robert Peters
 Henry Salver
 Edith Stocks
 Norma Wright

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Chairman - Dee Rice
Co-Chair - Jody Comas
Secretary - Anna Snapp

Genie Buchanan
 Julie Bennett
 Jennie Falbey
 Mary Lou Haines
 Ty Forbush
 Grace Nola

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Chairman - Bobbie Spilman

Secretaries - Ann Coffin &

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 Robert Bailey
 Carolyn Berringer
 Ann Coffin
 Joe Kelley
 Helen Natoli
 Robert Nordin
 Pat Principe
 Bobbi Spilman
 Judy Williams

Library Committee

Chair - Fran Atwood

Treasurer - Sarah Armellini

Fran Atwood
 Shirley Baer
 Julie Bennett
 Ruth Daunoras
 Jean Difederico
 Jean Eldridge
 Dolores Gross
 Dolly Hunnicutt
 Nancy Int-Hout
 Barbara LaMirand
 Sue Morrissey
 Nancy Murphy
 Diane Nichols
 Grace Nola
 Barbara Nordin
 Glenn Paxton
 Edith Stocks
 Marji Riemersma
 Barbara Wood

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Chairman - Terry McCall.

Les Applegate
 Shirley Baer
 Genie Buchanan
 Jody Comas
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 Joy Funston
 Kathy Garlington
 Mary Lou Haines
 Patricia Hendricks
 Marianne Hickey
 Pat Klarin
 Bruce Nichols
 Grace Nola
 Margie Riemersma
 Anna Snapp
 LaVaughn Tilton

HMS Committee
Conservation Committee
is a subcommittee
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 Maria Campbell
 Ann Coffin
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