

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>* All Activities are Subject to Change.</p>	<p>Please refer to your weekly calendars & Channel 975 for up-to-date information. Channel 974 for WOL Chapel.</p>				<p>8:30 Coffee, Devotions & Laughter (A/C) 8:45 Chair Dancing: More Sit Down & Tone Up (GR) 9:30 Silver Sneakers Exercise: Stability (GR) 10:30 Shelly's Special Announcement (WOL) 1:30 Exercise with Laurie (GR) 4:00 Happy Hour - Judy (GR) 6:15 Trinity Lutheran Concert "Alliance Brass in Concert" (Trinity Lutheran Church) 6:30 Cards (1st Floor)</p>	<p>1:30 Color Me Red (A/C) 6:15 Peoria Symphony presents "Beethoven and Boccherini" (Grace Presbyterian)</p>
<p>10:00 LHV Church Service (WOL)</p>	<p>8:30 Coffee, Devotions & Laughter (A/C) 8:45 Peoria Symphony Guild Musical Mondays (1st Federated Church) 9:30 Water Aerobics (PCC) 9:30 Exercise with Laurie (GR) 9:30 Rosary with Communion (CSL) 10:10 Women's Chorus Practice (WOL) 10:30 Veteran's Conversation Exchange (GR) 1:00 Bridge (1st Floor) 1:30 Trip to Kroger/HyVee 2:00 Break Some Billards! (GR) 3:00 Tech Talk (A/C)</p>	<p>Shrove Tuesday/Mardi Gras 7:30 Mardi Gras Pancake Breakfast!! (GR) 8:30 Coffee, Devotions & Laughter (A/C) 9:30 Chair Exercise: Sit Down & Tone Up (WOL) 10:30 Bible Study with Gil Nolde (WOL) 2:00 Silver Sneakers Exercise: Range of Motion (GR) 3:30 Let's Play Poker! (GR) 6:30 Cards (1st Floor)</p>	<p>Ash Wednesday 6:30 Jim Hartter the Barber (B/S) 8:30 Coffee, Devotions & Laughter (A/C) 8:30 Men's Coffee (PDR) 9:30 Water Aerobics (PCC) 9:30 Exercise with Laurie (GR) 10:30 Walking Club (LHV Campus) 12:30 Library Meeting (L) 1:30 Author Visit: Ken Zurski of "Unremembered" (GR) 1:30 Shopping @ Super Walmart 3:00 Ash Wednesday Service (WOL) 7:00 Pinochle (1st Floor)</p>	<p>8:30 Coffee, Devotions & Laughter (A/C) 9:30 Chair Exercise: Chair Yoga (GR) 1:30 Card Bingo - Fruit (GR) 2:45 Cheryl Rhodes - Mrs. Noah's Story (GR) 3:00 Roman Catholic Communion (WOL) 7:00 Movie: "Book Club" (2018) Comedy - PG13 (GR)</p>	<p>8:30 Coffee, Devotions & Laughter (A/C) 8:45 Chair Dancing: More Sit Down & Tone Up (GR) 9:30 Silver Sneakers Exercise: Stability (GR) 1:00 Pearce Community Dancers (GR) 1:00 Beltone Hearing (A/C) 4:00 Happy Hour - Winston (GR) 6:30 Cards (1st Floor)</p>	<p>1:30 Color Me Red (A/C) 6:15 Peoria Symphony presents "Beethoven and Boccherini" (Grace Presbyterian)</p>
<p>Daylight Saving Time starts 10:00 LHV Church Service (WOL)</p>	<p>8:30 Coffee, Devotions & Laughter (A/C) 9:30 Water Aerobics (PCC) 9:30 Exercise with Laurie (GR) 9:30 Rosary with Communion (CSL) 9:30 Manicures by Debbie (A/C) 10:10 Women's Chorus Practice (WOL) 1:00 Bridge (1st Floor) 1:30 Trip to Kroger/HyVee 3:00 Activity Brainstorm with Rachel (GR) 5:00 Dinner Out - Lariat</p>	<p>8:30 Coffee, Devotions & Laughter (A/C) 9:30 Chair Exercise: Sit Down & Tone Up (GR) 10:30 Bible Study with Gil Nolde (WOL) 2:00 Silver Sneakers Exercise: Range of Motion (GR) 3:30 Let's Play Poker! (GR) 6:30 Cards (1st Floor)</p>	<p>6:30 Jim Hartter the Barber (B/S) 8:30 Coffee, Devotions & Laughter (A/C) 8:30 Men's Coffee (PDR) 9:15 Senior Mornings: American Decoy - The Invention (Riverfront Museum) 9:30 Water Aerobics (PCC) 9:30 Exercise with Laurie (GR) 11:15 OLLI Kick-Off Spring Luncheon (Bradley Student Center) 1:00 Movie: "Dreamgirls" (2006) Drama - PG13 (GR) 1:30 Shopping @ Evergreen Square & HyVee 2:30 Lutheran Church Missouri Synod Communion (WOL) 7:00 Pinochle (1st Floor)</p>	<p>8:30 Coffee, Devotions & Laughter (A/C) 9:30 Chair Exercise: Chair Yoga (GR) 10:30 Tech Talk (A/C) 1:30 Card Bingo - Green Prizes (GR) 2:30 Redeemer Friends (CR) 3:00 Roman Catholic Mass (WOL) 6:45 Peoria Players presents "Dreamgirls"</p>	<p>8:30 Coffee, Devotions & Laughter (A/C) 8:45 Chair Dancing: More Sit Down & Tone Up (GR) 9:30 Silver Sneakers Exercise: Stability (GR) 10:30 Walking Club (LHV Campus) 4:00 St. Patrick's Day Happy Hour! (GR) 6:30 Cards (1st Floor)</p>	<p>1:30 Color Me Red (A/C) 6:45 Heartland Festival Orchestra presents: "Cherish the Ladies" (5 Points)</p>
<p>St. Patrick's Day 10:00 LHV Church Service (WOL)</p>	<p>8:30 Coffee, Devotions & Laughter (A/C) 9:30 Water Aerobics (PCC) 9:30 Exercise with Laurie (GR) 9:30 Rosary with Communion (CSL) 10:10 Women's Chorus Practice (WOL) 1:00 Bridge (1st Floor) 1:30 Trip to Kroger/HyVee 3:00 Tech Talk (A/C)</p>	<p>8:30 Coffee, Devotions & Laughter (A/C) 8:30 First Federated Church Men's Breakfast (PDR) 9:30 Chair Exercise: Sit Down & Tone Up (GR) 10:30 Bible Study with Gil Nolde (GR) 2:00 Silver Sneakers Exercise: Range of Motion (GR) 3:30 Let's Play Poker! (GR) 6:30 Cards (1st Floor)</p>	<p>Spring Equinox 6:30 Jim Hartter the Barber (B/S) 8:30 Coffee, Devotions & Laughter (A/C) 8:30 Men's Coffee (PDR) 9:30 Water Aerobics (PCC) 9:30 Exercise with Laurie (GR) 10:30 Walking Club (LHV Campus) 1:30 Town Hall Meeting (WOL) 1:30 Shopping @ Northwoods Mall & Schnucks 7:00 Pinochle (1st Floor)</p>	<p>8:30 Coffee, Devotions & Laughter (A/C) 9:30 Chair Exercise: Chair Yoga (GR) 10:30 Movie: "Won't You Be My Neighbor?" (2018) Documentary - PG13 (GR) 1:30 Card Bingo - Candy (GR) 3:00 Roman Catholic Communion (WOL) 7:00 Caterpillar Employee Mixed Chorus (WOL)</p>	<p>8:30 Coffee, Devotions & Laughter (A/C) 8:45 Chair Dancing: More Sit Down & Tone Up (GR) 9:30 Silver Sneakers Exercise: Stability (GR) 4:00 Happy Hour - Jim Taylor (GR) 6:30 Cards (1st Floor)</p>	<p>1:30 Color Me Red (A/C) 2:30 Trivia Time! (GR) 4:00 Potato Pancake Dinner (Christ Lutheran Church)</p>
<p>10:00 LHV Church Service (WOL) 2:15 "Peter and the Wolf" (Westminster Pres Church) 3:00 "The Young and the Wreckless" a Howard Family Performance (WOL)</p>	<p>8:30 Coffee, Devotions & Laughter (A/C) 9:30 Water Aerobics (PCC) 9:30 Exercise with Laurie (GR) 9:30 Rosary with Communion (CSL) 9:30 Manicures by Debbie (A/C) 10:30 Legislative Update from State Representative Ryan Spain (WOL) 1:00 Bridge (1st Floor) 1:00 Women's Chorus Practice (WOL) 1:30 Trip to Kroger/HyVee 7:00 Movie: "P.S. I Love You" (2007) Romantic Drama - PG13 (GR)</p>	<p>8:30 Coffee, Devotions & Laughter (A/C) 9:30 Chair Exercise: Sit Down & Tone Up (GR) 10:30 Bible Study with Gil Nolde (WOL) 1:30 Birthday Party - Jim Taylor (GR) 3:30 Let's Play Poker! (GR) 6:30 Cards (1st Floor)</p>	<p>6:30 Jim Hartter the Barber (B/S) 8:30 Coffee, Devotions & Laughter (A/C) 8:30 Men's Coffee (PDR) 9:30 Water Aerobics (PCC) 9:30 Exercise with Laurie (GR) 10:30 Tech Talk (A/C) 1:30 Shopping @ Grand Prairie Mall & Willow Knolls Center 2:00 Thoughts with Therapy (GR) 7:00 Pinochle (1st Floor)</p>	<p>8:30 Coffee, Devotions & Laughter (A/C) 9:30 Chair Exercise: Chair Yoga (GR) 10:30 Come Play Shuffleboard! (GR) 1:30 Card Bingo - Snacks (GR) 1:30 Salem Lutheran (ELCA) Communion (WOL) 2:30 Redeemer Friends (CR) 2:45 Silver Sneakers Exercise: Range of Motion (GR) 3:00 Roman Catholic Communion (WOL) 5:00 Dinner Out - River Beach Pub</p>	<p>8:30 Coffee, Devotions & Laughter (A/C) 8:45 Chair Dancing: More Sit Down & Tone Up (GR) 9:30 Silver Sneakers Exercise: Stability (GR) 10:30 Walking Club (LHV Campus) 4:00 Happy Hour (GR) 5:30 Women of Redeemer's Conference (Redeemer Lutheran Church) 6:30 Cards (1st Floor)</p>	<p>8:00 Women of Redeemer's Conference (Redeemer Lutheran Church) 1:30 Color Me Red (A/C)</p>
<p>10:00 LHV Church Service (WOL)</p>				<p>ROOM KEY A/C - Arts and Crafts Room B/S - Beauty Shop CSL - Chapel of Saint Luke CR - Conference Room GR - Galena Room L - Library PCC - Pearce Community Center PDR - Private Dining Room WOL - Waters of Life Chapel</p>		

March 2019

Independent Living

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