

## COLLEAGUE SPOTLIGHT



*Deborah Marshall and Greg Stroman started working in food and beverage at Belle Meade on the same day: July 26, 1999.*

Deborah Marshall and Greg Stroman agree that the best part of their job as a server at Belle Meade is knowing every resident.

“You get to know them as individuals and they become part of your family,” Deborah says. “You know what they like and don’t like. You always try to please them.”

Adds Greg, “You get really attached to some of the residents. They become like family.”

Deborah and Greg have been serving residents breakfast, lunch or dinner since starting work at Belle Meade on the same day: July 26, 1999, when there were eight residents.

“I really like working with Deborah,” Greg says. “The only thing I don’t like is she’s a perfectionist. She wants everything done right.”

Deborah adds that she enjoys providing residents “a magic moment when they least expect it. No two days are the same. When I walk through the door, it’s a new day.”

## OF MISCELLANEOUS NOTE

Back by resident request will be a retail therapy trip on **Feb. 8** to The Streets at Southpoint mall.

The shuttle will leave the Belle Meade lobby at 9:50 a.m. and the Pine Knoll lobby at 10 a.m. There will be a group pickup at Nordstrom at 3:30 p.m. for our return.

Please RSVP to your concierge by **Feb. 7**.

The next ROMEOS (Retired Old Men Eating Out) luncheon will be at Chapman’s in downtown Southern Pines on **Feb. 13**.

The shuttle will leave the **Belle Meade** lobby at **11 a.m.** Please RSVP to your concierge by **Feb. 7**.

Sara Hesse, a Cardiac Rehab nurse from FirstHealth of the Carolinas, will present ways to have a healthier heart and how to reduce the risk of heart disease at **2 p.m.** on **Feb. 18** in the **Fordham Room** at **Belle Meade**.

Matt Hollyfield of Hollyfield Design will present an education workshop on floral design at **3 p.m.** on **March 20** in the **Fordham Room** at **Belle Meade** and at **1 p.m.** on **March 27** in the **Connor Theater** at **Pine Knoll**.

Attendees will learn about creating unique floral designs using locally sourced heirloom flowers and foliage.

Belle Meade resident Millie Anderson would like to thank everyone who sent well wishes during her hospital stay and recovery from a medical malady. She is grateful for the love and support during a difficult time.



ST. JOSEPH of the PINES



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## KITCHEN TOURS AT BELLE MEADE



*Executive Chef Jounte' Burwell will lead resident tours of the Belle Meade kitchen starting in March. The tours will be limited to 10 residents at a time.*

If you have ever wanted to understand what goes on behind the scenes in the Belle Meade kitchens, then we have a deal for you.

Executive Chef Jounte' Burwell will begin monthly resident tours of the kitchens in March.

“It’s a great way to show residents what we do on a day-to-day basis,” Jounte’ says. “The residents set the tone. They’re the energy to this place. We always strive to exceed their expectations. The tours are another way to do that.”

The first tour is tentatively scheduled for **3 p.m.** on **March 6** and will be limited to the first 10 residents who RSVP with the concierge.

In addition to the Belle Meade kitchens, Jounte’ will take residents to The Coventry and the Caritas Center.

“A lot of people don’t know that we provide meals for assisted living and the day care next to the Administration building,” Jounte’ says. “We want everyone to understand the full scope of our operations.”

He adds that a special emphasis will be placed on safety and sanitation during the tours, which will last about 20 minutes.

“That goes for both my colleagues and our residents,” Jounte’ says. “We take care of the people who take care of the residents. It’s the same love.”



## MCGARRY HONORED



*Pine Knoll resident Jim McGarry holds the plaque presented to him by John Harding, immediate past president of the Pine Knoll Resident Association.*

The Pine Knoll Resident Association (PKRA) recently honored resident Jim McGarry for his “six years of leadership, dedication and good humor during your administration of the Pine Knoll Employees Appreciation Fund.”

Pine Knoll resident John Harding presented McGarry with a plaque at the January meeting of the PKRA. It was Harding’s last official duty before stepping aside after serving two years as PKRA President.

“On behalf of the residents of Pine Knoll, I want to present you with a plaque to express our appreciation for the six years you have collected the contributions for the Employees Appreciation Fund,” Harding said to McGarry.

Congratulations, Jim. Well deserved.

## ‘YEAR OF THE PIG’

The ladies of Belle Meade and Pine Knoll are invited to attend a special Chinese New Year luncheon at **11:30 a.m. on Feb. 5** at **Pine Knoll**.

Executive Chef Lee Ruffier will celebrate the Year of the Pig with an exquisite menu consisting of mini egg rolls; bread service with egg drop soup; one of three entrees — General Tso Chicken, Pepper Steak or Vegetable Lo Mein; Moche pie for dessert; and complimentary sake.

Pine Knoll residents can RSVP by **Jan. 30** to Benji Sloan at 246-3025, while Belle Meade residents should call their concierge.

A shuttle will leave the **Belle Meade** clubhouse at **11:15 a.m. on Feb. 5**.

This special luncheon will replace the regular monthly ladies luncheon. And please wear red, as it symbolizes good luck in the New Year.

## TO BE, OR NOT TO BE

The annual English-Speaking Union National Shakespeare Competition: Sandhills Branch will be conducted at **3 p.m. on Feb. 16** at the **Village Chapel in Pinehurst**.

You are invited to watch high school students participate by performing a monologue or reciting a sonnet from Shakespeare. They will be judged on their understanding of the selected text and their ability to communicate their interpretation to the audience.

Please RSVP to your concierge by **Feb. 14**. The shuttle will leave the **Belle Meade** lobby at **2:30 p.m. on Feb. 16** and the **Pine Knoll** lobby at **2:40 p.m.**

There will be a mini-reception after the competition, so the program should last until **5 p.m.**

## FUEL YOUR PAINTING PASSION WITH WINE & DESIGN



Painting with Wine & Design is a fun way to create memories and a personal masterpiece, so join us in February and March for a stroke-by-stroke lesson with an artist from the Southern Pines-based company.

Canvases, paintbrushes, paints and smocks will be provided, as well as Mimosas, bubbly and light snacks, for a nominal fee of \$20 per person. Classes will be held **Feb. 1** and **March 8** from **10 a.m.-12 p.m.** in the **Art Studio** at **Belle Meade**. Please RSVP with your concierge at least two days before each class, then submit a check made out to St. Joseph of the Pines.

The painting selections for February and March are flower basket and dragonfly, respectively.

## ARE YOU READY FOR SOME FOOTBALL ‘TAILGATING’?

Super Bowl Sunday is considered by some to be an unofficial national holiday.

Whether you agree or not, plan to attend the Super Bowl LIII tailgate that we have planned at each community. Did you know that Super Bowl Sunday is the second-largest day for U.S. food consumption, after Thanksgiving Day?

The game on **Feb. 3** will be broadcast on the big screen in the **Connor Theatre** at **Pine Knoll** and on the television screens in the **Tally-Ho Pub** at **Belle Meade**.

The tailgate starts at **5:30 p.m.** at each community and concludes at halftime, although the game will remain on in its entirety.

The cost is \$10 per person. Reservations are required by **Feb. 1**. Please call your concierge.

