


Sun	Mon	Tue	Wed	Thu	Fri	Sat
AM-A = Alexander Mack “A” Room AM-B = Alexander Mack “B” Room AW = Artwerks	Café = Stevens Cafe Custer = Custer Room Kruger = Kruger Room, 3rd Floor	LC = Lantz Chapel Major = Major Room, 2nd Floor Shen = Shenandoah Room	Smith = Smith Room 3rd Game = 3rd Floor Game Room HCC=Houff Community Center	DGL=Driver/Gassett Library WC = Wellness Center WW=Wampler Wing	GA=Garber Atrium Administrative Ctr GH=Gardner House	BC = Bridgewater College
FEBRUARY, 2019			Bridgewater Village, Inc.			
					<b>1</b> 8:00 - Chit Chat-Stevens Café 8:45 - Morning Fitness - WC 9 to 3 - BVRA Barn Sale 9:30 - Brain Fitness - WC 1:00-Cards and Games - 3rd game (bus0) 1:30 - Pool Pleasure class 3:15 - Do-Si-Dos Sq. Dancers - Shen	<b>2</b> Wellness Ctr Open (8-12) 8 to 12:30 - Village Barn Sale  2:00 - Dulcimer Jam - Shen  4:45-Pot Luck Dinner - Shen
<b>3</b> (bus 0 to area church)  2:00 - Magical Moments Start with Music - two JMU students - LC  7 p.m. - Vespers - Lantz Chapel Channel 971	<b>4</b> 8:45 - Morning Fitness - WC 9:30 - Muscle Solutions - WC 10:00 - Movement Matters - WC 10:30 Tai Chi/11:00 - Clinic “Healthy Back” - WC 12:00 - Bob Bersson & Friends - Custer 1:00 Cards & Games-3rd Game 1:00 - Afternoon Fitness-WC (bus 0) 1:30 - Pool Pleasure class 2:00 - BVRA Meeting - LC 6:30 - Wii Bowling - Shen	<b>5</b> 8:45 - Morning Fitness - WC (bus0) 9:30 - Valley Mall shopping 10 to 4 ReRun Shoppe 1/2 price clothing & linens sale (also 8th) 10:00 - Wood Carving - Shen 12:45 - Village Bible Study (VBS) - Shen 1:45 - Line Dancing - Shen (bus1)5:00 - Supper Club to GC 7:00 - Billiards - 2nd floor billiards	<b>6</b> (bus0) 9:00 - Food Lion 9:00 - YOGA - WC 10:00-Valley Ukulele Players-shen 1:00 - Afternoon Fitness - WC 1:00 Cards & Games-3rd Game (bus 0) 1:30 - Pool Pleasure class 2:30 - Choir Practice - LC 3:30 - Clinic “Healthy Back” - WC 6:30 - Wii Bowling-Shen 6:30 - Old Time Jam Session-Spitzer	<b>7</b> 9:00-Movement Matters- WC 9:30 - Muscle Solutions - WC 10:00 - Tai Chi - WC 2:00 - Cooking with Fred - Shen 3 to 4:30 - Wellzesta Help Desk 3:30 - Grief Support Mt.- kruger  6:00 - Board Game Night - Shen	<b>8</b> 8:00 - Chit Chat-Stevens Café 8:45 - Morning Fitness - Shen 9:30 Coffee with Sarah -Custer 9:30 - Brain Fitness - WC 10 to 2 pajama/valentine party - B&B 10:30 to 11:00 - Wellzesta Help Desk (bus1) 11:30 - Meadow Lane Lunch 1:00-Cards and Games - 3rd game (bus 0) 1:30 - Pool Pleasure class	<b>9</b> Wellness Ctr Open (8-12) 10:00 - Coffee Party - Shen (bus1) 7:15 Piano Duo/EMU 4:45-Pot Luck Dinner - Shen <u>Feb. 8 (Friday)</u> <u>3:15 - Do-Si-Dos Square Dancers - Shen</u> <u>7:00-Open Doors Loads of Love</u>
<b>10</b> (bus 0 to area church)  7p.m. - Vespers - Lantz Chapel Channel 971	<b>11</b> 8:45 - Morning Fitness - WC 9:30 - Muscle Solutions - WC 10:00 - Movement Matters - WC 10:30 - Tai Chi 11:00 - “Healthy Back”-Clinic - WC 1:00 - Cards & Games-3rd Game 1:00 - Afternoon Fitness - WC (bus0) 1:30 - Pool Pleasure class 6:30 - Wii Bowling - Shen	<b>12</b> 8:45 - Morning Fitness - Shen 10 to 4 ReRun Shoppe 1/2 price clothing/linens sale (ends 15th) 10:00 - Dulcimer Class - Shen 12:45 - Village Bible Study (VBS) - Shen 1:45 - Line Dancing - GH 7:00 - Billiards - 2nd floor billiards	<b>13</b> (bus 0) 9:00-WalMart/ YOGA - WC 10:00-Valley Ukulele Players-shen 10:00 - Coffee with the President - Custer 1:00 Cards & Games-3rd Game 1:00 - Afternoon Fitness - WC (bus 0) 1:30 - Pool Pleasure class 2:30-Choir Practice-LC/3:30 H. Back-WC 6:30 - Wii Bowling - Shen 6:30-Old Time Jam Session-Spitzer	<b>14</b> 9:00 Movement Matters - WC 9:30 - Muscle Solutions - WC 10:00 - Tai Chi - WC 11:15 - M.T. Residents' Lunch - Shen 2:30 - Dining Services A.C. Meet - kruger 2:30 - HYMN SING - Shen 3:30 - Grief Support Mt.- kruger 4:30 to 6 - Harp Music - Custer	<b>15</b> 8:00 - Chit Chat-Stevens Café 8:45 - Morning Fitness - Shen 9:30 - Brain Fitness - WC 1:00-Cards and Games - 3rd game (bus0) 1:30 - Pool Pleasure class 3:15 - Do-Si-Dos Sq. Dancers - Shen (bus1) 7:15 Opera Spotlight - An Evening in Paris-JMU Forbes Center	<b>16</b> Wellness Ctr Open (8-12)   4:45-Pot Luck Dinner - Shen
<b>17</b> (bus 0 to area church)  2:00 - Adult Coloring Time with Susan Albers - Shen  7p.m. - Vespers - Lantz Chapel Channel 971	<b>18</b> 8:45 - Morning Fitness - WC 9:30 - Muscle Solutions - WC 10:00 - Movement Matters - WC 10:00 - Fried Cherry Pies - Shen 10:30 - Tai Chi - WC 11:00 - Healthy Back Clinic - WC 1:00 Cards & Games - 3rd Game 1:00 - Afternoon Fitness - WC (bus0) 1:30 - Pool Pleasure class 6:30 - Wii Bowling - Shen	<b>19</b> 8:45-Morning Fitness - Shen 10:00 - Wood Carving - Shen (bus0&1) 11:00 Way/Rose Lunch 12:45 - Village Bible Study (VBS) - Shen 1:45 - Line Dancing - Shen 7:00 - Billiards - 2nd floor billiards	<b>20</b> (bus0)9:00 Bridgewater Foods/Yoga WC 10:00-Valley Ukulele Players-shen 1:00-Aft. Fitness-WC/Cards & Games-3rd Game (bus 0) 1:30 - Pool Pleasure class 2:30 - Choir Practice - LC 3:30 Healthy Back Clinic-WC 6:30 - Wii Bowling - Shen 6:30 - Memory Support Group - Kruger 6:30-Old Time Jam Session-Spitzer	<b>21</b> 9:00-Movement Matters WC 9:30 - Muscle Solutions - WC 10:00 - Tai Chi - WC 3:30 - Grief Support Mt.- kruger  4 to 5:30 - Cook Dinner or 5:45 to 7:45 Serve Dinner to the Bridgewater Rescue Squad	<b>22</b> 8:00 - Chit Chat - Stevens Café 8:45 - Morning Fitness - Shen 9:30 - Brain Fitness - WC 1:00-Cards and Games - 3rd game (bus0) 1:30 - Pool Pleasure class  2:00 - Birthday Party - Shen 3:15 - Do-Si-Dos Sq. Dancers - Shen	<b>23</b> Wellness Ctr Open (8-12)  (bus1) 1:00 - Montezuma Pork Tenderloin Dinner  4:45-Pot Luck Dinner - Shen
<b>24</b> (bus 0 to area church)  7p.m. - Vespers - Lantz Chapel Channel 971 ----- <u>Feb. 25 (Monday)</u> 2:00 - 9 x 10 Group - Major 6:30 - Wii Bowling - Shen	<b>25</b> 8:00 - ROMEO 8:45 - Morning Fitness - WC 9:30 - Muscle Solutions - WC 10:00 - Movement Matters - WC 10 to 11:30 - Open House at Woodwerks 10:30 - Tai Chi - WC 11:00 - Healthy Back Clinic - WC 1:00 - Cards & Games-3rd Game 1:00 - Afternoon Fitness - WC (bus0) 1:30 - Pool Pleasure class	<b>26</b> 8:45 - Morning Fitness-Shen 10:00 - Dulcimer Class - Shen 10:00 - BOOK CLUB - Kruger 12:45 - Village Bible Study (VBS) - Shen 1:45 - Line Dancing - Shen 2:00 - B. Home Auxiliary Winter Meeting - LC 7:00 - Billiards - 2nd floor billiards	<b>27</b> (bus0) 9:00 WalMart/Yoga - WC 10:00-Valley Ukulele Players-shen 1:00 - Afternoon Fitness - WC 1:00 Cards & Games-3rd Game (bus 0) 1:30 - Pool Pleasure class 3:30 Healthy Back Clinic-WC 3:30 - Choir Practice - LC 6:30 - Wii Bowling - Shen 6:30-Old Time Jam Session-Spitzer	<b>28</b> 9:00 Movement Matters WC 9:30 - Muscle Solutions - WC 9:30 - Coffee with Sarah - Custer 10:00 - Tai Chi - WC 2:00 Movie: <i>First Man</i> - Shen 3:30 - Grief Support Mt.- kruger	<b>Mar1</b> 8:00 -Chit Chat - Stevens Café 8:45 - Morning Fitness - Shen  9:30 - Brain Fitness - WC  1:00-Cards and Games - 3rd game (bus0) 1:30 - Pool Pleasure class 3:15 - Do-Si-Dos Sq. Dancers - Shen	<b>March2</b> Wellness Ctr Open (8-12)  2:00 - Dulcimer Jam - Shen   4:45 - Pot Luck Dinner - Shen