

March 2019

• Friendship Village of Kalamazoo • 1400 North Drake Road • Kalamazoo, MI 49006 • 269-381-0560

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div><div>Room Key: K- Kiva C- Commons CC- Commons Conf. CL- Commons Living Rm. CR- Craft Room R- Recreation Room FC- Fitness Center FL- Fitness Lounge GFS- Group Fitness Studio WCL- Woodside Cedar Lounge</div><div><div>Coffee is available daily at 2:30 in the Café</div><div><div>FRIENDSHIP VILLAGE</div><div>Senior Living Community</div><div>WHERE CONNECTIONS MATTER</div></div></div><div><div>Dimensions of Wellness</div><div><div><div></div><div>Emotional</div></div><div><div></div><div>Environmental</div></div><div><div></div><div>Health Services</div></div><div><div></div><div>Intellectual</div></div><div><div></div><div>Physical</div></div><div><div></div><div>Social</div></div><div><div></div><div>Spiritual</div></div><div><div></div><div>Vocational</div></div></div><div><div>SPECIAL EVENTS</div><div>WELLNESS EVENTS</div><div>EDUCATIONAL EVENTS</div></div></div></div></div>						
					<div>1 10:00 Current Events Discussion -CC 10:00 Bible Study -A-1 10:30 First Presbyterian Church brings your new Deacons to you! -WCL 11:00 Chorus -K 11:30 Stretch and Strength 1:15 Seniors of Strength 2:00 Artist Chat with David Elhart -K 3-5 Open Bridge –Café 7:00 Wii Bowling w/Jenny -K</div>	<div>2 LV 10 :00 Mall Run & Trader Joes 11:00 Play Reading Club-CC 11:00 to 11:45 Fontana Crybabies Concert in the Kiva LV12:30 Kalamazoo 10 Movie with Ashley Opera: La Fille Du Regiment 3:00 Jane Pearson Piano Student Recitals- K 7:00 Bingo -GFS</div>
<div>3 2:00 Vespers With Mark Roberts -K 4:00 Wii Bowling With Bob -K 6:30 Evening Vespers Service Rebroadcast with First United Methodist Church in the Kiva</div>	<div>4 9:30 Interval 11:00 Parkinson's Exercise 11:30 NO Apple Device Classes by Cheri -B-1 1:00 Needlers-B-1 1:15 Seniors of Strength 2:00 My Brain is Strong and Healthy -K LV6:45 River City Band Otsego Middle School Auditorium</div>	<div>5 9:30 Better Balance 10:00 Reading Circle With Cheri -A-1 10:30 Rosary-B-1 LV10:30 KARSP 11:30 Stretch and Strength 1:00 Ashley's Lexington Trip Adventure Information Meeting -CC 1:00 Senior Yoga 2:00 Chair Yoga 3:00 Creative Writing w/Wilma-CC 3-5 Open Bridge -Café 3:00 Portage Senior Center Band -K 3:00 Dance with Parkinson's 7:00 Pinochle -CL 7:15 Kiva Movie: Dirty Harry</div>	<div>6 9:30 Interval 9:45 Tall Tales Presents Bob Andrews Why not to buy a Jaguar - K 10:00 NO Music Together 11:00 Men's Chorus -GFS 1:00 Video Production -B-1 Michigan Hometown Saugatuck/Douglas 1:00 Father Harry Potter Ash Distribution & Communion -K 1:15 Seniors of Strength 3:30 Happy Hour -Cafe 4-6 WMU LLL Women: Folk & Blues -K 7:15 Scrabble -CL</div>	<div>7 9:30 Better Balance 10:00 Kitchen Band -K 10:00 Reading Circle With Cheri -CC 10:45 Joyful Living B-1 Through Mindfulness 11:00 Parkinson's Exercise 1:00 Betsy's Corner -K 1:15 Advanced Fitness 2:00 Hearing Clinic B-1 2:15 Learning Alexa -K (Come discover the wonders of Alexa and Voice activated technology)</div>	<div>8 10:00 Current Events Discussion -CC 10:00 Bible Study -A-1 11:00 Chorus -K 11:30 Stretch and Strength 1:00 4 Gospels in 5 Weeks By Dr. Harry Eberts -K 1:15 Seniors of Strength 3:00 Peace Jam Students from Loy Norrix discuss Travel Log (India) -K 3-5 Open Bridge –Café 6:00 Employee Family Game Night in the Kiva</div>	<div>9 LV 10 :00 Mall Run & Trader Joes 10:00 Computer Help, Talk and Learn with Rob -K 2:00 Suzuki Academy Student Recitals -K LV 6:30 Kalamazoo Symphony Mahler's 5th</div>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>10</div> <div>2:00 Vespers With Mark Roberts –K LV 2:15 Kalamazoo Singer Concert 4:00 Wii Bowling With Bob -K</div> <div>6:30 Evening Vespers Service Rebroadcast with First United Methodist Church in the Kiva</div>	<div>11</div> <div>9:30 Interval 10:00 B-Day Social Hour-WCL 11:00 Parkinson’s Exercise 11:00 Card Makeovers -CC 11:30 Apple Device Classes by Cheri -B-1</div> <div>1:00 Needlers-B-1 1:15 Seniors of Strength 12:00 to 1:00 Pearl Vision Eyeglass Cleaning Clinic -C</div> <div>7:00 Bingo -GFS</div>	<div>12</div> <div>9:30 Better Balance 10:00 Resident Council-K 10:30 Rosary-B-1 11:00 First Congregational Church Fellowship Gr. CC 11:30 Stretch and Strength</div> <div>1:00 Senior Yoga 1-3 WMU LLL Digital Theater -K 2:00 Chair Yoga 3:00 Creative Writing w/Wilma-CC 3-5 Open Bridge –Café 3:00 Dance with Parkinson’s 3:30 House Plant Club -CR 4:00- 5:30 Parkinson’s Support Group -K</div> <div>7:00 Pinochle -CL 7:15 Kiva Movie: If it’s Tuesday it Must be Belgium</div>	<div>13</div> <div>LV 8:30 Women Brkfst Anna’s House 9:30 Interval 10:00 Music Together WS Activity Room 10:00 From the Workbench with Brandon -K 11:00 Men’s Chorus –GFS 12:00 UMC Luncheon –DR 1:15 UMC Program & Communion -WCL 1-3 WMU LLL Digital Theater -K 1 to 4 Oshtemo Branch Library at FV Library 1:15 Seniors of Strength 3:30 Happy Hour -Cafe 4-6 WMU LLL Women: Folk & Blues - K LV5:30 from WMU 6:00 Resilience -GFS 7:00 Fine Films & Talk with Joe: Searching 7:15 Scrabble -CL</div>	<div>14</div> <div>9:30 Better Balance 10:00 Kitchen Band -K 10:00 Reading Circle With Cheri -CC 10:45 Joyful Living B-1 Through Mindfulness 11:00 Parkinson’s Exercise</div> <div>1-3 WMU LLL Digital Theater -K 1:00 Amigo Mobility Safety Clinic -GF Kitchen 1:15 Advanced Fitness</div> <div>LV 5:15 Michigan Re-Discovered at KVCC</div> <div>7:00 Pinochle -CL</div>	<div>15</div> <div>Wear Green Day!! 10:00 Current Events Discussion -CC 10:00 Bible Study -A-1 11:00 Chorus -K 11:30 Stretch and Strength</div> <div>1:00 4 Gospels in 5 Weeks By Dr. Harry Eberts -K 1:15 Seniors of Strength 2:00 Book Nook B-1 3-5 Open Bridge –Café</div> <div>7:00 Wii Bowling with Jenny -K</div>	<div>16</div> <div>LV 10 :00 Mall Run & Trader Joes</div> <div>11:00 Play Reading Club-CC</div> <div>2:00 Hazeltree Irish Trio -K Irish Coffee’s will be served!</div> <div>7:00 Bingo -GFS 7:15 Ralph’s Movie The Hate U Give</div>
<div>17</div> <div>LV 1:15 Farmers Alley The Curious Incident of the Dog in the Night-Time</div> <div>2:00 Vespers With Mark Roberts -K 4:00 Wii Bowling With Bob -K 6:30 Evening Vespers Service Rebroadcast with First United Methodist Church in the Kiva</div>	<div>18</div> <div>9:30 Interval 10:30 Veteran’s Club -WCL 11:00 Parkinson’s Exercise 11:30 Apple Device Classes by Cheri -B-1</div> <div>1:00 Needlers -B-1 1:15 Seniors of Strength 2:00 Town Hall Gathering -K New Resident Introduced 6:15 Sing Along w/ Marilyn -C</div>	<div>19</div> <div>9:30 Better Balance 10:00 Reading Circle -CC 10:30 Rosary-B-1 11:30 Stretch and Strength</div> <div>1:00 Senior Yoga 2:00 Chair Yoga</div> <div>3:00 Creative Writing w/Wilma-CC 3-5 Open Bridge –Café 3:00 Dance with Parkinson’s LV 4:30 Dinner at The Local 7:00 Pinochle -CL 7:15 Kiva Movie: Pink Panther</div>	<div>20</div> <div>9:30 Interval 10:00 Music Together WS Activity Room 10:30 Low Vision Support Group -A-1 11:00 Men’s Chorus -GFS</div> <div>1:00 Video Production -B-1 Kirill Gerstein, Gilmore Artist 1:15 Seniors of Strength 3:30 Happy Hour -Cafe</div> <div>7:15 Scrabble -CL</div>	<div>21</div> <div>9:30 Better Balance 10:00 Kitchen Band -K 10:00 Reading Circle With Cheri -CC 10:45 Joyful Living B-1 Through Mindfulness 11:00 Parkinson’s Exercise</div> <div>1:15 Advanced Fitness 2:00 Third Thursday -K Brandon Pierce 7:00 Pinochle -CL 7:15 Reading Together Student Discussion -K</div>	<div>22</div> <div>10:00 Current Events Discussion -CC 10:00 Bible Study -A-1 11:00 Chorus -K 11:30 Stretch and Strength</div> <div>1:00 4 Gospels in 5 Weeks By Dr. Harry Eberts -K 1:15 Seniors of Strength 3-5 Open Bridge –Café</div> <div>7:00 Wii Bowling NO Jenny -K</div>	<div>23</div> <div>9:00 Conscious Aging Class with Ruth Eichler Part 1 -K (You must sign up to attend this 4 part class)</div> <div>LV 10 :00 Mall Run & Trader Joes</div> <div>LV6:45 Kalamazoo Concert Band at Chenery Dancing on Airs</div>
<div>24</div> <div>LV1:15 Civic Theater at Carver Center: Ripcord 2:00 Vespers With Mark Roberts -K 4:00 Wii Bowling With Bob -K 6:30 Evening Vespers Service Rebroadcast with First United Methodist Church in the Kiva</div> <div>31</div> <div>2:00 Vespers With Mark Roberts -K 4:00 Wii Bowling With Bob -K 6:30 Evening Vespers Service Rebroadcast with First United Methodist Church in the Kiva</div>	<div>25</div> <div>9:30 Interval 11:00 Parkinson’s Exercise 11:00 Card Makeovers -CC 11:30 Apple Device Classes by Cheri -B-1</div> <div>1:00 Needlers-B-1 1:15 Seniors of Strength 3:30 Ted Talks with Ken –K</div> <div>7:00 Bingo -GFS</div> <div></div> <div><div>SPECIAL EVENTS</div><div>WELLNESS EVENTS</div><div>EDUCATIONAL EVENTS</div></div>	<div>26</div> <div>9:30 Better Balance 10:00 Reading Circle -CC 10:30 Rosary-B-1 11:30 Stretch and Strength LV 11:00 Out to Lunch Olive Garden 1:00 Senior Yoga 2:00 Chair Yoga 3:00 Creative Writing w/Wilma-CC 3-5 Open Bridge –Café 3:00 Dance with Parkinson’s 7:00 Pinochle -CL 7:15 Kiva Movie: Chariots of Fire</div>	<div>27</div> <div>9:30 Interval 10:00 Music Together WS Activity Room 10:00 Catholic Mass -K with Father Potter 11:00 Men’s Chorus –GFS</div> <div>1 to 3 Oshtemo Branch Library at FV Library 1:15 Seniors of Strength 3 to 4 Oshtemo Branch Book Club in B-1 Lounge 3:30 Happy Hour -Cafe LV5:30 from WMU Bernhard Center 6:00 Resilience -GFS 7:15 Scrabble -CL</div>	<div>28</div> <div>9:30 Better Balance 10:00 Kitchen Band -K 10:00 Reading Circle With Cheri -CC LV 10:30 DAY TRIP TO MEIJER GARDEN BUTTERFLY TRIP 10:45 Joyful Living B-1 Through Mindfulness 11:00 Parkinson’s Exercise</div> <div>1-3 WMU LLL Digital Theater -K 1:15 Advanced Fitness 2:00 Episcopal Eucharist -B-1 7:00 Pinochle -CL</div>	<div>29</div> <div>9:00 Men’s Breakfast -Café 10:00 Current Events Discussion -CC 10:00 Bible Study -A-1 11:00 Chorus -K 11:30 Stretch and Strength</div> <div>1-3 WMU LLL Digital Theater -K 1:15 Seniors of Strength 2:30 Low Vision Workshop With Mary LeVeque -GFS 3-5 Open Bridge -Café</div> <div>7:00 Wii Bowling w/Jenny -K</div>	<div>30</div> <div>LV 9:15 Kalamazoo Candle Co. with Ashley LV 10 :00 Mall Run & Trader Joes 10:00 Computer Help, Talk and Learn with Rob -K LV 7:15 Gold Company Jazz Invitational \$15.00 at door Dalton Recital Hall</div> <div><div>Room Key:</div><div>K- Kiva</div><div>C- Commons</div><div>CC- Commons Conf.</div><div>CL- Commons Living Rm.</div><div>CR- Craft Room</div><div>R- Recreation Room</div><div>FC- Fitness Center</div><div>FL- Fitness Lounge</div><div>GFS- Group Fitness Studio</div><div>WCL- Woodside Cedar Lounge</div></div>