

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>  <div> ★Be Active ★Nature ★Spiritual ★Be connected ★Be Creative ★Be Entertainment </div> </div> <div> <h1>March 2019</h1> <h2>Naomi House " Vitality Enrichment"</h2> </div> <div>  </div>						
10:30 Rosary-C 11:00 Mass –C 2:00 Bingo (Pay as you go) NMR	3★9:30 Cardio AR1 9:30 Shop Ruler Foods 12:45 Gym Equipment Instructions w/ Alana Fitness Rm 1:30 Senior Fitness NH Fitness ★2:00 Make Your own Mardi Gras Masks.AR2	4★9:30 Vitality Ballet Exercise Movements AR1 9:30 Walgreens ★2:00Mardi Gras Party w/ The Queen of Swings AR1 &2 2:00 Mats for the Homeless VH 2 nd Fl. Media Rm Mardi Gras	5Ash Wednesday Distribution Of Ashes 9:30 Senior Fitness AR1 ★1:30 Balance Class AR! ★3:00 Bingo AR1 Happy B. Day Mary Lou Pankoke Ash Wednesday	6★9:30 Chair Yoga w/ Carol AR 9:30 Shop Dollar General 10:00 Heavenly Hash w SR. Rose VhKit ★1:30 Belles of Sarah AR1 2:00 Mats for the Homeless VH 2 nd Fl. Media Rm 3:00 Women in the Bible NMR ★6:30 Movie –Channel 7 My Wild Irish Rose w/ Dennis Morgan	7★9:30 Music & Motion w/ Sherry AR1 12-4 Adoration –C 1:30 Book Mobile –L ★2:00 Happy Hour w/ Vince Martin AR2	10:30 Rosary-C 11:00 Mass –C Happy B. Day Ruth Huntoon
10:30 Rosary-C 11:00 Mass –C 2:00 Bingo (Pay as you go) NMR ★3:00 Irish School of Dance Performs. AR1 &2  Daylight Saving Time Begins	10★9:30 Cardio AR1 1:00 Shop Schnucks ★1:30 Senior Fitness NH Fitness ★2:00 Parkinson' Support w/ Dr.. Levy of Pharmacy Medicines and Interactions AR 2 ★3:00 Art Experience w/ Carla AR2	11900 Tony's Donuts AR2 ★9:30 Vitality Ballet Exercise Movements AR1 11:00 Bishop Rivituso in Mass (Residents Only) 1:30 Food Committee NH D. R. 2:00 Mats for the Homeless VH 2 nd Fl. Media Rm ★2:00 Bingo AR1 ★3:00 Travel Time w/ Jean A Celtic Treasure AR1 3:00 Bible Study w/ Fr. Pio Ar2	12★9:30 Senior Fitness AR1 9:30 Bus Tour at Dog Town Lunch at Seamus McDaniels ★1:30 Balance Class AR! ★1:30 Travel Time – The Emerald Isle AR1 ★3:00 St. Pats Bingo AR1 \$\$ & Prizes	13★9:30 Chair Yoga w/ Carol AR1 9:30 Shop Walmart ★11:15 Breaking Bread St. Patrick w/ Entertainment By Bill & Son Singing Irish Tunes 2:00 Mats for the Homeless VH 2 nd Fl. Media Rm ★2:00 Travel Time –Celtic – Mystical Journey AR1	149:30 Donuts w/ The Director NL★9:30 Music & Motion w/ Sherry AR1 10-10:45 Confessions-C ★1:30 Book Mobile –L 2:00 Stations of the Cross-C ★2:45 Movie AR1 "Brooklyn' A young Irish Immigrant navigates through Brooklyn in 1950s	1610:30 Rosary-C 11:00 Mass –C
10:30 Rosary-C 11:00 Mass –C 2:00 Bingo (Pay as you go) NMR St. Patrick's Day	17★9:30 Cardio AR1 9:30 Shop Aldi;s ★12:30 Book Club " The Girl w/The Pearl Earring by Tracy Chevalier ★1:30 Senior Fitness NH Fitness 3:15 Happy Hour w/ Entertainment by ' Bryan Foggs NL	18Solemnity of St. Joseph ★9:30 Vitality Ballet Exercise Movements AR1 11:30 Lunch at Chick –Fill-A ★2:00 Mats for the Homeless VH 2 nd Fl. Media Rm ★2:00 Bingo AR1	19★9:30 Senior Fitness AR1 930 Shop Dollar Tree ★1:30 Balance Class AR1 ★1:30 Am Vets Post 122 MeetingAR2 "Annual Person of the Year Award" ★3:00 Bingo AR1 6:30 Movie – Channel 7 "Rugged Gold" Happy B. Day Mary Ann Campbell Spring Begins	20★9:30 Chair Yoga w/ CarolAR1 ★1:30 Belles of Sarah AR1 2:00 Mats for the Homeless VH 2 nd Fl. Media Rm 2:00 Peace Pole Prayer -C 3-4 Contemplative Prayer NH 2 nd Fl Back LR 6:30 Piano by Rehka AR2 Happy B. Day Martha Darling Purim	21★9:00 Symphony Coffee Concert Franck's D Minor ★9:30 Music & Motion w/ Sherry AR1 ★1:30 Book Mobile –L 2:00 Stations of the Cross-C 1:30 4:00 Sale into Spring AR1 Resident Donations & The Clothesmobile Resale Shop Will be here.with different items	2310:30 Rosary-C 11:00 Mass –C ★1:30 Video & Discussion w/ Marlene AR! Story of Susan B. Anthony
10:30 Rosary-C 11:00 Mass –C 2:00 Bingo (Pay as you go) NMR	24Annunciation of Mary ★9:30 Cardio AR1 9:30 Shop Schnucks 12:30 Post Office ★12:45 Gym Equipment Instructions w/ Alana Fitness Rm ★1:30 Senior Fitness NH Fitness ★1:30 Ceramics w/ Mary AR2 2:30 Town Hall AR1 w/ Pattonville Fire Dept.	25★9:30 Vitality Ballet Exercise Movements AR1 9:30 Shop Target ★2:00 Mats for the Homeless VH 2 nd Fl. Media Rm 2:00 Bingo AR1 ★3:00 Bible Study w/ Fr/ Pio AR2	269:00 Waffle Wed. AR1 ★9:30 Senior Fitness AR1 ★3:00 Bingo AR1 ★6:30 Movie-Channel 7 "Month of Sundays"	27★9:30 Chair Yoga w/ Carol AR1 9:30Trip to St. Louis Mercantile Library w/ Rev. Victoria ★12:00 March Birthday Lunch AR2 w/Lee's Chicken & Fun games & Prizes 2:00 Mats for the Homeless VH 2 nd Fl. Media Rm ★3:00 Ecumenical Worship Service	28★9:30 Music & Motion w/ Sherry AR1 10-10:45 Confessions-C ★1:30 Book Mobile –L 2:00 Stations of the Cross-C ★2:30 Community Birthday Party w/entertainment By Miss Jubilee AR2	3010:30 Rosary-C 11:00 Mass –C Happy B. Day Amelia Yates
10:30 Rosary-C 11:00 Mass –C 2:00 Bingo (Pay as you go) NMR	<div>  <div> <h3>March High Lights</h3> <p>Mardi Gras Party –Tuesday, March 5 at 2:00</p> <p>Travel Time w/ Jean- A Celtic Voyage March 12-14. Celtic Treasures 12 at 3pm The Emerald Isle 13th at 1:30p Mystical Journey 14th 2:00 AR1</p> <p>Breaking Bread Celebrates St. Patrick along with Irish Tunes by Bill R.& Son March 14 at 11:15am</p> <p>Rosary & Mass Daily in Marion Chapel</p> <p>Rosary at 10:30am Mass at 11:00am</p> </div>  </div>					