

# livfun

## Broadway Proper

MAY 2019 • BLOSSOM AND BLOOM

## Summer Is on Its Way!

May is here at Broadway Proper, and we have some great things to look forward to this month! With the temperatures rising, please remember to wear a hat or sunscreen if you're outside, and drink plenty of water! Staying hydrated is the best thing you can do for your body during these upcoming summer months. Don't forget to join Joel out by the pool Tuesday/Thursday mornings at 10 a.m. for Water Aerobics to kick-start your morning!

Check out the upcoming events happening at our community this May:

**Wednesday, May 1:** Don't miss the Powerchair Dance Performance at 2 p.m. before Happy Hour!

**Friday, May 3:** Beer & Brats at Noon

**Monday, May 6:** Casino Trip leaving at 12:30 p.m.

**Tuesday, May 7:** Amity Circle Tree Ranch Choir will be joining us at 11 a.m. in the Lobby, and later on at 2 p.m., don't miss Chef's Corner in the Dining Room

**Wednesday, May 8:** Watercolor Workshop at 11 a.m. in the Multipurpose Room and an Activity Meeting at 1 p.m. in the Activity Room

**Friday, May 10:** Shopping at El Con Mall leaving at 11 a.m.

**Saturday, May 11:** Mother's Day High Tea from 1-2 p.m. in the Dining Room

**Sunday, May 12:** Mother's Day Buffet at 11 a.m. in the Dining Room

**Thursday, May 16:** May's Resident Meeting at 2 p.m.

**Friday, May 17:** Southern Arizona Transportation Museum excursion leaving at 11 a.m.

**Saturday, May 18:** Breakfast excursion leaving at 7 a.m.

**Tuesday, May 21:** Audiology Talk with Susan Tek at 1 p.m. in the Multipurpose Room

**Wednesday, May 22:** Watercolor Workshop at 11 a.m. in the Multipurpose Room

**Friday, May 24:** Craft Hour with Megan at 11 a.m.

**Sunday, May 26:** Tucson Pops Orchestra at Reid Park leaving at 5:30 p.m.

**Monday, May 27:** Memorial Day Reminiscing & Poppy Craft at 11 a.m.

**Friday, May 31:** Murphy-Wilmot Library leaving at 11 a.m.

Make sure to sign up for all our wonderful excursions on the 2nd Floor Activity Wall!

*(Photos continued on back)*



*George and Bettie Wakabayashi had a great time at the butterfly exhibit!*



*We had such a fun day visiting with over 100 species of butterflies!*



## The History of Memorial Day

Observed with ceremonies and parades, Memorial Day honors the men and women who gave their lives while serving in the U.S. military.

After the Civil War ended in 1865, people in various cities began decorating the graves of fallen soldiers with flowers, flags and wreaths. This inspired Maj. Gen. John A. Logan, the head of a veterans organization, to designate May 30, 1868, as Decoration Day, a national day of remembrance. It's believed that date was chosen because it didn't fall on the anniversary of any battle, and spring flowers would be in bloom all over the country.

On that first Decoration Day, a large ceremony was held at Arlington National Cemetery in Washington, D.C. Officials gave speeches, and more than 5,000 people placed small American flags on the graves of 20,000 Civil War soldiers.

After World War I, Decoration Day was expanded to honor fallen soldiers from all wars. An act of Congress officially renamed it Memorial Day in 1967, and one year later, a public law made it a federal holiday to be celebrated on the last Monday in May.



*Join us Monday, May 27, at 11 a.m., as we make Poppy flowers in remembrance of those lost.*



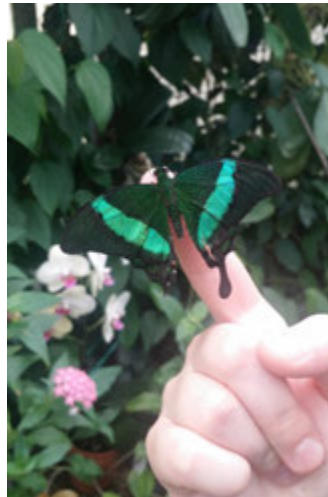
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Birthdays</b> Lois Holmes, 2nd Wayne Boothe, 5th George Keyes, 7th Loretta Stuedler, 9th Norma Miller, 10th Linda Fix, 10th Bonnie Ludwig, 11th Judy Overby, 11th Ruthanne Brown, 12th	Patricia Jones, 13th Jo Heath, 13th Sylvia Cohn, 16th Nawana Babers, 17th Carol Stern, 18th Eugene Bertrand, 26th John Cox, 30th Linda Folliot, 30th	Wednesday & Thursday, 8 a.m.-2 p.m.: Doctors (VA, 8:30 a.m.) Wednesday, 11 a.m.-12:30 p.m.: Fry's, Chase Bank Wednesday, 1-2:30 p.m.: Walmart Thursday, 1-2:30 p.m.: Walmart Friday, 8-11 a.m.: Doctors Friday, 1:30-2:30 p.m.: Trader Joe's (1st Friday) Friday, 1:30-2:30 p.m.: Target (2nd Friday) Friday, Various: Excursion as Scheduled Sunday, 8 a.m.-12:30 p.m. : Churches	<b>MAY DAY</b> 1 10:00 PrimeFit Flexercise, AR 10:30 Balance & Stability, AR 1:00 Billiards Group!, BA 2:00 Powerchair Dancing Performance, L 3:00 Happy Hour with Manny Herrera, L 6:30 Mexican Train Dominoes, MP	2 10:00 Water Aerobics, PS 10:00 Vendor: Darlene's Cards & Gift Bags, L 11:00 Wii Bowling, MP 1:00 Inspiration, Christian- Based Fellowship, MP 3:00 Chair Yoga, AR 3:30 Qigong, AR 6:00 Phase 10 Card Game, MP 7:00 Bingo, AR	3 10:00 PrimeFit Flexercise, AR 10:30 Balance & Stability, AR 12:00 Beer & Brats!, DR 1:00 Billiards Group!, BA 1:00 Hand & Foot Cards, AR 3:00 Hand Working Group, 2ndA 6:00 Rummikub, MP 6:30 Coed Poker, AR	4 10:00 Powerchair Dancing with Donna, AR 10:00 Vendor: Paparazzi \$5 Jewelry, L 1:00 Skip-Bo, MP 2:00 Wii Bowling, MP 6:30 Music Social with Ginny, L 7:00 Night at the Movies with Popcorn, MP
5 8:00 Various Church Runs, Van 9:30 Catholic Services, AR 1:00 Billiards Group!, BA 2:00 Movie Sunday, MP 7:00 Bingo, AR	6 9:30 Writing Group, MP 10:00 PrimeFit Flexercise, AR 10:00 Vendor: LNR, L 10:30 Balance & Stability, AR 12:30 Casino Trip, Van 1:00 Billiards Group!, BA 1:00 Hand & Foot Cards, AR 1:00 Scooter/Walker Washing & Repair, L 1:00 Health & Wellness Clinic, BA 1:00 Exploring the Bible, MP 6:30 Resident Support Group, MP	7 10:00 Paint for Fun with Sarafina, MP 10:00 Water Aerobics, PS 11:00 Amity Circle Tree Ranch Choir, L 12:00 Vendor: Salik Jewelry Appraisal, L 1:00 Bean Bag Toss, AR 2:00 Chef's Corner with Chef John, DR 3:00 Chair Yoga, AR 3:30 Qigong, AR 7:00 Pokeno, AR	8 10:00 PrimeFit Flexercise, AR 10:30 Balance & Stability, AR 11:00 Watercolor Workshop, MP 1:00 Billiards Group!, BA 3:00 Happy Hour with Spitfire & The Sailor, L 6:30 Mexican Train Dominoes, MP	9 10:00 Water Aerobics, PS 10:00 Vendor: Mai's Jewelry, L 11:00 Wii Bowling, MP 1:00 Inspiration, Christian- Based Fellowship, MP 3:00 Chair Yoga, AR 3:30 Qigong, AR 6:00 Phase 10 Card Game, MP 7:00 Bingo, AR	10 9:30 Vendor: Pat's Sew N' So, L 10:00 PrimeFit Flexercise, AR 10:30 Balance & Stability, AR 11:00 Shopping at El Con Mall, Van 1:00 Hand & Foot Cards, AR 1:00 Billiards Group!, BA 2:00 Jewish Sabbath Service, MP 3:00 Hand Working Group, 2ndA 6:00 Rummikub, MP 6:30 Coed Poker, AR	11 10:00 Powerchair Dancing with Donna, AR 1:00 Table Tennis with Raymond, L 1:00 Skip-Bo, MP 1:00 Mother's Day High Tea, DR 2:00 Wii Bowling, MP 6:30 Music Social with Ginny, L 7:00 Night at the Movies with Popcorn, MP
12 <b>MOTHER'S DAY</b> 8:00 Various Church Runs, Van 9:30 Catholic Services, AR 11:00 Mother's Day Buffet, DR 1:00 Billiards Group!, BA 2:00 Movie Sunday, MP 7:00 Bingo, AR	13 10:00 PrimeFit Flexercise, AR 10:00 Vendor: LNR Jewelry, L 10:30 Balance & Stability, AR 12:00 Monday with Millay, AR 1:00 Billiards Group!, BA 1:00 Hand & Foot Cards, AR 1:00 Health & Wellness Clinic, BA 1:00 Exploring the Bible, MP 1:00 DMAFB, Van 6:30 Resident Support Group, MP	14 10:00 Water Aerobics, PS 1:00 Bean Bag Toss, AR 3:00 Chair Yoga, AR 3:30 Qigong, AR 7:00 Pokeno, AR	15 10:00 PrimeFit Flexercise, AR 10:30 Balance & Stability, AR 1:00 Billiards Group!, BA 1:00 Activity Meeting, AR 3:00 Happy Hour with Joe Bourne, L 6:30 Mexican Train Dominoes, MP	16 10:00 Water Aerobics, PS 10:00 Vendor: RNF, L 11:00 Wii Bowling, MP 1:00 Inspiration, Christian- Based Fellowship, MP 1:30 Pima County Library Bookmobile, G 2:00 Resident Meeting, DR 3:00 Chair Yoga, AR 3:30 Qigong, AR 6:00 Phase 10 Card Game, MP 7:00 Bingo, AR	17 10:00 PrimeFit Flexercise, AR 10:30 Balance & Stability, AR 11:00 Southern Arizona Transportation Museum, Van 11:00 Vendor: Arthritis & Inflammation, L 1:00 Hand & Foot Cards, AR 1:00 Billiards Group!, BA 3:00 Hand Working Group, 2ndA 6:00 Rummikub, MP 6:30 Same Book, Book Club with Ruth Deines, 2ndA 6:30 Coed Poker, AR	18 7:00 Breakfast at Millie's Pancake Haus, Van 10:00 Powerchair Dancing with Donna, AR 1:00 Skip-Bo, MP 2:00 Wii Bowling, MP 6:30 Music Social with Ginny, L 7:00 Night at the Movies with Popcorn, MP
19 8:00 Various Church Runs, Van 9:30 Catholic Services, AR 1:00 Billiards Group!, BA 2:00 Movie Sunday, MP 7:00 Bingo, AR	20 9:30 Writing Group, MP 10:00 PrimeFit Flexercise, AR 10:30 Balance & Stability, AR 11:00 Vendor: Integrity Treatment Solutions, L 1:00 Exploring the Bible, MP 1:00 Health & Wellness Clinic, BA 1:00 Hand & Foot Cards, AR 1:00 Billiards Group!, BA 6:30 Resident Support Group, MP	21 10:00 New Resident Social, AR 10:00 Paint for Fun with Sarafina, MP 1:00 Bean Bag Toss, AR 1:00 Audiologist Talk by Susan Tek, MP 3:00 Chair Yoga, AR 3:30 Qigong, AR 7:00 Pokeno, AR	22 10:00 PrimeFit Flexercise, AR 10:30 Balance & Stability, AR 11:00 Watercolor Workshop, MP 12:00 Word Search Wednesday, AR 1:00 Billiards Group!, BA 3:00 Happy Hour with Frank Ross, L 6:30 Mexican Train Dominoes, MP	23 10:00 Water Aerobics, PS 11:00 Wii Bowling, MP 1:00 Inspiration, Christian- Based Fellowship, MP 2:00 Bayada Presents: Healthy Sundaes & Summer Health, L 3:00 Chair Yoga, AR 3:30 Qigong, AR 6:00 Phase 10 Card Game, MP 7:00 Bingo, AR	24 10:00 PrimeFit Flexercise, AR 10:30 Balance & Stability, AR 11:00 Craft Hour with Megan, MP 1:00 Billiards Group!, BA 1:00 Hand & Foot Cards, AR 3:00 Hand Working Group, 2ndA 6:00 Rummikub, MP 6:30 Coed Poker, AR	25 9:00 Garden Club, G 10:00 Powerchair Dancing with Donna, AR 1:00 Skip-Bo, MP 2:00 Wii Bowling, MP 6:30 Music Social with Ginny, L 7:00 Night at the Movies with Popcorn, MP
26 8:00 Various Church Runs, Van 9:30 Catholic Services, AR 1:00 Billiards Group!, BA 2:00 Movie Sunday, MP 5:30 Tucson Pops Orchestra Music at the Park, Van 7:00 Bingo, AR	27 <b>MEMORIAL DAY</b> 10:00 PrimeFit Flexercise, AR 10:30 Balance & Stability, AR 11:00 Memorial Day Reminiscing & Poppy Craft, MP 1:00 DMAFB, Van 1:00 Exploring the Bible, MP 1:00 Health & Wellness Clinic, BA 1:00 Hand & Foot Cards, AR 1:00 Billiards Group!, BA 6:30 Resident Support Group, MP	28 10:00 Water Aerobics, PS 11:30 Heroes of Hearing Informational, MP 1:00 Bean Bag Toss, AR 2:00 Popsicle Party!, L 3:00 Chair Yoga, AR 3:30 Qigong, AR 7:00 Pokeno, AR	29 10:00 PrimeFit Flexercise, AR 10:30 Balance & Stability, AR 1:00 Billiards Group!, BA 3:00 Happy Hour with Old Pueblo Bluegrass, L 4:30 Dinner at Sauce Pizza & Wine, Van 6:30 Mexican Train Dominoes, MP	30 10:00 Water Aerobics, PS 11:00 Wii Bowling, MP 1:00 Inspiration, Christian- Based Fellowship, MP 3:00 Chair Yoga, AR 3:30 Qigong, AR 6:00 Phase 10 Card Game, MP 7:00 Bingo, AR	31 10:00 PrimeFit Flexercise, AR 10:30 Balance & Stability, AR 11:00 Murphy-Wilmot Library, Van 1:00 Billiards Group!, BA 1:00 Hand & Foot Cards, AR 3:00 Hand Working Group, 2ndA 6:00 Rummikub, MP 6:30 Coed Poker, AR	<b>Locations</b> 1st Floor Computer Commons, Comp 2nd Floor A Hall Alcove, 2ndA 2nd Floor Billiards Alcove, BA 3rd Floor A Hall Library Alcove, LA Activity Room, AR Dining Room, DR Garden, G Lobby, L Multipurpose Room, MP Parking Lot, PL Poolside, PS Van, Van



## Summer Is on Its Way! (Continued)



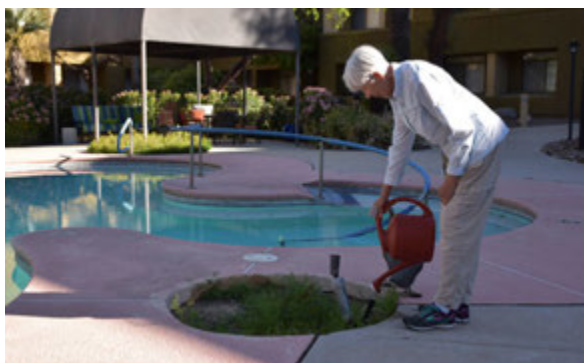
Linda and Marjorie enjoying Tucson Botanical Gardens!



Megan was convinced she was a Butterfly Whisperer!



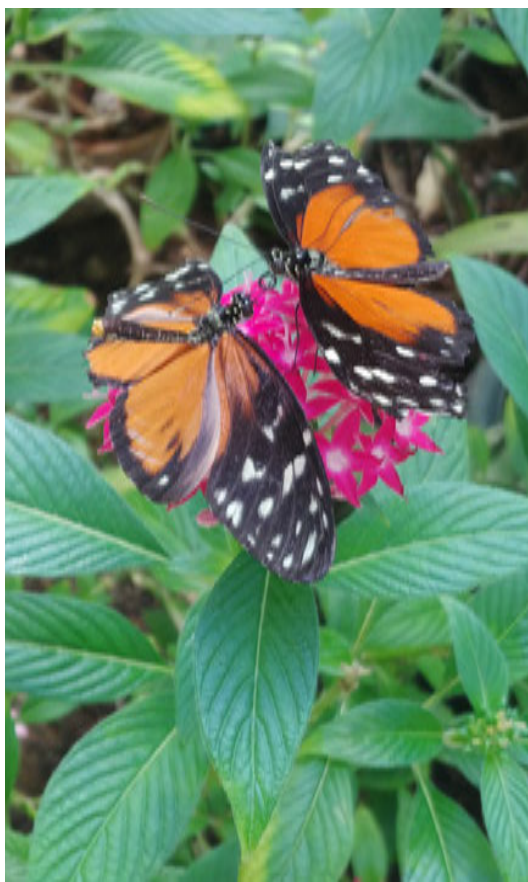
April got a little surprise from her team on April Fool's Day when they wrapped her car in paper!



Vicki making sure our flowers stay hydrated!



Splash around with Joel at Water Aerobics every Tuesday and Thursday at 10 a.m.!



## Tea Time Traditions

Small sandwiches, dainty desserts and a spot of tea are the ingredients for the quaint British tradition known as afternoon tea. The ritual spread throughout the country's upper class in 1840, and it became a social event with invited guests mingling in elegant drawing rooms. Women typically wore gowns, hats and gloves while they lingered over a light meal of finger sandwiches, scones and cakes, along with tea served in fine china cups. Many hotels and tea rooms in England and the U.S. serve afternoon tea, and it has become a meal used to celebrate special occasions with friends and family.

Join us in celebrating Mother's Day with our annual High Tea on Saturday, May 11, at 1 p.m., in the Dining Room.

**Make your  
"someday"  
today.**

Get on board with  
**TRAVEL BY LEISURE CARE**



## 2019 Destinations

Alaska Cruise | July 27–August 3

Las Vegas | September 30–October 4

Bermuda Cruise | October 20–27

For more information,  
or to book your getaway, contact:  
Carol Dennis at 1-888-468-2010



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## BROADWAY PROPER

LIVING BETTER THAN EVER

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**Community Sales Manager**  
Robin Jacob

**Sales Advisor**  
Brittany Pearce

**Sales and Move-in Coordinator**  
Amy Kent

**Chef**  
John Bass

**Health and Wellness Manager**  
April Gomez

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Tessa Cryts

**Office Manager**  
Katrina Ellsworth

**Program Supervisor**  
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Joel Yoder

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