

livfun

Fairwinds - Ivey Ranch

MAY 2019 • BLOSSOM AND BLOOM

Fairwinds Ivey Ranch Moments



Fairwinds servers ready for action!



Fairwinds Loom Knitting Ladies deliver over 400 baby hats to Tri-City Hospital!



St. Patrick's Day cabbage game!



Fairwinds Singers performed their best for St. Patrick's Day!



Residents Billye and Gene, along with his daughter Victoria, enjoyed their St. Paddy's dinner together!



Always a party to be shared with the family!



Mardi Gras Masquerade!



A sweet Irish couple!

(Photos continued on back.)



The History of Memorial Day

Observed with ceremonies and parades, Memorial Day honors the men and women who gave their lives while serving in the U.S. military.

After the Civil War ended in 1865, people in various cities began decorating the graves of fallen soldiers with flowers, flags and wreaths. This inspired Maj. Gen. John A. Logan, the head of a veterans organization, to designate May 30, 1868, as Decoration Day, a national day of remembrance. It's believed that date was chosen because it didn't fall on the anniversary of any battle, and spring flowers would be in bloom all over the country.

On that first Decoration Day, a large ceremony was held at Arlington National Cemetery in Washington, D.C. Officials gave speeches, and more than 5,000 people placed small American flags on the graves of 20,000 Civil War soldiers.

After World War I, Decoration Day was expanded to honor fallen soldiers from all wars. An act of Congress officially renamed it Memorial Day in 1967, and one year later, a public law made it a federal holiday to be celebrated on the last Monday in May.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>Activities Hotline: 760-672-0964 Please be sure to consult the Bistro Book in the Lobby for detailed descriptions of all outings and activities. *Bold Activities - Please Sign-Up at the Front Desk or Prime Fit Gym</div>	<div>Birthdays Ned Kohn, 2nd Robin Sanchez, 3rd (Employee) Fred Hodges, 4th Barbara Jones, 5th Connie McFarland, 5th George Riebau, 7th Joy Cronk, 7th Frank Fest, 11th</div> <div>Ruben Dominguez, 12th (Employee) Gerda Meurs, 13th Dorothy Urban, 14th Murray Fleck, 15th Nadine Gunderson, 15th Connie Synder, 18th Misty Fenton, 20th (Employee) Irene Oleski, 23rd</div> <div>Bob Nielsen, 24th Maria Morales, 26th (Employee) Myrtie Fish, 27th Stan Kukawka, 29th Betty Muszynski, 30th Tanya Delarosa, 31st (Employee) Nolan Ransdell, 31st Martha Nicholas, 31st</div>	<div>Transportation Monday, Tuesday & Thursday, Bus Departs 8:30 a.m., 10 a.m. & 12:30 p.m. : Doctor Appointments Wednesday, Bus Departs 9 a.m., 10:30 a.m. & 1 p.m.: Shopping & Library (1 p.m. Bus Only) Friday, No Scheduled Transportation – Town Car Available : TBA Saturday, 9-10:30 a.m. & 1 p.m., Alternating Locations Every Weekend : Shopping Sunday, 8 a.m., 9:15 a.m. & 10 a.m.: Church Shuttle</div>	<div>MAY DAY 9:00 Body Conditioning, PF * 9:30 Beachside Stroll 10:00 Fairwind Singers, T 11:30 Putt-Putt Golf, BBC 12:00 Open Bowling, T 1:00 Color Me Calm, MPR 1:00 Bring Your Own Game, L 2:00 Rummikub, L 2:00 Sit & Stretch, PF * 3:00 Texas Hold 'Em, A 4:30 Guys' Night Out 7:00 Movie & Popcorn, T</div>	<div>9:00 Balance Circuit Training, PF * 10:00 "Billy the Barista" Coffee Hour, B 10:15 Chair Tai Chi, PF * 1:00 Balance & Mobility, PF * 1:15 Blood Pressure Check, L 2:00 Happy Hour: Music with "Double Take", A 3:15 Movie Hour, T 7:00 Bingo Blast, A 7:00 Mexican Train, MPR</div>	<div>FUNTASTIC FRIDAY 10:00 Valley View Casino 1:00 Armchair Astronomy, L 1:30 Gym Orientation, PF * 2:00 Pool Hour, PR 3:00 Brain Games, T 7:00 Movie Night, T</div>	<div>10:00 Saturday Stroll, PT 10:00 <i>Tracy's Boutique, MPR</i> 12:00 Open Bowling, T 1:00 Pool Hour, PR 2:00 Bingo Blast, A 3:00 Catholic Communion, T 7:00 Cards with Uncle Milty, L</div>
<div>Happy Cinco De Mayo! 10:30 Worship Service, T 1:00 Bring Your Own Game, A 1:00 Cinco De Mayo Craft with Ann, MPR 2:00 Movie Matinee, T 2:00 Ceramics Class, A 4:00 Cinco De Mayo Dinner, DR 7:00 Sunday Night Movie, T</div>	<div>FUNDAY MONDAY 9:00 Body Conditioning, PF * 9:30 Team Bowling, T 10:00 Giant Jenga, LOB 10:30 Art for All Ages, A 1:00 Music in You with Patty, MPR 1:00 Arthritis Exercise Class, PF * 2:00 Rummikub, L 3:00 Texas Hold 'Em, A 7:00 Scripture Study, T 7:00 Cribbage, MPR</div>	<div>9:00 Balance Circuit Training, PF * 10:00 World Culture & History, T 10:00 YMCA Swim 10:15 Bean Bag Baseball, PF 1:00 Kings in the Corner, MPR 1:00 Reading with Diane, T 1:15 Blood Pressure Check, L 1:30 Balance & Mobility, PF * 3:00 RESIDENT MEETING, A 7:00 Bingo Blast, A</div>	<div>9:00 Body Conditioning, PF * 9:30 Beachside Stroll 10:00 Loom Knitting, MPR 10:00 Fairwind Singers, T 11:30 Putt-Putt Golf, BBC 12:00 Open Bowling, T 1:00 Color Me Calm, MPR 1:00 Bring Your Own Game, L 2:00 Rummikub, L 2:00 Sit & Stretch, PF * 3:00 Texas Hold 'Em, A 3:00 Watercolor, MPR 3:30 Piano Hour, LOB 7:00 Movie & Popcorn, T</div>	<div>9:00 Balance Circuit Training, PF * 10:00 Word Games & Riddles with Diane, LOB 10:15 Chair Tai Chi, PF * 12:30 Card Making with Georgia, MPR 1:00 Balance & Mobility, PF * 1:15 Blood Pressure Check, L 2:00 Happy Hour: Music with "Music Station", A 3:15 Movie Hour, T 7:00 Bingo Blast, A 7:00 Mexican Train, MPR</div>	<div>FUNTASTIC FRIDAY 10:00 Outdoor Bocce Ball, BBC 10:15 Left, Right & Center, A 10:15 Miniature Engineering Craftsmanship Museum Carlsbad 12:00 Open Bowling, T 1:00 Chess & Checkers, A 2:30 Indoor Bocce Ball, T 7:00 Movie Night, T</div>	<div>11:30 Out to Lunch with Ann 12:00 Open Bowling, T 1:00 Pool Hour, PR 2:00 Bingo Blast, A 3:00 Catholic Mass, T 7:00 Cards with Uncle Milty, L</div>
<div>MOTHER'S DAY Happy Mother's Day! 10:30 Worship Service, T 1:00 Mother's Day Tea Party, A 1:30 Scenic Drive with Keith & Ann 2:00 Movie Matinee, T 4:00 Mother's Day Dinner, DR 7:00 Sunday Night Movie, T</div>	<div>FUNDAY MONDAY 9:00 Body Conditioning, PF * 9:30 Team Bowling, T 1:00 Arthritis Exercise Class, PF * 1:00 Nickels, A 2:00 Rummikub, L 3:00 Texas Hold 'Em, A 7:00 Scripture Study, T 7:00 Cribbage, MPR</div>	<div>Shredding Event 10am-12pm 9:00 Balance Circuit Training, PF * 10:00 YMCA Swim 10:30 Minute to Win It Games!, LOB 1:00 Bunco, MPR 1:00 Reading with Diane, T 1:15 Blood Pressure Check, L 1:30 Balance & Mobility, PF * 2:45 Bean Bag Baseball, PF 4:00 Birthday Dinner No. 1, DR 7:00 Bingo Blast, A</div>	<div>9:00 Body Conditioning, PF * 9:30 Beachside Stroll 10:00 Fairwind Singers, T 11:30 Putt-Putt Golf, BBC 12:00 Open Bowling, T 1:00 Bring Your Own Game, L 1:00 Color Me Calm, MPR 2:00 Rummikub, B 2:00 Sit & Stretch, PF * 2:00 Rummikub, L 3:00 Texas Hold 'Em, A 3:00 Texas Hold 'Em, MPR 4:00 Chef Dinner Demo, A 7:00 Movie & Popcorn, T</div>	<div>9:00 Balance Circuit Training, PF * 10:15 Chair Tai Chi, PF * 10:30 Meet the Chef & Thomas, T 1:00 Balance & Mobility, PF * 1:15 Blood Pressure Check, L 2:00 Happy Hour: Music with "The Sophisticats", A 3:15 Movie Hour, T 7:00 Bingo Blast, A 7:00 Mexican Train, MPR</div>	<div>FUNTASTIC FRIDAY 10:15 Indoor Volleyball, LOB 10:15 San Diego Botanical Gardens 12:00 Open Bowling, T 1:30 Gym Orientation, PF * 2:00 Pool Hour, PR 3:00 Brain Games, T 7:00 Movie Night, T</div>	<div>10:30 <i>Marissa's Handmade Jewelry, MPR</i> 12:00 Open Bowling, T 1:00 Pool Hour, PR 2:00 Bingo Blast, A 3:00 Catholic Communion, T 7:00 Cards with Uncle Milty, L</div>
<div>10:30 Worship Service, T 1:00 Bring Your Own Game, A 1:00 Jewelry with Denise, A 1:30 Scenic Drive with Keith 2:00 Movie Matinee, T 3:00 Ice Cream Social with Cara Freedman, LOB 7:00 Sunday Night Movie, T</div>	<div>FUNDAY MONDAY 9:00 Body Conditioning, PF * 9:30 Team Bowling, T 10:00 Giant Jenga, LOB 1:00 Arthritis Exercise Class, PF * 2:00 Rummikub, L 3:00 Texas Hold 'Em, A 3:00 Chit Chat with Ann, MPR 7:00 Scripture Study, T 7:00 Cribbage, MPR</div>	<div>9:00 Balance Circuit Training, PF * 10:00 World Culture & History, T 10:00 YMCA Swim 10:15 Bean Bag Baseball, PF 1:00 Scrabble, A 1:00 Reading with Diane, T 1:15 Blood Pressure Check, L 1:30 Balance & Mobility, PF * 2:00 Book Club, MPR 4:00 Birthday Dinner #2, DR 7:00 Bingo Blast, A</div>	<div>9:00 Body Conditioning, PF * 9:30 Beachside Stroll 10:00 Loom Knitting, MPR 10:00 Fairwind Singers, T 11:30 Putt-Putt Golf, BBC 12:00 Open Bowling, T 1:00 Color Me Calm, MPR 1:00 Bring Your Own Game, L 2:00 Rummikub, L 2:00 Sit & Stretch, PF * 3:00 Texas Hold 'Em, A 3:00 Piano Hour, LOB 4:30 Ladies' Night Out 7:00 Movie & Popcorn, T</div>	<div>9:00 Balance Circuit Training, PF * 10:15 Chair Tai Chi, PF * 1:00 Balance & Mobility, PF * 1:15 Blood Pressure Check, L 2:00 Happy Hour: Music with Gil Alcantar, A 3:15 Movie Hour, T 7:00 Bingo Blast, A 7:00 Mexican Train, MPR</div>	<div>FUNTASTIC FRIDAY 9:30 San Diego Trolley Tour 10:00 Outdoor Bocce Ball, BBC 10:15 Giant Connect Four, LOB 12:00 Open Bowling, T 1:00 Chess & Checkers, A 2:30 Indoor Bocce Ball, T 7:00 Movie Night, T</div>	<div>10:00 Saturday Stroll, PT 10:00 Bingo Blast, A 10:30 <i>Fashions with Saideh, MPR</i> 12:00 Open Bowling, T 1:00 Pool Hour, PR 1:15 "One Bad Apple" Musical at Vista Broadway Theater 3:00 Catholic Communion, T 7:00 Cards with Uncle Milty, L</div>
<div>10:30 Worship Service, T 1:00 Bring Your Own Game, A 1:30 Scenic Drive with Keith 2:00 Movie Matinee, T 7:00 Sunday Night Movie, T</div>	<div>MEMORIAL DAY FUNDAY MONDAY 9:00 Body Conditioning, PF * 9:30 Team Bowling, T 10:00 Memorial Day Reflections Ceremony, LOB 1:00 Nickels, A 1:00 Arthritis Exercise Class, PF * 2:00 Rummikub, L 3:00 Texas Hold 'Em, A 4:00 Memorial Day Barbecue, DR 7:00 Scripture Study, T 7:00 Cribbage, MPR</div>	<div>9:00 Balance Circuit Training, PF * 10:00 YMCA Swim 10:30 Have a Ball!, LOB 1:00 Reading with Diane, T 1:00 Mexican Train, MPR 1:15 Blood Pressure Check, L 1:30 Balance & Mobility, PF * 2:45 Bean Bag Baseball, PF 7:00 Bingo Blast, A</div>	<div>9:00 Body Conditioning, PF * 10:00 Fairwind Singers, T 10:30 Walk the Oceanside Harbor & Lunch 11:30 Putt-Putt Golf, BBC 12:00 Open Bowling, T 1:00 Color Me Calm, MPR 1:00 Bring Your Own Game, L 2:00 Rummikub, L 2:00 Sit & Stretch, PF * 3:00 Texas Hold 'Em, A 4:00 Dinner with the Marines, DR 7:00 Movie & Popcorn, T</div>	<div>9:00 Balance Circuit Training, PF * 10:15 Chair Tai Chi, PF * 10:30 <i>Podiatrist by Appointment, S</i> 1:00 Balance & Mobility, PF * 1:15 Blood Pressure Check, L 2:00 Happy Hour: Music with 2nd Strings Band 3:15 Movie Hour, T 7:00 Bingo Blast, A 7:00 Mexican Train, MPR</div>	<div>FUNTASTIC FRIDAY 10:00 Butterfly Farms, Encinitas 10:30 Ladderball, P 12:00 Open Bowling, T 1:30 Gym Orientation, PF * 3:00 Brain Games, T 7:00 Movie Night, T</div>	<div>Anniversaries Jack & Barbara Schaefer, 5/16/1964 Richard & Agatha Cavallaro, 5/31/1938 Locations Activities Room, A Bistro, B Bocce Ball Court, BBC Dining Room, DR Library, L Lobby, LOB Multi Purpose Room, MPR Patio, P Pool Room, PR Portico, PT PrimeFit Gym, PF Spa, S Theater, T</div>



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Staff

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Jessica Sommer

Guest Services Manager
Billy Tames

Sales Manager
Paula Richards

Sales Advisor
Sheila Alston

Move-In Coordinator
Dori Gube-Lee

Chef
Ricardo Rea

Bakery-Pastry Cook
Sue Magners

Restaurant Manager
Thomas Fraser

Restaurant Supervisor
Debra San Filippo

Health and Wellness Director
Kelly Taylor

Health and Wellness Manager
Martha Grant

Health and Wellness Coordinator
Ana Garcia

Bookkeeper
Robin Sanchez

Program Supervisor
Kathi Keene

PrimeFit Instructor
Lucia Poffinbarger

Concierge
Diane Ackerman

Receptionist
Lulu Faraimo

Drivers
Donna Peters, Keith Wright,
Lawrence Bungay

Housekeeping Supervisor
Gaby Garcia

Plant Operations
Chris Mares

Fairwinds Ivey Ranch Moments (Continued)



There isn't anything she can't do!



Mary and Kay keeping fit in the gym!

Celebrating Dr. Seuss Day!

On March 1, the second graders from Mrs. Hillhouse's class at Ivey Ranch Elementary School came to Fairwinds in celebration of Dr. Seuss "Read Across America Day." There were shared readings, laughter and special cookies enjoyed by all. Participation in these events is important to resident Shelly Rose, who says she feels a connection back to her own children through the smiles, laughter and enthusiasm experienced with the students. It was a great day to "be a kid" for everyone!



Inter-generational fun with students, staff and residents!



General Manager Jessica and Resident Shelly Rose embraced their time with the students!



Do you like Green Eggs and Ham?



"You will like them, just wait and see!"

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"someday"
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