

livfun

Canfield Place

MAY 2019 • BLOSSOM AND BLOOM

Get Lost in the Wonderful World of Books With Book Addicts Anonymous

Who doesn't love to get lost in a good book? You'll find our new program offered at Canfield Place, Book Addicts Anonymous, will fulfill your desire to be captivated by a new book. Last month, residents headed out to explore the new Powell's Bookstore just up the street from our community. What fun it was to find different genres of books and browse all their sections. While there, residents were able to purchase books they had been wanting to read by some of their favorite authors. With our Business Manager, Amanda Shriver to assist, residents found exactly what they were looking for! Book Addicts Anonymous is always open to whomever enjoys reading and discussing books they enjoy, as well as a means to keep Library Outreach preferences up-to-date on current residents' tastes.



Book Addicts Anonymous pose with all their great findings from the day.



Residents are ready to go find the perfect book to read!



What a fun outing it was exploring Powell's Books.

Canfield Place's Annual Mother's Day Tea

What better way to celebrate that special woman in your life, better known as mom, than a lovely Mother's Day Tea at Canfield Place? Join us on Friday, May 10, to kick off what's sure to be a fabulous Mother's Day weekend. Every year, our community opens its doors for residents' daughters, sons, grandchildren and the like to enjoy an assortment of refreshments paired with a wide variety of teas we offer for the occasion. Hear the beautiful harpist in the background while seated in our grand Dining Room. How special to bring Canfield residents' families together to honor mothers. We look forward to having you here to celebrate!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <div>Transportation Monday, 8:30 a.m.-2 p.m.: Doctor Appointments Tuesday, 10:30 a.m.-3:30 p.m.: Tuesday Excursion Trips Wednesday, 8:30 a.m.-2 p.m.: Doctor Appointments Thursday, 8:30 a.m.-2 p.m.: Doctor Appointments Friday, 9:30 a.m.: Fred Meyer Trip #1 Friday, 11:45 a.m.: Fred Meyer Trip #2 Friday, 11:45 a.m.: Banks, Post Office & Dollar Tree</div>		<div>Locations Bistro, B Dining Room, DR Great Room, GR Library, LIB Lobby, L PrimeFit Gym, PFG Private Dining Room, PDR</div>	MAY DAY 1 9:30 Everyday Exercise, PFG 10:00 Mexican Train Dominoes, GR 11:00 <i>Avon with Sue Arney, L</i> 1:30 Bingo, PFG 3:00 Vegas Games with Jason, GR 6:15 Movie & Popcorn, GR	9:30 Functional Fitness, PFG 2 9:45 READING PROGRAM WITH CHEHALEM ELEMENTARY SCHOOL, L 10:30 <i>Bible Study with Carolyn Hanson, PDR</i> 10:45 Scrabble Game, LIB 2:00 <i>Giant Crossword with Lana, B</i> 3:30 PUB FUN WITH SUSAN!, B 7:00 "Jeopardy!" & "Wheel of Fortune", GR	9:30 Fred Meyer Trip #1, L 3 9:30 Flexibility Fridays, PFG 11:45 Fred Meyer Trip #2, Banks, Post Office, & Dollar Tree Trips, L 1:00 Mountain Man Candy, L 1:30 <i>Scattergories with Susan, GR</i> 3:00 DOCUMENTARY & DISCUSSION SERIES WITH SUSAN, PFG 7:00 "Jeopardy!" & "Wheel of Fortune", GR	10:00 Coffee Time, PFG 1:30 Bingo, PFG 3:00 MUSIC WITH RANDY BYRNES, GR 3:30 Wii Bowling, PFG
1:00 LARGE PRINT LIBRARY CHECKOUT, L 5 1:00 <i>Senior Moments with Joni, LIB</i> 1:30 Country Drive, L 3:00 CINCO DE MAYO FIESTA!, GR 3:30 Wii Bowling, GR 6:15 Movie & Popcorn, GR	9:30 Everyday Exercise, PFG 6 2:00 <i>Brain Games with Kristin, LIB</i> 3:00 Social Mixer, GR 7:00 "Jeopardy!" & "Wheel of Fortune", GR	9:30 Functional Fitness, PFG 7 10:30 Catholic Communion, PDR 1:00 TRIP TO AL'S GARDEN CENTER, L 1:15 WALKING GROUP, PFG 1:30 Wii Bowling, GR 3:00 Resident Council Meeting, PFG 3:30 PROGRAMS MEETING WITH SUSAN, PFG 7:00 "Jeopardy!" & "Wheel of Fortune", GR	9:30 Everyday Exercise, PFG 8 10:00 Mexican Train Dominoes, GR 1:30 Bingo, PFG 2:45 WESTERNAIRES PERFORMANCE!, DR 6:15 Movie & Popcorn, GR	9:30 Functional Fitness, PFG 9 9:45 READING PROGRAM WITH CHEHALEM ELEMENTARY SCHOOL, L 10:30 <i>Painting Class with Heidi Jo Curley, GR</i> 10:45 Scrabble Game, LIB 2:00 Book Club with Kristin, PFG 3:30 PUB FUN WITH SUSAN!, B 7:00 "Jeopardy!" & "Wheel of Fortune", GR	9:30 Fred Meyer Trip #1, L 10 9:30 Flexibility Fridays, PFG 11:00 MOTHER'S DAY TEA!, DR 11:45 Fred Meyer Trip #2, Banks, Post Office, & Dollar Tree Trips, L 1:30 <i>Scattergories with Susan, GR</i> 3:00 DOCUMENTARY & DISCUSSION SERIES WITH SUSAN, PFG 7:00 "Jeopardy!" & "Wheel of Fortune", GR	10:00 Coffee Time, PFG 1:30 Bingo, PFG 3:00 <i>Music with Tom Ball, GR</i> 3:30 Wii Bowling, PFG
MOTHER'S DAY 12 1:00 LARGE PRINT LIBRARY CHECKOUT, L 1:00 <i>Senior Moments with Joni, LIB</i> 2:00 <i>Music with Lee Nicholas, GR</i> 3:30 Wii Bowling, GR 6:15 Movie & Popcorn, GR	9:30 Everyday Exercise, PFG 13 2:00 <i>Brain Games with Kristin, LIB</i> 3:00 Social Mixer, GR 7:00 "Jeopardy!" & "Wheel of Fortune", GR	9:30 Functional Fitness, PFG 14 10:30 Catholic Communion, PDR 11:00 PICNIC & TRIP TO ADELMAN PEONY GARDENS, L 1:15 WALKING GROUP, PFG 1:30 Wii Bowling, GR 3:30 PUB FUN WITH SUSAN!, B 7:00 "Jeopardy!" & "Wheel of Fortune", GR	9:30 Everyday Exercise, PFG 15 10:00 Mexican Train Dominoes, GR 1:30 Bingo, PFG 3:00 Vegas Games with Jason, GR 6:15 Movie & Popcorn, GR	9:30 Functional Fitness, PFG 16 9:45 READING PROGRAM WITH CHEHALEM ELEMENTARY SCHOOL, L 10:30 <i>Bible Study with Carolyn Hanson, PDR</i> 10:30 Music History with Gordon Neal Herman, PFG 10:45 Scrabble Game, LIB 3:30 PUB FUN WITH SUSAN!, B 7:00 "Jeopardy!" & "Wheel of Fortune", GR	9:30 Fred Meyer Trip #1, L 17 9:30 Flexibility Fridays, PFG 11:45 Fred Meyer Trip #2, Banks, Post Office, & Dollar Tree Trips, L 1:00 Mountain Man Candy, L 1:30 RESIDENT MEETING, GR 3:30 NEW RESIDENT MEET & GREET SOCIAL, GR 4:30 <i>Accordion with Phil Hall, DR</i> 7:00 "Jeopardy!" & "Wheel of Fortune", GR	10:00 Coffee Time, PFG 1:30 Bingo, PFG 3:30 Wii Bowling, PFG
1:00 LARGE PRINT LIBRARY CHECKOUT, L 19 1:00 <i>Senior Moments with Joni, LIB</i> 1:30 Country Drive, L 1:30 MUSIC WITH BILL BEACH, GR 3:30 Wii Bowling, GR 6:15 Movie & Popcorn, GR	9:30 Everyday Exercise, PFG 20 2:00 <i>Brain Games with Kristin, LIB</i> 3:00 Social Mixer, GR 7:00 "Jeopardy!" & "Wheel of Fortune", GR	9:30 Functional Fitness, PFG 21 10:30 Catholic Communion, PDR 11:30 LUNCH OUT: OLD SPAGHETTI FACTORY SHERWOOD, L 1:15 WALKING GROUP, PFG 1:30 Wii Bowling, GR 3:30 PUB FUN WITH SUSAN!, B 7:00 "Jeopardy!" & "Wheel of Fortune", GR	9:30 Everyday Exercise, PFG 22 10:00 Mexican Train Dominoes, GR 1:30 Bingo, PFG 3:15 NIBBLES & NOVELS WITH SUSAN, B 6:15 Movie & Popcorn, GR	9:30 Functional Fitness, PFG 23 9:45 READING PROGRAM WITH CHEHALEM ELEMENTARY SCHOOL, L 10:45 Scrabble Game, LIB 11:00 <i>Arts & Crafts with Tom & Jane, GR</i> 2:00 Book Club with Kristin, PFG 3:30 PUB FUN WITH SUSAN!, B 7:00 "Jeopardy!" & "Wheel of Fortune", GR	9:30 Fred Meyer Trip #1, L 24 9:30 Flexibility Fridays, PFG 10:30 CHURCH SERVICE WITH NEHEMIAH BROWN, PFG 11:45 Fred Meyer Trip #2, Banks, Post Office, & Dollar Tree Trips, L 1:30 <i>Scattergories with Susan, GR</i> 3:00 DOCUMENTARY & DISCUSSION SERIES WITH SUSAN, PFG 7:00 "Jeopardy!" & "Wheel of Fortune", GR	10:00 Coffee Time, PFG 1:30 Bingo, PFG 3:30 Wii Bowling, PFG
1:00 LARGE PRINT LIBRARY CHECKOUT, L 26 1:00 <i>Senior Moments with Joni, LIB</i> 2:30 MUSIC WITH LINDA SMITH, GR 3:30 Wii Bowling, GR 6:15 Movie & Popcorn, GR	MEMORIAL DAY 27 9:30 Everyday Exercise, PFG 2:00 <i>Brain Games with Kristin, LIB</i> 3:00 Social Mixer, GR 7:00 "Jeopardy!" & "Wheel of Fortune", GR	9:30 Functional Fitness, PFG 28 10:30 Catholic Communion, PDR 1:00 <i>Hearing Clinic with Drew, GR</i> 1:00 OUTING TO POWELL'S BOOKSTORE, L 1:15 WALKING GROUP, PFG 1:30 Wii Bowling, GR 3:30 PUB FUN WITH SUSAN!, B 7:00 "Jeopardy!" & "Wheel of Fortune", GR	9:30 Everyday Exercise, PFG 29 9:30 NATIONAL SENIOR HEALTH & FITNESS DAY! 10:00 Mexican Train Dominoes, GR 1:30 Bingo, PFG 6:15 Movie & Popcorn, GR	9:30 Functional Fitness, PFG 30 9:45 READING PROGRAM WITH CHEHALEM ELEMENTARY SCHOOL, L 10:30 <i>Bible Study with Carolyn Hanson, PDR</i> 10:45 Scrabble Game, LIB 3:00 Handwriting Analysis Lecture with Joyce Brizedine, GR 3:30 PUB FUN WITH SUSAN!, B 7:00 "Jeopardy!" & "Wheel of Fortune", GR	9:30 Fred Meyer Trip #1, L 31 9:30 Flexibility Fridays, PFG 11:45 Fred Meyer Trip #2, Banks, Post Office, & Dollar Tree Trips, L 1:00 Mountain Man Candy, L 1:30 <i>Scattergories with Susan, GR</i> 3:00 DOCUMENTARY & DISCUSSION SERIES WITH SUSAN, PFG 7:00 "Jeopardy!" & "Wheel of Fortune", GR	<div>Birthdays Elaine Carney, 6th Edie Soumie, 8th Joni Anderson, 22nd Joseph Regalia, 26th</div> 

National Senior Health and Fitness Day 2019

"Live and thrive with exercise!" Keeping in theme with National Senior Health and Fitness Day on Wednesday, May 29, Canfield Place will have many activities to get

moving and

making healthy choices. We look forward to what our PrimeFit Instructor will have in store for us. Healthy snacks, a fun walk at a beautiful local park, raffle prizes and current health discussions are only some of the things you will see for the day! NSHFD draws over 100,000 older adults in activities at more than 1,000 locations throughout the United States. The common goal for this day: to help keep older Americans healthy and fit. National Senior Health and Fitness Day is known as the nation's largest annual health and wellness event for seniors!



CANFIELD PLACE

LIVING BETTER THAN EVER

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Staff

General Manager
Jennifer Carty

Sales and Move-in Coordinator
Geeta Fogarty

Restaurant Manager
Nancy Campos

Health and Wellness Manager
Shawna Frazier

Bookkeeper
Amanda Shriver

Program Supervisor
Susan Christopher

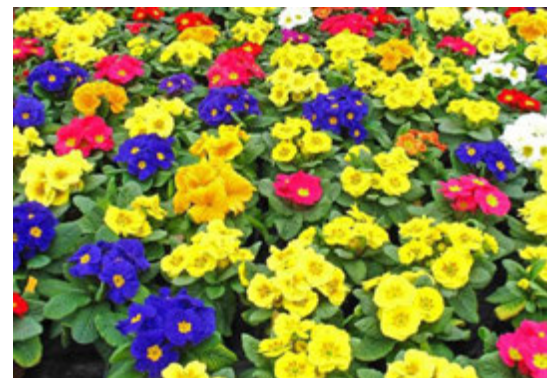
PrimeFit Instructor
Kristin Nackers

Housekeeping Supervisor
Colleen Rake

Plant Operations Supervisor
Mike Campos

Flex Your Green Thumb in Preparation for Summer!

Who doesn't love gardening? Springtime allows for all of those green thumbs to get their hands in the dirt and planting. Join us on Tuesday, May 7, as we venture to Al's Garden Center in Sherwood. You'll have the opportunity to help make our community even more beautiful by purchasing all different types of flowers and plants. Afterward, join our Program Supervisor, Susan Christopher, to help plant the flora and fauna in the planter boxes our local Beaverton Boy Scout Troop generously made and donated to Canfield Place. Your afternoon stroll on our winding path will be even more relaxing as you view the gorgeous colors in our garden!



2019 Destinations

Alaska Cruise | July 27–August 3

Las Vegas | September 30–October 4

Bermuda Cruise | October 20–27

For more information,
or to book your getaway, contact:
Carol Dennis at 1-888-468-2010



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