

livfun

Woodland Terrace

MAY 2019 • BLOSSOM AND BLOOM

The History of Memorial Day

Observed with ceremonies and parades, Memorial Day honors the men and women who gave their lives while serving in the U.S. military.

After the Civil War ended in 1865, people in various cities began decorating the graves of fallen soldiers with flowers, flags and wreaths. This inspired Maj. Gen. John A. Logan, the head of a veterans organization, to designate May 30, 1868, as Decoration Day, a national day of remembrance. It's believed that date was chosen because it didn't fall on the anniversary of any battle, and spring flowers would be in bloom all over the country.



On that first Decoration Day, a large ceremony was held at Arlington National Cemetery in Washington, D.C. Officials gave speeches, and more than 5,000 people placed small American flags on the graves of 20,000 Civil War soldiers.

After World War I, Decoration Day was expanded to honor fallen soldiers from all wars. An act of Congress officially renamed it Memorial Day in 1967, and one year later, a public law made it a federal holiday to be celebrated on the last Monday in May.



Enjoying the Awesome Weather With Friends



Mother's Day Tea and Luncheon

Make a note! We are hosting our annual Mother's Day Tea and Luncheon on Friday, May 10, at noon. This year we will be joined by several talented entrepreneurs, massage artists and our guest entertainer, Ruthie Lipshulch. The entrepreneurs will be setting up shop at 10:30 a.m., for you early birds shoppers and will be staying until 2 p.m.



Cranial Challenge, Not All Brains, Some Brawn Too!



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|---|--|---|---|
|  | Birthdays Sally Relle, 5th Donna Poborsky, 8th Tomi Ohta, 13th Dorothy Drummond, 17th Jim Doherty, 17th Sue Woods, 20th Barbara Monks, 21st Kathy Simkins, 22nd Rose Gloria, 22nd Madge Rieke, 26th Pat Hedges, 26th June Arnett, 26th Jim McIntyre, 27th John Caley, 30th | | MAY DAY 1 9:00 Residents' Chair Yoga, AR 10:30 BP Check, 2nd Floor 10:30 Silver Sneakers, AR * 11:00 A Plus Hearing Aid, LR 2:30 Hardball with Karl, AR 7:00 B-I-N-G-O, AR PF | 2 10:00 Better Balance, AR 10:30 Chair Aerobics, AR * 2:00 Men's Billiards, SB 2:30 Ladies' Hour, LR 7:00 Movie, AR | 3 8:45 Early Shopping Shuttle 9:00 Residents' Chair Yoga, AR 10:15 Fred Meyer Shuttle 1:00 Bean Bag Baseball, AR 3:00 Happy Hour & Trivia, AR 3:00 UDDERLY FUN!, AR 6:30 NOSTALGIA CATS, L | 4 10:30 Coffee with Pat, L 11:00 Balloon Volleyball, AR 12:30 Scenic Drive 3:00 KENTUCKY DERBY PARTY, AR 4:00 DERBY DINNER 7:00 Movie, AR |
| | 5 Early Bird Breakfast 9:15 St. Brendan's Shuttle 10:30 First Lutheran Shuttle 2:00 Side by Side Performance, L 3:00 <i>Soup's On!, AR</i> 4:45 Dauber B-I-N-G-O, AR 7:00 Movie, AR | 6 9:00 Residents' Chair Yoga, AR 10:30 Silver Sneakers, AR * 1:00 Resident Singalong 2:00 RESIDENTS' MEETING, AR 3:00 <i>Wine Social, LR</i> 7:00 Movie, AR PF | 7 10:00 Better Balance, AR 10:15 Fred Meyer Shuttle 10:30 Chair Aerobics, AR * 11:15 Balloon Volleyball, AR 1:00 Bean Bag Baseball, AR 3:00 CRANIAL CHALLENGE, AR 7:00 Movie, AR PF | 8 9:00 Residents' Chair Yoga, AR 10:30 BP Check, 2nd Floor 10:30 Silver Sneakers, AR * 12:30 Picnic Wednesday, AR 12:30 <i>Eric Andrews/ Guitar, AR</i> 2:30 Hardball with Karl, AR 7:00 PRIZE BINGO, AR PF | 9 10:00 Better Balance, AR 10:30 Chair Aerobics, AR * 10:30 Trip Costco 2:00 Men's Billiards, SB 2:30 Ladies' Hour, LR 7:00 Movie, AR | 10 8:45 Early Shopping Shuttle 9:00 Residents' Chair Yoga, AR 12:00 MOTHER'S DAY TEA 7:00 Movie, AR |
| | 12 MOTHER'S DAY Early Bird Breakfast 9:15 St. Brendan's Shuttle 10:30 First Lutheran Shuttle 11:00 Buffet Brunch 3:00 <i>Soup's On!, AR</i> 5:00 MOTHER'S DAY HAPPY HOUR, LR 7:00 Movie, AR | 13 9:00 Residents' Chair Yoga, AR 10:30 Silver Sneakers, AR * 1:00 Resident Singalong 3:00 <i>Wine Social, LR</i> 7:00 Movie, AR PF | 14 10:00 Better Balance, AR 10:15 Fred Meyer Shuttle 10:30 Chair Aerobics, AR * 11:15 Balloon Volleyball, AR 1:00 Bean Bag Baseball, AR 3:00 CRANIAL CHALLENGE, AR 7:00 Movie, AR PF | 15 9:00 Residents' Chair Yoga, AR 10:30 BP Check, 2nd Floor 10:30 Silver Sneakers, AR * 10:30 TRIP WOODINVILLE SHOPPING 2:30 HARDBALL WITH KARL * GUEST SPEAKER*, AR 7:00 B-I-N-G-O, AR PF | 16 10:00 Better Balance, AR 10:30 Chair Aerobics, AR * 11:00 LUNCH BUNCH WITH TRACY 2:00 Men's Billiards, SB 2:30 Alcohol Ink Crafts, AR 6:30 Janie Lee Kelley Entertainer, L PF | 17 8:45 Early Shopping Shuttle 9:00 Residents' Chair Yoga, AR 10:15 Fred Meyer Shuttle 11:00 FORUM ON FAITH, AR 1:00 Bean Bag Baseball, AR 1:30 Visit Lockwood Elem History Class 3:00 Happy Hour & Trivia, AR 7:00 Movie, AR |
| | 19 Early Bird Breakfast 9:15 St. Brendan's Shuttle 10:30 First Lutheran Shuttle 3:00 <i>Soup's On!, AR</i> 3:00 Wheel of Fortune, L 4:45 Dauber B-I-N-G-O, AR 7:00 Movie, AR | 20 9:00 Residents' Chair Yoga, AR 10:30 Silver Sneakers, AR * 1:00 Resident Singalong 2:30 Culinary Chat with Chad, LR 3:00 <i>Wine Social, LR</i> 7:00 Movie, AR PF | 21 10:00 Better Balance, AR 10:15 Fred Meyer Shuttle 10:30 Chair Aerobics, AR * 11:15 Balloon Volleyball, AR 1:00 Bean Bag Baseball, AR 3:00 CRANIAL CHALLENGE, AR 6:30 R.J. & Company Entertainers, L PF | 22 9:00 Residents' Chair Yoga, AR 10:30 BP Check, 2nd Floor 10:30 Silver Sneakers, AR * 10:30 Angel of the Winds Casino 2:30 Hardball with Karl, AR 7:00 B-I-N-G-O, AR PF | 23 9:30 Mystery Trip 10:00 Better Balance, AR 10:30 Chair Aerobics, AR * 2:00 Men's Billiards, SB 2:30 Ladies' Hour, LR 7:00 Movie, AR | 24 8:45 Early Shopping Shuttle 9:00 Residents' Chair Yoga, AR 10:15 Fred Meyer Shuttle 1:00 Bean Bag Baseball, AR 3:00 Happy Hour & Trivia, AR 7:00 Movie, AR |
| | 26 Early Bird Breakfast 9:15 St. Brendan's Shuttle 10:30 First Lutheran Shuttle 3:00 <i>Soup's On!, AR</i> 4:45 Dauber B-I-N-G-O, AR 7:00 Movie, AR | 27 MEMORIAL DAY 9:00 Residents' Chair Yoga, AR 10:30 Silver Sneakers, AR * 1:00 Resident Singalong 3:00 <i>Wine Social, LR</i> 7:00 Movie, AR PF | 28 10:00 Better Balance, AR 10:15 Fred Meyer Shuttle 10:30 Chair Aerobics, AR * 11:15 Balloon Volleyball, AR 1:00 Bean Bag Baseball, AR 3:00 CRANIAL CHALLENGE, AR 7:00 Movie, AR PF | 29 9:00 Residents' Chair Yoga, AR 10:30 BP Check, 2nd Floor 10:30 Silver Sneakers, AR * 2:30 Hardball with Karl, AR 7:00 B-I-N-G-O, AR PF | 30 10:00 Better Balance, AR 10:30 Chair Aerobics, AR * 2:00 Men's Billiards, SB 2:30 <i>Ladies' Pamper Day, AR</i> 6:30 David Lee Howard 12 String Guitar, L PF | 31 8:45 Early Shopping Shuttle 9:00 Residents' Chair Yoga, AR 10:15 Fred Meyer Shuttle 1:00 Bean Bag Baseball, AR 3:00 Happy Hour & Trivia, AR 7:00 Movie, AR |
| | | | | | | Locations Activity Room, AR Dining Room, DR Living Room, LR Lobby, L Private Dining Room, PDR Sports Bar, SB |

Milk Money Campaign

Get Ready to have an udderly wonderful time with Carmin as we help kick off the Milk Money Campaign for Northshore Schools' homeless kiddos during Happy Hour on May 3. This is a program that Tracy is very passionate about and excited to support.



Everyone Loves a Mystery!

They're back!

Now that the weather is improving, it's time to start going places again.

The ever popular Mystery Trip is back in full swing and we have one scheduled for Thursday, May 23. The bus leaves bright and early at 9:30 a.m. Bring your walking shoes.



A Note to Mom

According to Wikipedia:

"Mother's Day is a celebration honoring the mother of the family, as well as motherhood, maternal bonds, and the influence of mothers in society."

Although accurate, Wikipedia does not come close to conveying the importance of mothers to their children. The strength of emotions between a mother and her child is a powerful force.

Having never been a mother, I sure know the emotions my mother brought out in me. We loved each other dearly, but at times, we could frustrate each other to no end. Especially during my teen years. I was her baby, and the youngest of eight. Brothers and sisters everywhere, their friends everywhere. A tiny town with the eyes of momma, everywhere. It was hard to get away with anything, but sometimes, I succeeded! Yes, sweet success!

Don't get me wrong, I never did anything too outside the lines, fear of mom's "look" was never far away. Disappointing her was something that hurt my heart when I did it. Maybe it's called growing up, but after a certain point hurting her wasn't worth any of the joy being bad brought me.

Our relationship went from your typical mother-daughter to best of friends. Shopping, talking, crafting and going out to lunch together were outings we both looked forward to. Until she was gone. All of a sudden I was a small child again. No matter how old we get, our bond with our mother never subsides. It fades a bit, but never goes away.

Wikipedia, you are right, but oh so wrong.

Miss you Mom!

Kathy



WOODLAND TERRACE

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425-402-9606



2019 Destinations

Alaska Cruise | July 27–August 3

Las Vegas | September 30–October 4

Bermuda Cruise | October 20–27

For more information,
or to book your getaway, contact:
Carol Dennis at 1-888-468-2010



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