

# livfun

Fairwinds-Spokane

MAY 2019 • AMAYZING MAY

## aMAYzing Times!

In the community and at different places around town, residents enjoyed the last few days of winter. But with May, aMAYzing times will come. Make sure you join us for our new adventures!



Our Out & About to KHQ Local News was very fun!



Yes, that's Joyce – floating over Riverfront Park!



We cuddled some puppies for National Puppy Day!



Oreo cookies were enjoyed for National Oreo Cookie Day!



If you didn't like the snow this winter, just blame George, he forecasted it!



Ted enjoyed this exhibit at the MAC!



Lunch at MOD Pizza was yummy!



## The History of Memorial Day

Observed with ceremonies and parades, Memorial Day honors the men and women who gave their lives while serving in the U.S. military.

After the Civil War ended in 1865, people in various cities began decorating the graves of fallen soldiers with flowers, flags and wreaths. This inspired Maj. Gen. John A. Logan, the head of a veterans organization, to designate May 30, 1868, as Decoration Day, a national day of remembrance. It's believed that date was chosen because it didn't fall on the anniversary of any battle, and spring flowers would be in bloom all over the country.

On that first Decoration Day, a large ceremony was held at Arlington National Cemetery in Washington, D.C. Officials gave speeches, and more than 5,000 people placed small American flags on the graves of 20,000 Civil War soldiers.

After World War I, Decoration Day was expanded to honor fallen soldiers from all wars. An act of Congress officially renamed it Memorial Day in 1967, and one year later, a public law made it a federal holiday to be celebrated on the last Monday in May.

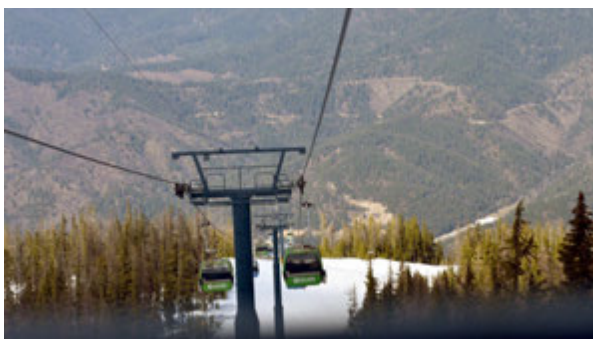
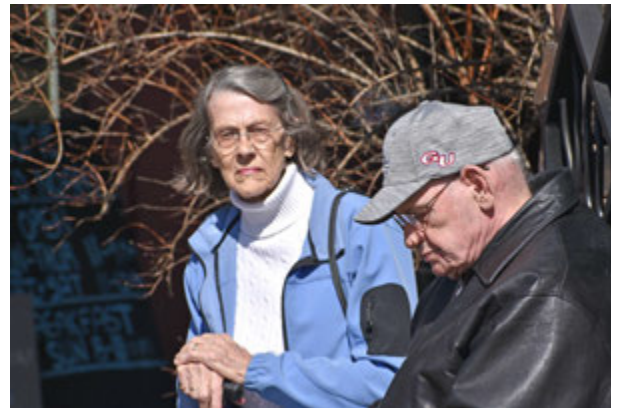


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Birthdays</b> Corky Houchin, 1st Barbara Mead, 7th Jacob Griffiths, 9th (Employee) Doris Henry, 12th Jeanette Whittekiend, 15th Brittney McMahan, 17th (Employee) Jamie Bravato, 17th (Employee) Lucille Weber, 20th Rose Mary Dial, 21st	David Keene, 23rd Rocky Stone, 23rd Linda Donahoe, 24th Amy Tanner, 24th (Employee) Brenna Juul, 26th (Employee) Lois Durheim, 26th Sally Allstot, 29th	<b>Locations</b> Activity Room, A Activity Room Patio, AP Bistro, B Discovery Room, DR East Lawn, EL Fireside Room, F Game Room, GR Maintenance Office, MO	<b>MAY DAY</b> 9:30 Sittercise, MPR 10:00 Strength Training, MPR 10:30 <b>Out &amp; About: May Day Deliveries &amp; Lunch @ Cole's Bakery &amp; Deli, O</b> 1:00 Bridge Pickup Games, GR 2:30 Rosetta Stone Language Lessons, T 3:30 Horse Racing, A 4:00 Happy Hour, B 4:30 Dinner Theater: "Pick of the Litter", A	10:00 Tai Chi Class, A 11:00 Wii Bowling, MPR 11:15 Lunch Buddies, O 1:00 Bean Bag Baseball, A 1:45 City of Spokane Mobile Library, B 3:00 Fairwinds Book Club, A 4:00 Happy Hour, B 6:30 New Release Movie, T	9:00 Catholic Service, MPR 9:30 Sittercise, MPR 9:30 Stud Club: Coffee & Donuts, B 10:00 Strength Training, MPR 1:00 <b>Mother's Day Tea, R</b> 2:00 <b>Women's Fair, B</b> 2:00 Bible Study, A 4:00 Happy Hour, B 6:30 Pokeno, GR	11:00 Wii Bowling, MPR 1:00 Popcorn Social 1:45 Bunco, GR 4:00 Happy Hour, B 7:00 Saturday Night Live Entertainment, A
10:30 Cinnamon Roll Social, B 12:30 Sunday Scenic Drive, O 3:15 Christian Church Service, T 4:00 Happy Hour, B 6:30 Residents' Pick Movie Night, T	9:30 Sittercise, MPR 10:00 Strength Training, MPR 12:00 Wandermere Movie Outing, O 12:00 Manicures with Margo, W 2:00 Banga, GR 4:00 Happy Hour, B 6:30 Featured Program: "24" American Drama Series, T	9:30 Yoga Class, A 12:00 Book & Salad, A 1:30 <b>Resident Council Meeting, A</b> 2:00 Root Beer Float Social, A 3:00 Nickel Jackpot, MPR 4:00 Happy Hour, B 6:00 Write Word Game, B	9:30 Sittercise, MPR 10:00 Strength Training, MPR 10:00 Shop Talk with Annie, MO 10:30 <b>Out &amp; About: Garden Springs Garden Center &amp; Lunch @ Clayton Drive-In, O</b> 1:00 Bridge Pickup Games, GR 3:30 Horse Racing, A 4:00 Happy Hour, B 4:30 Resident Birthday Dinner, PDR	9:30 Pedicures with Rose, W 11:00 Wii Bowling, MPR 1:00 Bean Bag Baseball, A 3:00 Fairwinds Book Club, A 4:00 Happy Hour, B 6:30 Comedy Movie Night, T	9:00 Catholic Service, MPR 9:30 Sittercise, MPR 9:30 Stud Club: Coffee & Donuts, B 10:00 Strength Training, MPR 2:00 Bingo, GR 2:00 Bible Study, A 4:00 Happy Hour, B 6:30 Pokeno, GR	11:00 Wii Bowling, MPR 1:00 Popcorn Social 1:45 Bunco, GR 3:00 Wine Tasting with Katie, B 4:00 Happy Hour, B 7:00 Saturday Night Live Entertainment, A
<b>MOTHER'S DAY</b> 10:30 Cinnamon Roll Social, B 12:30 Sunday Scenic Drive, O 3:15 Christian Church Service, T 4:00 Happy Hour, B 6:30 Residents' Pick Movie Night, T	9:30 Sittercise, MPR 10:00 Strength Training, MPR 2:00 Banga, GR 3:00 <b>Happy Hour @ Poole's Public House, O</b> 4:00 Happy Hour, B 6:30 Featured Program: "24" American Drama Series, T	9:30 Yoga Class, A 12:00 Book & Salad, A 3:00 Nickel Jackpot, GR 4:00 Happy Hour, B 6:00 Write Word Game, B	9:30 Sittercise, MPR 10:00 Strength Training, MPR 1:00 Bridge Pickup Games, GR 2:30 Rosetta Stone Language Lessons, T 3:30 Horse Racing, A 4:00 Happy Hour, B 4:30 <b>Out &amp; About: Kendall Yards Night Market &amp; Dinner @ Taco Bell, O</b>	10:00 Hearing Clinic, W 10:00 Northern Quest Casino Bus, O 10:00 Tai Chi Class, A 11:00 Wii Bowling, MPR 11:15 Lunch Buddies, O 1:00 Bean Bag Baseball, A 3:00 Fairwinds Book Club, A 4:00 Happy Hour, B 6:30 Musical Movie Night, T	9:00 Catholic Service, MPR 9:30 Sittercise, MPR 9:30 Stud Club: Coffee & Donuts, B 10:00 Strength Training, MPR 2:00 Bingo, GR 2:00 Bible Study, A 4:00 Happy Hour, B 6:30 Pokeno, GR	9:30 <b>Daycation to Pomeroy, Washington, O</b> 11:00 Wii Bowling, MPR 1:00 Popcorn Social 1:45 Bunco, GR 4:00 Happy Hour, B 7:00 Saturday Night Live Entertainment, A
10:30 Cinnamon Roll Social, B 12:30 Sunday Scenic Drive, O 3:15 Christian Church Service, T 4:00 Happy Hour, B 6:30 Residents' Pick Movie Night, T	9:30 Sittercise, MPR 10:00 Strength Training, MPR 12:00 Wandermere Movie Outing, O 12:00 Manicures with Margo, W 2:00 Banga, GR 4:00 Happy Hour, B 6:30 <b>Travelogue with Kathy: Adventures in Italy, A</b>	9:30 Yoga Class, A 11:30 Food Feedback Meeting, T 12:00 Book & Salad, A 2:30 Entertainment with Project Joy, MPR 3:30 Nickel Jackpot, GR 4:00 Happy Hour, B 6:00 Write Word Game, B	9:30 Sittercise, MPR 10:00 Strength Training, MPR 10:30 <b>Out &amp; About: Vanessa Behan Crisis Nursery &amp; Lunch at the Shop, O</b> 1:00 Bridge Pickup Games, GR 1:00 How It's Made with Chef Bret, B 3:30 Horse Racing, A 4:00 Happy Hour, B 4:00 <b>Beer &amp; Pizza Night, B</b>	11:00 Wii Bowling, MPR 1:00 Bean Bag Baseball, A 3:00 Fairwinds Book Club, A 4:00 <b>Happy Hour with Universal Yums, B</b> 4:00 Happy Hour, B 6:30 Western Movie Night, T	9:00 Catholic Service, MPR 9:30 Sittercise, MPR 9:30 Stud Club: Coffee & Donuts, B 10:00 Strength Training, MPR 2:00 Bingo, GR 2:00 Bible Study, A 4:00 Happy Hour, B 6:30 Pokeno, GR	11:00 Wii Bowling, MPR 1:00 Popcorn Social 1:45 Bunco, GR 4:00 Happy Hour, B 7:00 Saturday Night Live Entertainment, A
10:30 Cinnamon Roll Social, B 12:30 Sunday Scenic Drive, O 3:15 Christian Church Service, T 4:00 Happy Hour, B 6:30 <b>Getting to Know You, A</b> Residents' Pick Movie Night, T	<b>MEMORIAL DAY</b> 9:30 Sittercise, MPR 10:00 Strength Training, MPR 2:00 Banga, GR 4:00 Happy Hour, B 6:30 Featured Program: "24" American Drama Series, T	9:30 Yoga Class, A 12:00 Book & Salad, A 2:00 <b>Card Making with Judi, A</b> 3:00 Nickel Jackpot, GR 4:00 Happy Hour, B 6:00 Write Word Game, B	9:30 Sittercise, MPR 10:00 Strength Training, MPR 10:30 <b>Out &amp; About: Northern Quest Casino, O</b> 1:00 Bridge Pickup Games, GR 2:30 Rosetta Stone Language Lessons, T 3:30 Horse Racing, A 4:00 Happy Hour, B 4:30 Resident Birthday Dinner, PDR	11:00 Wii Bowling, MPR 1:00 Bean Bag Baseball, A 3:00 Fairwinds Book Club, A 4:00 Happy Hour, B	9:00 Catholic Service, MPR 9:30 Stud Club: Coffee & Donuts, B 2:00 Bingo, GR 2:00 Bible Study, A 4:00 Happy Hour, B 6:30 Pokeno, GR	<div>Tru Colorz Salon Phone Number: 570-4783 <b>Activity Hotline</b> Phone Number: 465-0132</div>



## Silver Valley Daycation

A group of residents went out to Silver Valley, Idaho on a beautiful and warm sunny April day for a Daycation trip. We rode the Gondola Ride at Silver Mountain and visited a few other monuments in Idaho. Make sure you join us on our next Daycation!



*It's More Than Retirement. It's Five-Star Fun.*

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## 2019 Destinations

Alaska Cruise | July 27–August 3

Las Vegas | September 30–October 4

Bermuda Cruise | October 20–27

For more information,  
or to book your getaway, contact:  
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