



THE BRENNITY

— AT MELBOURNE —

7300 Watersong Lane • Melbourne, FL 32940 • 321-253-7440

May 2019 • IL

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May Is MOMories Month

Anna Marie Jarvis was the founder of the Mother's Day holiday in the United States. Her mother had frequently expressed a desire for the establishment of such a holiday, and after her mother's death, Jarvis led the movement for the commemoration. However, as the years passed, Jarvis grew disenchanted with the growing commercialization of the observation (she herself did not profit from the day) and even attempted to have Mother's Day rescinded. She died in a sanitarium, her medical bills paid by the floral and greeting industries.

In 1914, President Woodrow Wilson issued a presidential proclamation that officially established the first national Mother's Day holiday to celebrate America's mothers.

Many individual states celebrated Mother's Day by 1911, but not until Wilson lobbied Congress in 1919 that Mother's Day was officially set on the second Sunday of every May. In his first Mother's Day proclamation, Wilson stated that the holiday offered a chance to 'publicly express our love and reverence for the mothers of our country.'

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Exceptional Senior Living

Continued from front page

In 2002, President George W. Bush echoed Wilson's sentiments by acknowledging mothers in his official statement on Mother's Day in 2002. He commended foster mothers as well as his own 'fabulous mother' for their 'love and sacrifice.' He also mentioned past presidents' expressions of appreciation for mothers. He quoted John Adams as having said 'all that I am my mother made me.'

HAPPY MOTHER'S DAY TO ALL OUR MOMS!!

A Tribute To My Mom Bette Doris

My mom has been my 'port in the storm,' that safe place where you are free to say how you truly feel and know her response will always be in your best interest. I can tell her anything. My best advocate; she makes me feel I am a better person than I know myself to be. Mom is beautiful inside and out. She is funny, generous, kind, strong and a hard act to follow. She's my secret weapon and my best friend! I am very proud of my mom.



It Takes a Community of Volunteers



When the Viera Regional Community Center contacted us to let us know that they needed help in filling 2,000 Easter eggs for their Spring Festival, we stepped up to the plate.

We understand the importance of volunteering and giving back to our community. Our volunteers managed to fill 1,500 out of the needed 2,000. Way to go!!

So on April 13th when children went on the hunt for their Easter eggs, we knew that each of those eggs were not only filled with candy but with love and care.

Thank you to all who volunteered.

Amazing Grace

Prior to our move to Florida in the summer of 2014, my husband (Dave) and I lived in Virginia, and my parents in Missouri. After years of frequent travel back and forth, it finally became too hard for me to take care of them from such a distance, especially after Daddy's stroke, and Mom's blindness which had already stolen most of her independence. As their condition reached a crisis point, a whirlwind trip to our favorite state (Florida) convinced us to settle here. Dave retired from the military and we accomplished two major moves within a month's time, ours to our new home in Indian River Colony Club, and my parents to their new home at The Brennity of Melbourne. I was grateful that The Brennity offered a way to keep my parents together, and I'll forever be grateful they could remain together until Daddy passed in 2016.

Many have heard Mom's story about my heart surgery at the age of 2. Though PDA is now an easily treatable condition, back in those days it meant a 50/50 chance of even surviving the surgery. Our extended family was against it, fearful I wouldn't live through it. It wasn't until a surgeon said he wouldn't give 2 cents for my life beyond the age of 16 that my parents decided to do it, even if it meant going it alone and not telling the family so to prevent them from worry.

The part of the story Mom most remembers is how it felt handing me off to the surgical nurse that morning, with my arms outstretched to her as that nurse carried me away. Would that fearful look and need for comfort be her last memory of me? Well, thankfully, it wasn't. Yet not long thereafter Mom began experiencing heart pains of her own. 'Sympathy pains' was the simplified diagnosis, an analysis very telling of the relationship she and I would forever have with one another. It was a relationship that started even before I was born, when Mom so desperately wanted us to share the same birthdays that she spent her own birthday executing a series of squat exercises; not an easy feat for a little woman with an almost 9-pound baby! Though I wasn't born until 3 days later, we have celebrated our birthdays together ever since.

Surviving my heart surgery at the age of 2 was only one of many miracles God has performed in my life. Endless

are the stories I have written about my blessings, many of which in recent years have included my appreciation for all who have taken part in my journey as caregiver. When we moved everyone to Florida 5 years ago, I could not have imagined the caregiving 'family' we would inherit here; from the patience and tender loving care of the nurses and CNAs; to the upbeat lifestyles workers and their entertainers who strive to keep a happy environment; to the tireless efforts of the dining room staff who try to please a variety of tastes; to the supportive concierges, and willing maintenance staff, and friendly physical therapists; even to the residents themselves. And time would fail me to tell of the best doctor, and the most awesome Hospice support team in the world; not to mention Mom's personal caregivers-well, books have already been written about them. Though many among these supportive teams have come and gone, many friendships have yet remained, and will remain.



The love we have received in this place has been more than anything I could have imagined, or hoped for. Many affectionately call my mother Amazing Grace, and it makes my heart sing that song every time I hear it. Not only is she amazing to me, she is a great teacher, for the lessons I've learned as her daughter are incalculable. Besides giving me life itself, probably the greatest gift she ever gave me were her prayers that my faith and hunger for the Lord would become strong. Surely every miracle in my life can, in some way, be attributed to those prayers.

As time has passed, I have learned how Mom must have felt that day the surgical nurse took me away. Often, I have felt similarly while trying to say goodbye after one of our visits. I felt it intensely last year after she broke her hip, when the hospital medications and change in environment exacerbated her confusions. The scenario of my heart surgery at the age of 2 was reversed as her arms reached out in desperation for me when the x-ray technician wheeled her away. Amazingly, she pulled through that calamitous situation. And she is still going strong.



Amazing Grace!

In April of this year, Mom turned 95, and as tradition goes, we celebrated our birthdays together. What a privilege it is, being able to give back a fraction of all she has given me.

The Brennity at Melbourne IL Calendar

May 2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			9:30 Catholic Services AL 1 12:30 3 Hour Bridge SR 1:00 Mahjong VR 2:00 Mens Poker AR 3:00 BUNCO VR 4:00 Left Right Center VR	11:00 Rummikub VR 2 11:00 Couth & Culture RR 1:00 Card Making w Carol VR 2:00 Ice Cream Social Bar 4:15 Bingo VR 7:00 Popcorn Movie Night RR	1:00 Hand & Foot SR 3 1:30 Mens Poker AR 2:00 Cornhole w/ Maritza 3:00 Hearing Aid Checks w/ Jessica WS 3:00 Bell Ringers VR 4:15 Poker Bingo VR 6:15 Ladies Poker AR 7:00 Friday Cinema RR	Kentucky Derby Day 4 9:00 Putting Challenge 10:30 Wii Open Bowling RR 12:30 3 Hour Bridge SR 1:00 2 Hour Bridge VR 1:00 Hand & Foot SR 7:00 Saturday Nite Movies RR
	8:30 St Johns Catholic 5 9:00 Suntree United Methodist Church 10:40 Advent Lutheran 11:00 Sunday Brunch SR 2:00 Rummikub VR 2:45 Riverside Presbyterian Church 3:00 Popcorn & Movie RR 5:00 Wii Bowling- Practice RR	9:00 New Publix & Banks 6 11:00 New Publix & Walmart 1:00 Knit/Crochet TB 1:00 Bible Study VR 1:00 Walmart and Banks 2:00 Men's Poker AR 2:30 Wine Tasting- Total Wine 2:30-5pm	10:00 Activities Meeting RR 7 11:00 Bocce Ball RR 12:00 Chess VR 1:00 Pinochle SR 1:00 Watercolors VR 2:30 Scrabble VR	9:30 Catholic Services AL 8 12:30 3 Hour Bridge SR 1:00 Mahjong VR 2:00 Mens Poker AR 3:00 BUNCO VR 4:00 Left Right Center VR 6:45 Melbourne Community Orchestra	11:00 Rummikub VR 9 11:00 Couth & Culture RR 1:00 Health Fair 1-4pm RR 2:00 Ice Cream Social Bar 4:15 Bingo VR 7:00 Popcorn Movie Night RR	9:30 Putting Contest-Duran 10 12:00 Tea Party/Bar 1:00 Hand & Foot SR 2:00 Town hall 2:00 Mexican Train VR 3:00 Bell Ringers VR 4:15 Poker Bingo VR 6:15 Ladies Poker AR 6:30 Rockledge HS: Chicago 7:00 Friday Cinema RR
Mother's Day 12 8:30 St Johns Catholic 9:00 Suntree Methodist 10:40 Advent Lutheran 11:00 Sunday Brunch SR 11:00 Music w/Julia 12:30 Titusville Playhouse 2:00 Rummikub VR 3:00 Popcorn & Movie RR 5:00 Wii Bowling- RR	9:00 Target & Walmart 13 11:00 New Publix & Walmart 1:00 Knit/Crochet TB 1:00 Bible Study VR 1:00 Target and Banks 1:30 TJMaxx,Homegoods, Ulta 2:00 Men's Poker AR	10:00 Art w/ Debi-acrylics 14 11:00 Bocce Ball RR 11:30 Lunch Club 1:00 Pinochle SR 2:30 Scrabble VR	9:30 Catholic Services AL 15 12:30 3 Hour Bridge SR 1:00 Mahjong VR 2:00 Mens Poker AR 3:00 BUNCO VR 4:00 Left Right Center VR 6:00 5th Avenue Art Gallery	11:00 Rummikub VR 16 11:00 Couth & Culture RR 1:00 Card Making w Carol VR 2:00 Ice Cream Social-Bar 4:15 Bingo VR	1:00 Hand & Foot SR 17 1:30 ClayZ Pottery 1:30 Mens Poker AR 2:00 Cornhole w Maritza RR 2:00 Mexican Train VR 3:00 Line Dancing RR 3:00 Bell Ringers VR 4:15 Poker Bingo VR 6:00 Sock Hop: MM 6:15 Ladies Poker AR 7:00 Friday Night Cinema	9:00 Putting Challenge 18 9:30 Melbourne Mall 10a-1p 10:30 Wii Open Bowling RR 12:30 3 Hour Bridge SR 1:00 Hand & Foot SR 1:00 2 Hour Bridge VR 7:00 Saturday Nite Movies RR
8:30 St Johns Catholic 19 9:00 Suntree United Methodist 10:40 Advent Lutheran 11:00 Sunday Brunch SR 1:30 Pastor Moreno AL 2:00 Rummikub VR 3:00 Popcorn & Movie RR 5:00 Wii Bowling Practice RR	9:00 Target & Walmart 20 11:00 New Publix & Walmart 1:00 Knit/Crochet TB 1:00 Bible Study VR 1:00 Target & Banks 1:30 PAFB 2:00 Mens Poker AR	7:00 Breakfast Club 21 11:00 Caregiver Support Meeting 11:00 Bocce Ball RR 12:00 Chess VR 1:00 Watercolors VR 1:00 Pinochle SR 2:00 Men's Poker 2:30 Scrabble VR	9:30 Catholic Services/AL 22 11:30 Mens Lunch 12:30 3 Hour Bridge SR 1:00 Majong VR 2:00 Mens Poker AR 3:00 BUNCO VR 4:00 Left Right Center VR	11:00 Couth & Coulture RR 23 11:00 Rummikub VR 1:00 Card Making w/Carol VR 2:00 Men's Poker 2:00 Ice Cream Social- Bar 4:15 Bingo VR 4:30 Dinner Club 7:00 Popcorn Movie Night RR	11:30 Ladies Lunch 24 1:00 Hand & Foot SR 1:30 Mens Poker AR 2:00 Mexican Train VR 2:00 Cornhole w/ Maritza RR 3:00 Bell Ringers VR 4:15 Poker Bingo VR 6:15 Ladies Poker AR 7:00 Friday Cinema RR	9:00 Putting Challenge 25 10:30 Wii Open Bowling RR 12:30 3 Hour Bridge SR 1:00 2 Hour Bridge VR 1:00 Hand & Foot SR 1:00 Cocoa Village Playhouse 6:15 Space Coast Symphony 7:00 Saturday Nite Movies RR
8:30 St Johns Catholic 26 9:00 Suntree United Methodist 10:40 Advent Lutheran 11:00 Sunday Brunch SR 1:00 Rummikub VR 1:00 Cocoa Village Playhouse 2:00 Book Club VR 3:00 Popcorn & Movie RR 5:00 Wii Bowling- Practice RR	9:00 Target & Walmart 27 11:00 New Publix & Walmart 1:00 Knit/Crochet TB 1:00 Bible Study VR 1:00 Target & Banks 1:30 Bed/Bath, World Mkt,Michaels 2:00 Mens Poker AR 2:00 Memorial Service RR 4:45 Music w/Julia	10:00 Art w/ Debi VR 28 11:00 Bocce Ball RR 12:00 Chess VR 1:00 Pinochle SR 1:00 Watercolors VR 1:00 Wetlands 2:30 Scrabble VR	9:30 Catholic Services/AL 29 11:30 Mens Lunch 12:30 3 Hour Bridge SR 1:00 Majong VR 2:00 Mens Poker AR 3:00 BUNCO VR 4:00 Left Right Center VR	11:00 Couth & Coulture RR 30 11:00 Rummikub VR 1:00 Learn Mexican Train VR 2:00 Men's Poker 2:00 Ice Cream Social- Bar 4:15 Bingo VR 7:00 Popcorn Movie Night RR	1:00 Hand & Foot SR 31 1:30 Mens Poker AR 2:00 Mexican Train VR 2:00 Cornhole w/ Maritza RR 3:00 Bell Ringers VR 4:15 Poker Bingo VR 7:00 Friday Cinema RR	

Happy Hour Mingle

Sharing good times, drinks, music and conversation with each other is what makes for an enjoyable afternoon.



Birthdays

C. Marzzacco.....	5/1
Lorraine Harr.....	5/2
Joy Dash.....	5/4
Joe Durham.....	5/4
James Armstrong.....	5/7
Mary Estes.....	5/8
Julia Belton.....	5/8
Susan Treffeise.....	5/11
Pat Donohue.....	5/12
Kathy Lees.....	5/12
Mary Glaze.....	5/16
Paul Midghall.....	5/20
Theresa Baker.....	5/21
Werner Herman.....	5/27
Marge Johnston.....	5/27
Jeanne French.....	5/29
Marilyn Harrington.....	5/30



Anniversaries

Peggy & Leon Fafara.....	5/1
Frances & Donald Bird.....	5/10
Rita & Sal Bologna.....	5/10
Peggy & Herb Kiser.....	5/28

Private Personal Training Sessions

Many people want to start a fitness regimen, but don't know how to begin and what exercises are beneficial for them.

Some people who want to improve their health and well-being find exercise classes and exercise equipment intimidating.

If you are not sure you are ready to start your own workout regimen, you could consider working with Maritza, our personal trainer. She will schedule a private fitness assessment session with you and discuss your overall fitness goals.

She will support and provide the framework needed to achieve your goals, restore health, range of motion, flexibility and mobility. Personal training can not only assist you in looking and feeling better, it can improve the quality of your life.

Core Values At Work

Great workplaces are made great by the associates that pull together when needed. We thank all associates who demonstrate the 'going above and beyond' attitude. On one day in particular when the dinning room server needed help, a resident, Leslie Moseley, noticed associates coming together and had this to say:

- Tori was filling in for someone who was out and served without any complaining, with a pleasant attitude, in full uniform and managed all the needs of demanding residents.
- Biba was also willing to step in to help and did so in a very capable manner.
- Marilyn, a long time CNA, saw a need for help and worked tirelessly while she showed and encouraged our newer CNAs to help.
- Hanna also saw a need and helped cheerfully.
- This was just one example of the many times our associates pull together.



Marilyn and Biba



Biba and Hanna

- Mrs. Moseley was so impressed that she took time to write about what she witnessed.

We want to thank all of our associates. We know that there are many times that you may think that your hard work is unnoticed. Your commitment goes a long way. These employees demonstrated our core values: Commitment, Communication, Empowerment and Excellence.

Ice Cream Socials Take on a New Flavor

Our ice cream socials are a time to sit, relax and enjoy a variety of different flavors and toppings with friends.





ADORE	GRANDMOTHER	MEMORIES
AFFECTION	GRATITUDE	MOM
APPRECIATION	HEART	MOMMY
CHERISH	HONOR	MOTHER
CHILDREN	HUG	THOUGHTFUL
DEDICATION	LOVE	TRADITION
FAMILY	MATERNAL	WOMAN

A	E	M	A	C	R	A	F	F	E	C	T	I	O	N	T	L	U
A	E	O	M	O	A	P	P	R	E	C	I	A	T	I	O	N	A
F	F	M	O	M	M	Y	D	N	A	M	E	T	E	R	N	A	L
W	A	F	F	E	C	T	A	R	H	E	O	R	D	L	I	H	C
F	A	M	I	L	Y	M	D	H	D	O	H	T	E	T	C	R	F
H	N	E	N	C	O	E	A	U	S	R	E	I	H	T	H	E	D
M	S	E	M	W	T	G	T	T	E	I	A	U	T	E	E	H	R
A	E	C	R	R	N	I	R	T	R	I	R	O	H	A	R	T	O
M	I	O	L	L	T	E	O	A	H	N	T	E	A	D	I	O	E
R	R	A	M	A	I	M	R	N	T	O	A	I	H	T	H	M	M
O	O	W	R	E	E	H	F	D	T	I	U	D	A	C	C	D	S
N	M	G	H	O	O	R	C	P	L	T	I	G	O	D	E	N	I
O	E	L	A	N	R	E	T	A	M	I	D	T	H	R	O	A	A
H	M	O	T	H	I	G	U	H	E	D	H	O	U	T	E	R	A
D	E	D	I	C	A	T	I	O	N	A	I	C	N	D	F	G	P
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