



# LANDON Ridge

Alamo Ranch • 11300 Wild Pine • San Antonio, TX 78253 • 210-816-4700

May 2019 • IL

## Leadership Team

**Michael Dorazio**

General Manager IL

**Kimberly Deike**

Executive Director-AL/MC

**Robin Salinas**

Resident Service Director

**Rebecca Greder**

Marketing Director-IL

**Tiffany Dunning**

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Lifestyle Director-IL

**Shantee Gregory**

Lifestyle Director-AL

**Kristen Wentz**

Memory Care Director

**Robert Calilung**

Culinary Director -IL

**Angelica Silva**

Culinary Director -AL

**Tony Badillo**

Maintenance Director-IL

**Ralph Perez**

Maintenance Director-AL

**Kelly Richard**

Marketing Director-AL

## Letter From The Executive Director

*'Life began with waking up and loving my mother's face.'*

George Eliot, aka Mary Ann Evans, was an English novelist poet, journalist, and one of the leading writers of the Victorian era. She lived during the 1800s but her works are timeless. This leading quote can be said to be true for every little baby born. No matter how the relationships go later on, we are undoubtedly first in love with that lady that gave birth to us and created this life we live. As we delve in the month of May, most of us are very clearly



aware that Mother's Day is just around the corner. Here at Landon Ridge, our theme, this month, is 'Mom-eries,' and, yes, as you would have guessed it, we are focusing on the Moms who are very special in our lives. Past & Present, Moms have been an inspiration, a mentor, a guide, a disciplinarian, our first love, that person who we can't stand at times (because they just always knew better than us) but love nevertheless. The lady who will support us no matter what; the woman who will work several jobs and still put three squares on the table each day. They are the women who filled in for the fathers while the men were off to war and/or working in the oil fields; they are buddies who would hang out with us on a fishing trip and do their best to bait a hook (while we knew they were

*Continues on next page*

## Exceptional Senior Living



*Continued from front page*

not excited about it at all). Moms are the best shoulder to cry on, and for some, the most inspirational, kick-you-in-the-pants-and-get-you-going person that we know. Moms are all of these attributes and so much more. We are blessed in our community to share each and every day with some of the most special and inspirational 'Moms' and several who still can and still do teach us all a thing or two. Truth be told, the above descriptions are certainly derived from my memories of my own Mom and Grandmother. These two ladies were constant sources of inspiration in my life and still to this day, I'm blessed to witness some strong ladies who, although a bit older, are still guiding me through their actions and words. I bet the same is true for you. I'm sure we all can tell

some great stories of how our Moms really ruled the roost and kept us on the straight and narrow, all while giving us the love, nurturing and guidance we needed growing up. I look forward to sharing stories with many of you this month about your Moms and Grandmothers, and I look forward to spending time with many of our residents who are some of the best Moms and Grandmothers and, yes, even Great Grandmothers around. So, let's get ready, reaching into those memory boxes, and let's get some of those 'Mom-eries' going. Happy Mother's Day to all the wonderful 'Moms' at Landon Ridge Alamo Ranch Senior Living.

## Associate/Resident Spotlight

### Associate of the Month



Landon Ridge would like to recognize Carrie as our May Associate Spotlight. Carrie plays a vital role here at Landon Ridge as our daytime concierge. She is the first, friendly face that is seen as guests come through the front door as well as a go-to individual for our residents. When Carrie is not at work, she loves spending time with her children 'because they grow up too fast,' she stated. When it comes to sitting down to have a meal, Carrie most enjoys Mexican food and boneless wings. We asked Carrie what her favorite thing is about working at Landon Ridge and she said, 'My co-workers and the residents. I think we all work well together and communicate great to keep things running smoothly.' A few fun facts about Carrie include her love for traveling, she loves to dance, she enjoys meeting new people and she's not a meat eater, except for chicken! Her biggest weakness is chocolate and Dr. Pepper. Carrie, thank you for all you do here at Landon Ridge Alamo Ranch.

### MC Resident Spotlight

Landon Ridge would like to recognize Jenny B. for our May Resident Spotlight. She plays a very important role here on our Assisted Living Community, without hesitation she took on the duties as a Resident Council Representative when we lost one of our beloved members of the community. Through her efforts, Jenny has not only been a voice for her fellow peers but has been part of keeping the vision of enhancing our community for the enjoyment of our residents even after normal business hours. One of our favorite quotes from Jenny 'We still hang out, meet for socials and plan events all on our own when you leave.' Leading us into our newest addition - The Bluebonnet Saloon. If Jenny is not in her room, you can find her doing many things from changing out the art in our art gallery, making new paintings and introducing everyone to Wii Games. Thank you, Jenny, for leaving a lasting impression on not only the community, but the family outside our community by creating a room that is open to all... best of refreshments included!



## Campus Happenings

### PICNIC AT THE HERITAGE DUCK POND

Landon Ridge offers our residents the opportunity to enjoy quality time with their family and friends in the great outdoors. Our amazing Chefs will be packing a picnic lunch for us as we head out to the park to enjoy the fresh air and sunshine. Best of all we will get to feed the adorable ducks! As we keep our theme of the month 'MOMories' in mind, let us all reflect on all the amazing memories we created with mom at the park in our childhood years. Secure your seat on the bus for this purposeful event on May 10th.

### MOTHER'S DAY BRUNCH

We love our Mothers of Landon Ridge and want to honor you at our annual Mother's Day Brunch and Mimosas. Our Culinary Teams are putting together a Brunch to remember, a time to bring your families in to share in all the 'MOMories' being made during this special time of year because A Mother is like a flower, each one beautiful and unique.

### LBJ RANCH TOUR

The LBJ Ranch was where President Lyndon B. Johnson was born, where he lived, died and buried. After the President's death in 1973, Mrs. Johnson continued to live at the Ranch part time until her death in 2007. Visitors are now able to tour the Ranch at their own pace in their vehicles with the ability to stop at sites along the way such as the President's birthplace, Johnson family cemetery and the Johnson's Ranch House known as the Texas White House. To take part in this moment exploring the History of the LBJ Ranch, be sure to secure your seat on the bus on May 15th.

### LETTER FROM THE SILVER HATS & CARING HEARTS

Starting in May we will begin to crochet and knit Prayer Shawls for the ladies of AL, MC & IL. We're looking for help with the crocheting & knitting of Prayer Shawls and we appreciate every donation we can get of finished Prayer Shawls and/or soft yarn to crochet or knit them. If you don't know how to crochet or knit and want to learn, we would love to teach you! CALL 210-549-3537 if you would like to be a part of this.

### THANK YOU, LANDON RIDGE SILVER HATS AND CARING HEARTS

## Happenings In Assisted Living



### BLUEBONNET SALOON

Many associate the word Saloon with a bar or something alcohol-related, when it actually originated as a public room or building used for a specified purpose. In the Old West, saloons played a huge role providing refreshment to prospectors, trappers and cowboys. The word comes from the French salon, and it originally had the same meaning, 'living room.' Leading our residents to rename & reclaim one of our common rooms right here at home - The Bluebonnet Saloon. The vision our residents have set for our Bluebonnet Saloon goes back to the classic meaning of a room for a specific purpose. This room was created to have an art gallery feel to be enjoyed by the residents here in our community as well as our family members who stop by to spend quality time with a loved one. Join us Friday, May 3rd at 3:00 p.m. for our Bluebonnet Saloon Opening Ceremony with live entertainment & refreshments from our Culinary Team.





### ASSISTED LIVING & MEMORY CARE HAPPY HOUR

May brings a change in the weather & a change to our campus as well! As we continue to grow as an Assisted Living/Memory Care community we continue to find new ways to keep us together. Our Friday Happy Hours are a great way for us to mingle as a community with live entertainment & appetizers. We will meet in Memory Care's beautiful living room at 2:30 p.m. for a great time for all. Join us to make new friends with old neighbors.



# Landon Ridge Alamo Ranch IL Calendar

May 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <div>LOCATION KEY LL.....Longhorn Lounge AR.....Art Room B.....Bistro FC.....Fitness Center T.....Theater DR.....Dining Room O.....Outings *: Requires Sign-Up</div>			10:30 LR Silver Hats(AR) <b>1</b> 1:30 Line Dancing(FC) 2:30 Senior Stretch(FC) <b>3:00 Bible Discussion(GR)</b> 4:00 O:Yum Thai(*) 6:30 42 Dominoes(LL) <b>7:00 O:Card Game Night(*LL)</b>	<b>9:30 Tai-Chi(*FC)</b> <b>2</b> <b>10:30 Just The Gals Meeting(*LL)</b> 1:30 Sit & Fit(FC) 2:30 Water Aerobics(P) <b>3:00 Dollar Bingo(LL)</b> 5:00 Bible Study(GR) 6:30 Mahjong w/Wilma	9:30 Silver Aerobics(FC) <b>3</b> 10:00 Prayer Meeting(T) <b>11:00 O:St Johns 1st Friday Concert(*)</b> 1:30 Mass(GR) 2:00 Creative Hands(AR) <b>3:00 Happy Hour: TJ(LL)</b> 7:00 Movie(T)	9:30 Weekend Walk(B) <b>4</b> 10:30 Coffee & Chat(B) 1:00 Pinochle(GR) 2:30 Spanish Conversation w/Linda & Sophie(*B) <b>3:30 Ed's Music Hour(*LL)</b>
<b>CINCO DE MAYO!</b> <b>5</b> 9:30 Coffee & Chat(B) 11:15 Church Service(T) 2:00 UNO(AR)	10:00 Monday Meditation(*T) <b>6</b> 1:30 Zumba Gold(FC) <b>1:30 Spanish 101 Class(*LL)</b> 2:00 Creative Hands(AR) 2:30 Senior Stretch(FC) <b>3:30 Ice Cream Social(*LL)</b> 6:30 Hand & Foot(LL)	<b>10:00 Color Me Calm(*AR)</b> <b>7</b> 1:30 Sit & Fit(FC) 2:30 Water Aerobics(P) 3:00 Rosary(T) <b>3:30 Wine &amp; Wisdom(*LL)</b> 6:15 Glee Club(GR) 7:00 Movie(T)	10:30 LR Silver Hats(AR) <b>8</b> <b>11:00 O:Tropic Express Snow Cones(*)</b> 1:30 Line Dancing(FC) <b>2:00 Veterans/Patriot Club(LL)</b> 2:30 Senior Stretch(FC) 3:00 Bible Discussion(GR) 4:00 O:Texas Longhorn(*) 6:30 42 Dominoes(LL) <b>7:00 O:Orange Leaf(*GR)</b>	9:30 Tai-Chi(*FC) <b>9</b> <b>10:30 Coffee w/ Mike:Cottages(B)</b> 1:30 Sit & Fit(FC) 2:30 Water Aerobics(P) <b>2:30 Railroad Vacations Presentation(*T)</b> <b>3:00 Dollar Bingo(LL)</b> 5:00 Bible Study(GR) 6:00 Glen's Book Club(*B) 6:30 Mahjong w/Wilma	<b>9:30 O: Picnic at the Heritage Duck Pond(*)</b> <b>10</b> 9:30 Silver Aerobics(FC) 10:30 Prayer Meeting(T) 1:30 Mass(GR) 2:00 Creative Hands(AR) <b>3:00 MOMories Happy Hour:Poley(LL)</b> 7:00 Movie(T)	8:30 Weekend Walk(B) <b>11</b> <b>9:00 O:Jim's(*)</b> 1:00 Pinochle(GR) 1:00 O:Alamo Ranch Errands(*1-4) 3:00 Spanish Conversation w/Linda & Sophie(*B) <b>6:30 Bunco w/ Glen(*LL)</b>
<b>HAPPY MOTHER'S DAY!</b> <b>12</b> 9:30 Coffee & Chat(B) <b>11:00 Mother's Day Brunch &amp; Mimosas(*DR)</b> 11:15 Church Service(T) 2:00 UNO(AR)	9:30 Members Only Resident Council Meeting(GR) <b>13</b> <b>11:00 O:Silver Hats Lunch(AL)</b> 1:30 Zumba Gold(FC) 2:00 Creative Hands(AR) 2:30 Senior Stretch(FC) <b>2:30 Outdoors Western Party(*Patio)</b> 6:30 Hand & Foot(LL)	10:00 Craft:May Wreaths(*AR) <b>14</b> <b>10:30 Fashion Boutique Vendor Sales(L)</b> 1:30 Sit & Fit(FC) 2:30 Water Aerobics(P) <b>2:30 BBVA Banking Q&amp;A(*LL)</b> 3:00 Rosary(T) <b>3:30 MOMories Social(*LL)</b> 6:15 Glee Club(GR)	<b>9:00 O:LBJ Ranch Tour(*)</b> <b>15</b> 10:30 Caring Hearts(AR) 1:30 Line Dancing(FC) 2:30 Senior Stretch(FC) 3:00 Bible Discussion(GR) 5:00 O:Las Palapas(*) <b>6:30 O:Casablanca(*)</b> 6:30 42 Dominoes(LL)	9:30 Tai-Chi(*FC) <b>16</b> <b>10:00 Muffins with Mom(*B)</b> 1:30 Sit & Fit(FC) <b>2:15 Glee Club Patriotic Program(*DR)</b> 2:30 Water Aerobics(P) 3:00 Dollar Bingo(LL) 5:00 Bible Study(GR) 6:30 Mahjong w/Wilma	9:30 Silver Aerobics(FC) <b>17</b> <b>10:00 O: La Cantera Mall(*)</b> 10:30 Prayer Meeting(T) 1:30 Mass(GR) 2:00 Creative Hands(AR) <b>3:00 Happy Hour:Bobby(*LL)</b> 7:00 Movie(T)	9:30 Weekend Walk(B) <b>18</b> 10:30 Coffee & Chat(B) 1:00 Pinochle(GR) 3:00 Spanish Conversation w/Linda & Sophie(*B) <b>3:30 Ed's Music Hour(*LL)</b>
9:30 Coffee & Chat(B) <b>19</b> 11:15 Church Service(T) <b>1:00 O:Mission's Baseball Game(*)</b> 2:00 UNO(AR)	10:00 Monday Meditation(*T) <b>20</b> <b>11:30 May B-day Lunch(*DR)</b> 1:30 Zumba Gold(FC) <b>1:30 Spanish 101 Class(*LL)</b> 2:00 Creative Hands(AR) 2:30 Senior Stretch(FC) <b>3:30 May B-day Party(*LL)</b> 6:30 Hand & Foot(LL) <b>6:30 Science for Seniors: A Mother's Hummingbird Story*LL)</b>	10:00 Color Me Calm(*AR) <b>21</b> 1:30 Sit & Fit(FC) 2:30 Water Aerobics(P) <b>2:30 Cooking Made Simple w/Stacey(*B)</b> 3:00 Rosary(T) <b>3:30 Watermelon on the Patio(*P)</b> 6:15 Glee Club(GR) 7:00 Movie(T)	<b>10:00 O:Wild Birds Unlimited &amp; Lunch @ Tx Two Step(*)</b> <b>22</b> 10:30 Silver Hats(AR) 1:30 Line Dancing(FC) 2:30 Senior Stretch(FC) 3:00 Bible Discussion(GR) 4:00 O:Sea Island(*) 6:30 42 Dominoes(LL) <b>7:00 Pizza &amp; Yahtzee w/Jim(*LL)</b>	9:30 Tai-Chi(*FC) <b>23</b> <b>10:30 I've Got a Story w/Bruce(*LL)</b> 1:30 Scrabble(2F) <b>2:30 Monthly Town Hall(DR)</b> 5:00 Bible Study(GR) 6:00 Glen's Book Club(*B) 6:30 Mahjong w/ Wilma	9:30 Silver Aerobics(FC) <b>24</b> 10:30 Prayer Meeting(T) <b>11:00 O: Bobby J's Burgers(*)</b> 1:30 Mass(GR) 2:00 Creative Hands(AR) <b>3:00 Memorial Day Bash w/ Mardi Gras Baby Winners:Kai Kamaka(*DR)</b> 6:30 Mexican Train(LL) 7:00 Movie(T)	8:30 Weekend Walk(B) <b>25</b> <b>9:00 O:Denny's(*)</b> 1:00 Pinochle(GR) 1:00 O:Alamo Ranch Errands(*1-4) 3:00 Spanish Conversation w/Linda & Sophie(*B) <b>6:30 Bunco w/ Glen(*LL)</b>
9:30 Coffee & Chat(B) <b>26</b> 11:15 Church Service(T) 2:00 UNO(AR)	<b>Happy Memorial Day!</b> <b>27</b> 2:00 Creative Hands(AR) 6:30 Hand & Foot(LL)	<b>10:00 Craft:Flower Pot Painting(*AR)</b> <b>28</b> 1:30 Sit & Fit(FC) 2:30 Water Aerobics(P) <b>2:30 New Resident Orientation(*AR)</b> 3:00 Rosary(T) <b>3:00 Cooking w/Chef(*DR)</b> 6:15 Glee Club(GR) 7:00 Movie(T)	<b>9:30 O:Dollar Tree/Big Lots(*)</b> <b>29</b> 10:30 Silver Hats(AR) 1:30 Line Dancing(FC) 2:30 Senior Stretch(FC) 3:00 Bible Discussion(GR) 4:00 O:Hu Hot Grill(*) 6:30 42 Dominoes(LL) <b>7:00 Banana Split Social(*LL)</b>	9:30 Tai-Chi(*FC) <b>30</b> 1:30 Scrabble(2F) 1:30 Sit & Fit(FC) <b>2:30 SAWS Rain to Drain Presentation(*LL)</b> 2:30 Water Aerobics(FC) 5:00 Bible Study(GR) 6:30 Mahjong w/ Wilma	9:30 Silver Aerobics(FC) <b>31</b> 10:30 Prayer Meeting(T) 1:30 Mass(GR) 2:00 Creative Hands(AR) <b>3:00 Happy Hour: Jim Mcfarland(LL)</b> 6:30 Mexican Train(LL) 7:00 Movie(T)	



..... Happenings In Independent Living .....

MEMORIES & MOTHER'S DAY

MOMories is simply our Memories with mom, the first person to create memories with you. Our MOMories Social is sure to bring back the best memories as we have a sharing session about our Mothers covering several categories. This event will be a fun walk down memory lane.

SPANISH 101 CLASS

Hola! Join us every other Monday as we explore and learn Spanish basics such as colors, numbers and so much more! Purpose of the class is to have fun all while picking up a new language! Adios, and see you there!

OUTDOOR WESTERN PARTY

Yee-Haw! Howdy Partners, dress up in your best Cowboy and Cowgirl gear and join us for an Outdoor Western Party on the patio. We will have music, games, food and some good ol' fashion Western fun! This hoe-down will be held on May 13th starting at 2:30 p.m. Don't miss a chance to wear your boots and hats and dance the afternoon away. This awesome event will be hosted by the Maintenance and Housekeeping Team!

MARDI GRAS WINNERS MEMORIAL DAY BASH

Each year during our Mardi Gras Bash, we provide the famous, New Orleans tradition of eating King Cakes with a chance that your slice will have a tiny baby in it. This year we had 4 lucky ladies who discovered the babies in their slice. To keep the King Cake tradition alive, their prize was they get to throw a party in May! The winners must pick the theme, the decor, the food and they must host the party. This year the group has chosen to do a Memorial Day Bash on May 24th during Happy Hour and they hope to see everyone there! You can expect a RED, WHITE & BLUE affair, so be sure to dress in your Patriotic gear to honor Memorial Day with us.



Happenings in Memory Care

Mother's Day Tea Party

Mother's Day is approaching, and we want to take time to appreciate all the mothers here at Landon Ridge Alamo Ranch. We will be hosting a Mother's Day Tea Party on May 8th starting at 2:00 p.m. in the Memory Care Activity Room. Memory Care residents will be decorating Mother's Day Hats to wear to the event. We hope families join us for this special day.

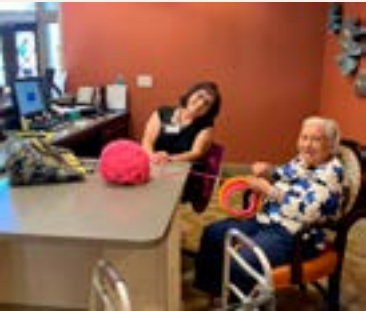
Garden Club

During this beautiful spring time it's a perfect occasion to enjoy the garden, sunshine, and the Memory Care's peaceful courtyard. The Memory Care residents favorite club is the Garden Club. During this time the residents will be putting bird food in the bird feeders, watering the flowers, and sitting in the patio and enjoying the nice weather while talking to the other residents. The club occurs every Wednesday at 1:00 p.m. in the Memory Care Courtyard. Please join us and enjoy the lovely spring weather!



Capturing Moments With IL

Capturing The Moments With AL/MC







ADORE	GRANDMOTHER	MEMORIES
AFFECTION	GRATITUDE	MOM
APPRECIATION	HEART	MOMMY
CHERISH	HONOR	MOTHER
CHILDREN	HUG	THOUGHTFUL
DEDICATION	LOVE	TRADITION
FAMILY	MATERNAL	WOMAN

A	E	M	A	C	R	A	F	F	E	C	T	I	O	N	T	L	U
A	E	O	M	O	A	P	P	R	E	C	I	A	T	I	O	N	A
F	F	M	O	M	M	Y	D	N	A	M	E	T	E	R	N	A	L
W	A	F	F	E	C	T	A	R	H	E	O	R	D	L	I	H	C
F	A	M	I	L	Y	M	D	H	D	O	H	T	E	T	C	R	F
H	N	E	N	C	O	E	A	U	S	R	E	I	H	T	H	E	D
M	S	E	M	W	T	G	T	E	I	A	U	T	E	E	H	R	
A	E	C	R	R	N	I	R	T	R	I	R	O	H	A	R	T	O
M	I	O	L	L	T	E	O	A	H	N	T	E	A	D	I	O	E
R	R	A	M	A	I	M	R	N	T	O	A	I	H	T	H	M	M
O	O	W	R	E	E	H	F	D	T	I	U	D	A	C	C	D	S
N	M	G	H	O	O	R	C	P	L	T	I	G	O	D	E	N	I
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ALAMO RANCH  
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