



BRIARVIEW

2645 E. Trinity Mills Rd. • Carrollton, TX 75006 • 972-418-1400

May 2019
AL & Cottages

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Happy Mother's Day Mom

To My Beautiful Mom, Frances Campbell

I admire you for giving us four kids such a fun family life! You have taught me the importance of responsibility. A lesson well-learned and lovin by applied to everything in my life! Much love to my Mom, Debbie

Janie Bolding: Mom, we are so happy that you are receiving such great care from the wonderful staff at Briarview. We're sure that the staff and your new friends are coming to know what has always been very clear to us. Your positive attitude and your smiles and laughter brings light to our days...and joy to our hearts! With love....Mark and Teri

All the ladies at Brairview, Thank you for all the love, advice and the support that you gave me when I was on leave having my baby. I know we aren't blood relatives, but in my eyes you are all my family. **Love, Marcy**

Pat Bramblett: Mom, a lifetime of your actions and solid love have taught me courage, kindness, faith, how to be a good friend, good stewardship... There are so many more attributes you have instilled in me, but the greatest of these is love! I so love you for always, in all ways!! Your daughter, Nancy

Mary Fernandes: Mom, you are the best Mom we could ever ask for and you are truly an inspiration to everyone in our family. You have always been there for us and guided us to a wonderful life with our families. Thank you, Mom, for being The Best!!! Love, Mike and Jim

Exceptional Senior Living

Resident Spotlight



Ray Miser was born September 21, 1944, in Glendale, California, and attended school at Sunset High School in Dallas, Texas. He was very active in school with both Football and Baseball. After graduation he attended El Centro College for two years then moved on to basic Law Enforcement. He served thirteen years in the United States Navy, followed by thirty-one years in Law Enforcement.

In 1986 he met his beautiful wife at a New Year’s Eve party, and they have been married for 35 years - and still going strong! They have one son and one daughter, eight grandchildren and one great grandchild! He has traveled much to Grand Cayman, Philippines, Japan, China, Vietnam, France, Spain, Mexico and Hawaii. In his free time he enjoys playing Bingo and any kind of handyman work.

Birthdays

Nelda Wright.....	5/5
Dorothy Fisher	5/11
Helen Hubbard.....	5/18
Alice Case	5/19
FrancesCampbell	5/20
Don Kieffer.....	5/21
Maggie Smith.....	5/23
Alice Burum	5/23
Edna O’Rourke.....	5/25



Welcome

New Residents

- Annie Carbell
- Alice Locke
- Don Kieffer
- Lillian Johnson
- Fanny & Pierre Bach

Tomato Plant Growing Contest

We will need two teams that will go to Hobby Lobby on May 7th at 10:00 A.M. to select the tomato plant for your team to grow. Each team will have all the same materials and time to grow the "Best Tomato Plant" EVER! Plants will be judged on which tomato plant grows the fastest, biggest and has the best tasting tomato.



The winning team gets FIVE MEAL TICKETS EACH and Bragging rights. Please see Marcy if you want to participate in this contest. The best of luck to both teams!!

Mother's Day Tea Party

Date: May 10th

Time: 2:00 P.M.

Place: Dining Room

Daughters and Sons are Welcome!

Please join us for a Mother's Day Tea Party

We will be serving different flavors of hot tea and scones.

We encourage you to come dressed in spring colors and to wear a hat!

Please see Marcy with any additional questions.

Upcoming Trips:

- Walmart Trip 10:00 A.M. Every Monday
- Metro Relief Out reach 10:00 A.M. May 1st & 15th
- Southfork Ranch Tour Trip 10:00 A.M..... May 2nd
- Home Depot Trip 10:00 A.M..... May 7th
- Winstar Trip 9:00 A.M..... May 9th
- Big Lots Trip 10:00 A.M.....May 14th
- Lavenar Ridge Farm Trip 10:00 A.M..... May 17th
- Rough Riders Baseball Game Trip 10:00 A.M.....May 21st
- Five Below Trip 10:00 A.M.....May 28th
- ROMEO (Really Old Men Eating Out) Flying Fish Trip 10:00 A.M. (Women are Included)May 31st

Behavior is Contagious



According to a story, researchers once staged an experiment in which a person stood by a flat tire by the side of a road with a spare tire leaning against her car’s fender. Out of 2,000 passing cars, only 35 drivers stopped to help.

The same researchers staged a second simulation, with a person standing by their car watching another person change a tire. In that situation, 58 people stopped to help out.

What does the study imply? Humans like to imitate. That knowledge may come in handy when you want to persuade someone to support your goals.

BRIARVIEW Calendar - AL & Cottages

May 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div>Location Key Activity RoomAR Day Room/Dining RoomDR Self Lead.....SL Living Room.....LR Fitness Room.....FR Assisted Living.....AL Private DiningPDR CottagesIL</div></div>			<div><div>10:00 Metro Relief Outreach Trip 1</div><div>10:00 BP Clinic By/ Encompass (AR)</div><div>11:00 Bible Study By/Ann (DR)</div><div>1:30 B Fit w/Coach Todd (FR)</div><div>2:00 Bingo (AR)</div><div>2:00 Ice Cream Social (LR)</div><div>3:30 Reading by Rita (PDR)</div></div>	<div><div>9:30 Open Gym (FR) 2</div><div>10:00 (JR's) - Southfork Ranch Tour Trip</div><div>2:00 Ice Cream Social (LR)</div><div>2:00 Men's Club (DR)</div><div>3:00 Garden Club (CY)</div><div>6:15 Movie Night (DR)</div></div>	<div><div>1:30 B-Fit W/Coach Todd (FR) 3</div><div>2:00 Bingo (AR)</div><div>2:00 Ice Cream Social (LR)</div><div>3:30 Music By/Norris Perry (LR)</div><div>4:00 Cinco De Mayo Margaritas Party (AR)</div><div>4:05 Catholic Communion (DR)</div><div>6:15 Popcorn & Movie Night (DR)</div></div>	<div><div>10:00 Open Gym (FR) 4</div><div>1:00 Rummikub (AR)</div><div>1:30 Picture Hunt (C)</div><div>2:00 Bingo (AR)</div><div>2:00 Ice Cream Social (LR)</div><div>3:30 Reading by Rita (PDR)</div><div>6:15 Saturday Night Movie (DR)</div></div>
<div><div>Cinco De Mayo 5</div><div>11:00 Puzzle Mania (AR)</div><div>1:00 Rummikub (AR)</div><div>2:00 Ice Cream Social (LR)</div><div>3:00 Color Away Stress (AR)</div><div>4:00 Table Talk: Cinco De Mayo</div><div>6:15 Popcorn & Movie Night (DR)</div></div>	<div><div>10:00 Walmart Trip 6</div><div>1:00 Hug A Heart Workshop (AR)</div><div>2:00 Bingo (AR)</div><div>2:00 Ice Cream Social (LR)</div><div>3:30 Reading by Rita (AR)</div><div>6:15 Popcorn & Movie Night (DR)</div></div>	<div><div>10:00 Home Depot Trip 7</div><div>1:30 Bridge Club (AR)</div><div>2:00 Bean Bag Baseball & Ice Cream Social (LR)</div><div>3:30 Music By/Tony Walsh</div><div>4:00 Social Hour W/ Neighbors (AR)</div><div>6:15 Popcorn & Movie Night (DR)</div></div>	<div><div>9:00 Veteran's Breakfast (AR) 8</div><div>11:00 Bible Study By/Ann (DR)</div><div>1:30 B Fit w/Coach Todd (FR)</div><div>2:00 Bingo (AR)</div><div>2:00 Ice Cream Social (LR)</div><div>3:30 Reading by Rita (PDR)</div></div>	<div><div>9:00 Winstar Trip 9</div><div>9:30 Open Gym (FR)</div><div>2:00 Painting W/Julie (AR)</div><div>2:00 Ice Cream Social (LR)</div><div>2:00 Men's Club (DR)</div><div>3:00 Garden Club (CY)</div><div>6:15 Popcorn & Movie Night (DR)</div></div>	<div><div>1:30 B Fit W/Coach Todd (FR) 10</div><div>2:00 Mother's Day Tea Party (DR)</div><div>2:00 Ice Cream Social(LR)</div><div>2:05 GiGi's Mobile Concierge Show</div><div>4:00 Cocktail Social Hour (AR)</div><div>4:05 Catholic Communion (DR)</div><div>6:15 Popcorn & Movie Night (DR)</div></div>	<div><div>10:00 Open Gym (FR) 11</div><div>1:00 Rummikub (AR)</div><div>2:00 Ice Cream Social (LR)</div><div>2:05 Bingo (AR)</div><div>3:00 Flower Arrangements (DR)</div><div>3:30 Reading by Rita (AR)</div><div>6:15 Saturday Night Movie (DR)</div></div>
<div><div>Mother's Day 12</div><div>11:00 Worship Service By Covenant Church (LR)</div><div>1:00 Rummikub (AR)</div><div>2:00 Ice Cream Social (LR)</div><div>3:00 Color Away Stress(AR)</div><div>4:00 Table Talk: Mother's Day (DR)</div><div>6:15 Popcorn & Movie Night (DR)</div></div>	<div><div>10:00 Walmart Trip 13</div><div>1:30 Tai Chi w/Nancy (FR)</div><div>2:00 Bingo (AR)</div><div>2:00 Ice Cream Social (LR)</div><div>3:30 Reading by Rita (AR)</div><div>6:15 Popcorn & Movie Night (DR)</div></div>	<div><div>10:00 Big Lots Trip 14</div><div>1:30 Bridge Club (DR)</div><div>2:00 Bean Bag Baseball & Ice Cream Social (LR)</div><div>3:00 Mary Notes Choir (LR)</div><div>4:00 Social Hour W/Neighbors (AR)</div><div>6:15 Popcorn & Movie Night (DR)</div></div>	<div><div>9:30 Open Gym (FR) 15</div><div>10:00 Metro Relief Outreach Trip</div><div>11:00 Bible Study By/ANN (AR)</div><div>1:30 B Fit with Coach Todd (FR)</div><div>2:00 Bingo (AR)</div><div>2:00 Ice Cream Social (LR)</div><div>3:30 Reading by Rita (AR)</div><div>6:15 Popcorn & Movie Night (DR)</div></div>	<div><div>9:30 Open Gym (FR) 16</div><div>11:00 Walking Club (Meet in Lobby)</div><div>2:00 Ice Cream Social(LR)</div><div>2:00 Men Club (DR)</div><div>3:00 Garden Club (CY)</div></div>	<div><div>10:00 Lavender Ridge Farm 17</div><div>1:30 B Fit w/ Coach Todd (FR)</div><div>2:00 Bingo (AR)</div><div>2:00 Ice Cream Social (LR)</div><div>4:00 Cocktail Social Hour (LR)</div><div>4:05 Catholic Communion (DR)</div><div>6:15 Popcorn & Movie Night (DR)</div></div>	<div><div>10:00 Open Gym (FR) 18</div><div>1:00 Rummikub (AR)</div><div>2:00 Celebration of Life By Accord Hospice Home Health</div><div>2:00 Ice Cream Social(LR)</div><div>3:00 Flower Arrangements (DR)</div><div>3:30 Reading by Rita (PDR)</div><div>6:15 Saturday Night Movie (DR)</div></div>
<div><div>11:00 Puzzle Mania (AR) 19</div><div>1:00 Rummikub (AR)</div><div>2:00 Ice Cream Social (LR)</div><div>4:00 Table Talk: Tomato Plant Tips</div><div>6:15 Popcorn & Movie Night (DR)</div></div>	<div><div>10:00 Walmart Trip 20</div><div>2:00 Bingo (AR)</div><div>2:00 Ice Cream Social (LR)</div><div>3:30 Reading by Rita (AR)</div><div>6:15 Popcorn & Movie Night (DR)</div></div>	<div><div>10:00 Rough Riders Baseball Game Trip 21</div><div>2:00 Town Hall Meeting (DR)</div><div>2:00 Ice Cream Social (LR)</div><div>2:30 Culinary Meeting (DR)</div><div>3:00 Chicken Foot (AR)</div><div>3:00 Bridge Club (DR)</div><div>4:00 Social Hour /Neighbors (AR)</div><div>6:15 Popcorn & Movie Night (DR)</div></div>	<div><div>11:05 Bible Study By/Ann (DR) 22</div><div>1:30 B Fit w/Coach Todd (FR)</div><div>2:00 Ice Cream Social(LR)</div><div>3:00 Bingo (AR)</div><div>3:30 Reading By Rita (PDR)</div><div>6:15 Popcorn & Movie Night(DR)</div></div>	<div><div>9:30 Open Gym (FR) 23</div><div>11:05 Walking Club (Meet in Lobby)</div><div>2:00 Ice Cream Social(LR)</div><div>2:00 Men's Club (DR)</div><div>3:00 Garden Club (CY)</div><div>6:15 Movie Night (DR)</div></div>	<div><div>1:30 B Fit W/Coach Todd (FR) 24</div><div>2:00 Bingo (AR)</div><div>2:00 Ice Cream Socia(LR)</div><div>4:00 Cocktail Social Hour (AR)</div><div>4:05 Catholic Communion (DR)</div><div>6:15 Popcorn & Movie Night (DR)</div></div>	<div><div>10:00 Open Gym (FR) 25</div><div>1:00 Rummikub (AR)</div><div>2:00 Bingo (AR)</div><div>2:00 Ice Cream Social(LR)</div><div>2:30 Picture Hunt (C)</div><div>3:00 Flower Arrangements (DR)</div><div>3:30 Reading by Rita (AR)</div><div>6:15 Saturday Night Movie (DR)</div></div>
<div><div>11:00 Worship Service By Covenant Church (LR) 26</div><div>1:00 Rummikub (AR)</div><div>2:00 Ice Cream Social (LR)</div><div>3:00 Color Stress Away (AR)</div><div>4:00 Table Talk: Memories (DR)</div><div>6:15 Popcorn & Movie Night (DR)</div></div>	<div><div>10:00 Walmart Trip 27</div><div>1:00 Hug-A-Heart Workshop (AR)</div><div>2:00 Bingo (AR)</div><div>2:00 Ice Cream Social (LR)</div><div>3:30 Reading by Rita (AR)</div><div>6:15 Popcorn & Movie Night (DR)</div></div>	<div><div>10:00 Five Below Trip 28</div><div>1:30 Bridge Club (DR)</div><div>2:00 Beautiful Decorated Cookies By/Janet</div><div>4:00 Social Hour W/Neighbors</div><div>6:15 Popcorn & Movie Night (DR)</div></div>	<div><div>11:05 Bible Study By/Ann (DR) 29</div><div>1:30 B Fit w/Coach Todd (FR)</div><div>2:00 Bingo Store (AR)</div><div>2:00 Ice Cream Social(LR)</div><div>3:00 Bingo (AR)</div><div>3:30 Reading By Rita (PDR)</div><div>6:15 Popcorn & Movie Night(DR)</div></div>	<div><div>9:30 Open Gym (FR) 30</div><div>11:05 Walking Club (Meet in Lobby)</div><div>2:00 Birthday Party W/ Marty Nelson</div><div>2:00 Ice Cream Social (LR)</div><div>3:00 Garden Club (CY)</div><div>6:15 Movie Night (DR)</div></div>	<div><div>10:00 ROMEO Flying Fish Trip 31</div><div>1:30 B Fit W/Coach Todd (FR)</div><div>2:00 Bingo (AR)</div><div>2:00 Ice Cream Social (LR)</div><div>4:00 Cocktail Social Hour (AR)</div><div>4:05 Catholic Communion (DR)</div><div>6:15 Popcorn & Movie Night (DR)</div></div>	

Residents Having Fun



Roo4U Wild Animal Therapy



2019 St. Patty's Day Party

Need a Little Exercise?

Try Gardening!

Looking for a fulfilling activity that will not only improve your mood but reduce your waistline and fatten your wallet? Look no further than gardening. Keeping in shape and having a sound mind becomes increasingly important as we age. Gardening provides health benefits for older adults that can keep the mind sharp and the body healthy. Gardening is an easy way to remain active throughout life. The American Heart Association recommends 150 minutes of moderate exercise weekly, like gardening, to reduce the risk of cardiovascular issues. Planting, watering and tending to a garden is a great way to add activity to your daily routine and reduce the risks brought on by natural aging. The truth is, as we age, our likelihood of remaining active decreases and fatigue sets in. With daily exercise and a healthy diet, older adults can avoid losing energy and keep a sharp mind. Gardening provides many of these advantages and is an easy and enjoyable way to do so.

There are numerous benefits for starting your own garden.

- Not only is gardening a great physical exercise, but it's a great mental workout as well. It takes resourcefulness and imagination to tend to a garden.
- Gardeners experience feelings of accomplishment and creativity by producing something that they helped nurture for an extended period of time.
- Gardening allows time for meditation, personal reflection and daydreaming that can help reduce stress and anxiety.
- When gardening crops, keep in mind that eating organic produce is just plain good for you. Fresh produce is not only high in vitamins and minerals, but it is also low in calories.
- Benefits of being engaged in nature include better mood, sounder sleep, reduced risk of obesity and increased self-esteem through increased activity and decreased stress.

Resident Spotlight



Mrs. Donna Bohlcke is our new Memory Care Resident. Donna was born in Neodesha, Kansas, Sept. 1927. Her parents owned a restaurant in Neodesha where her father was the chef. Donna worked in the restaurant most of her young years until she went off to college. She was Valedictorian of her senior class, and went to Kansas State University.

Donna married her high school sweetheart, and had a family of five children. Her first born son died within his first month, and another daughter died from surgery at age 17. Her two youngest daughters are twins.

Her family moved to Texas in the 1960s and Donna ended up working in the executive offices of Texas Instruments as an Administrative Assistant for 26 years. Because of his alcohol abuse, Donna divorced her first husband.

Donna's primary interest was in the church, and she served as Chairperson of the elders and Chairperson of the board in two different Dallas churches.

She was also one of the founders of Family Gateway, and served on the Board of Directors. Family Gateway was one of the first 'family' homeless shelters in Dallas. Donna felt that just feeding someone or giving him or her a bed to sleep in was not enough. Few shelters served both men and women, and none at that time served families. Family Gateway worked to enable families to stay together, in addition to teaching them skills in job seeking and living skills.

Through Donna's church, she was also an advocate for civil rights in Dallas in the early '60s as well as working down in the Rio Grande Valley on behalf of migrant farm workers where she sought better education for the children, better housing for the families, and better working conditions and pay for the laborers.

She married her present husband, Don in 2000 and worked with him in the churches where he served as a minister until his retirement in 2014.

Donna's primary motto in all of her life has been: 'What are we going to do to make a difference today?'

Memory Care Corner

Spring is Blooming!





ADORE	GRANDMOTHER	MEMORIES
AFFECTION	GRATITUDE	MOM
APPRECIATION	HEART	MOMMY
CHERISH	HONOR	MOTHER
CHILDREN	HUG	THOUGHTFUL
DEDICATION	LOVE	TRADITION
FAMILY	MATERNAL	WOMAN

A	E	M	A	C	R	A	F	F	E	C	T	I	O	N	T	L	U
A	E	O	M	O	A	P	P	R	E	C	I	A	T	I	O	N	A
F	F	M	O	M	M	Y	D	N	A	M	E	T	E	R	N	A	L
W	A	F	F	E	C	T	A	R	H	E	O	R	D	L	I	H	C
F	A	M	I	L	Y	M	D	H	D	O	H	T	E	T	C	R	F
H	N	E	N	C	O	E	A	U	S	R	E	I	H	T	H	E	D
M	S	E	M	W	T	G	T	T	E	I	A	U	T	E	E	H	R
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M	I	O	L	L	T	E	O	A	H	N	T	E	A	D	I	O	E
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H	M	O	T	H	I	G	U	H	E	D	H	O	U	T	E	R	A
D	E	D	I	C	A	T	I	O	N	A	I	C	N	D	F	G	P
L	M	D	E	V	O	L	R	I	R	R	T	H	E	E	E	U	A
G	T	I	P	D	E	E	I	I	T	T	R	E	I	O	R	E	L

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BRIARVIEW

SENIOR LIVING

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