

Be Inspired

THE BREAKERS AT EDGEWATER BEACH | a Senior Lifestyle community | CHICAGO, IL 60640 | 773-878-5333

THIS MONTH'S *silver star*

MARJORIE WRIGHT

Marjorie (Marj) was born and raised in Chicago in nearby Rogers Park as the youngest of three. She went to Sullivan High School and was the Captain of the Majorettes, the baton twirling team! After high school, she completed an Associates Degree and then went out on her own!



Marj married young, had two children and enjoyed raising them in the city. Along the way, she and her daughter found a shared love for horses and eventually bought their own! They both became accomplished equestrians and even competed in many shows!

Marj worked for 22 years at Equitable Life doing many different jobs. Starting as Executive Secretary, she went on to become a Manager, becoming well versed in the business. When the company changed owners, Marj took an early retirement and returned to school to earn a Bachelor's degree in Fine Arts and Interior Design.

Marj worked for an architect for a few years after and also put her new skills to use by helping design the entire interior of her next home in Deerfield after getting remarried. Yoga and meditation also became a big part of her life at this time; she met some wonderful friends and practiced several times a week with them.

Marj has always loved and appreciated Arts and Crafts, especially painting, drawing and scrapbooking. She is currently working to finish a scrapbook for her granddaughter and having lots of fun with this when the mood strikes! She also really enjoys our watercolor painting classes and feels her skills have improved through the many wonderful techniques our teacher, Tom, has shared.

Marj has lived at The Breakers for almost four years now; she counts the friends she has made and the diversity of the community among her favorite things here. She says she loves meeting so many interesting people with unique backgrounds and life stories.

Marj brings so much to our community, too, and is especially fantastic about trying new things! Marj had never golfed before but was the champion of our Breakers Mini Golf game last year! She did great at our Winter Olympic Games last year as well, winning both gold and silver medals! Her New Years' Resolution for 2019 was to try something new, so she joined the Poetry Workshop and has found yet another thing she truly enjoys — and has learned so much from our resident leader, Judith Toler.

Other than all of her previously mentioned passions, she especially loves attending many of the live music programs. Above all, though, comes time spent with her granddaughter, as well as with her cat, Hunter!

JOIN US THIS MONTH FOR *edgewater art walk*

Saturday,
May 18, 2019

11 a.m.-4 p.m.
on the 1st floor

The Breakers will be hosting our annual Spring Art Show while also participating in an "Art Walk" for neighbors



and community members to stop in to see The Breakers and to view artwork. We are one of six buildings hosting art shows this day, so there is sure to be plenty of wonderful artwork to see along our street!

Please sign up on the 3rd floor if you would like to reserve a table to show and/or sell your artwork!

TRAIN YOUR BRAIN *sudoku solution on back*

	5			1	4	2
		1		4		
2		9	8			1
	8	4			3	
7		8		6		9
				2	1	
8			4	5		
		7			9	
4	3	1				6

BE INSPIRED

- CONNECT
- GROW
- CONTRIBUTE
- MOVE
- FEEL
- REFLECT

LOCATIONS

- CONFERENCE ROOM
THIRD FLOOR — CF
- CRAFT ROOM THIRD FLOOR — CR
- DINING ROOM — DR
- FITNESS CENTER THIRD FLOOR — FC
- GAME ROOM SECOND FLOOR — GR
- LIBRARY SECOND FLOOR — LIB
- LIVING ROOM FIRST FLOOR — LR
- MARINE ROOM 34TH FLOOR — MR
- MEDITATION ROOM SECOND FLOOR — MTR
- SECOND FLOOR LOBBY — 2L
- SHOW ROOM THIRD FLOOR — SR
- VIDEO ROOM SECOND FLOOR — VR

TRANSPORTATION SCHEDULE

- MONDAY & THURSDAY
8:45 a.m.-3 p.m.
Neighborhood Shopping, Downtown and Hospital Runs
- TUESDAY
8:45 a.m.-3 p.m.
Target/Lincolnwood/Old Orchard/Golf Mill/Walmart/Hospital Runs
- WEDNESDAY
10 a.m.-5 p.m.
Special Outside Trips
- FRIDAY
8:45 a.m.-3 p.m.
Neighborhood Shopping, Hospital Runs, Trader Joe's/Niles Shopping Plaza
- SATURDAY
10 a.m.-3:30 p.m.
Century Movie Theater In Evanston/Walmart

ALL PROGRAMS LISTED ARE SUBJECT TO CHANGE. PLEASE REFER TO THE BREAKERS BUZZ (WEEKLY CALENDAR) FOR UPDATES.

www.SeniorLifestyle.com
Activities are subject to change

BIRTHDAYS THIS MONTH			MAY DAY 1	2	3	4		
<p>KAREN SNOW — 1st DIETER KLAGGE — 4th CARTER ROSS — 4th RITA WERNER — 7th EDWINA EVANS — 8th DORIS COLEMAN — 9th SHEILA FINLEY — 10th ANDREA KRZYSKO — 11th ANN JOHNSON — 15th</p>			<p>JULIA SU — 16th JAMES DAVIS — 16th MICHAEL HILDEBRAND — 17th MARTIN SOLOMON — 18th LOIS STEIN — 21st JUDY GOUGH — 22nd MARY KIRKLIN — 22nd MARY TSAI LIN — 25th DONALD KRUPA — 25th</p>	<p>CHARLES DOUGLAS — 27th DIXIE WIDNER — 27th ROSIE LESSER — 27th NORMAN RYDING — 30th MARY HOGAN — 31st SYLVIA KAPLAN — 31st MARY DOHERTY — 31st ELAINE PAWLAK — 31st</p>	<p>9:15 ● Full Body Fitness Class with Angela FC 10:15 ● Mat Class with Angela: Core on the Floor FC 11:00 ● Movie VR 11:00 ● Trip to Russian Tea Time 12:30 ● Aerobics Class with Jessica FC 1:00 ● Play Apples to Apples GR 2:00 ● Rummikub GR 2:15 ● Trip to Lincoln Park Conservatory 7:00 ● Bible Study MTR 7:00 ● Presentation by CSO Docent SR</p>	<p>9:15 ● Core Strength and More FC 10:00 ● Computer Class with Buddy GR 11:00 ● Improvisation with Teri McEvoy SR 1:00 ● Music in Cinema VR 2:00 ● Trivia Tea Time 2L 3:00 ● Bereavement Group 2L 3:30 ● Happy Hour SR 7:00 ● Music in Cinema VR</p>	<p>9:15 ● Exercise with Paul Radzki FC 10:00 ● Blood Pressure Checks GR 10:30 ● Water Aerobics with Jessica 11:00 ● Readers' Theatre with Christine SR 11:00 ● Low Vision Support Group GR 1:00 ● Matinee Movie VR 7:00 ● Movie Night with Park Community Church VR 7:15 ● Sabbath Service SR 8:15 ● Movie VR</p>	<p>9:15 ● Tai Chi with Lin Shook FC 10:00 ● Open Rehearsal by Wild Rumpus Jazz Band SR 10:15 ● Trip to Century Movie Theatre in Evanston 12:30 ● Menu Chat SR 1:00 ● Matinee Movie VR 1:30 ● Scrabble Players Group GR 1:30 ● Coffee and Cookie Social LR 8:15 ● Movie VR</p>
<p>9:30 ● Catholic Mass with Loyola Clergy MTR 5 11:00 ● Worship Service with Park Community Church SR 1:00 ● Breakers Bingo CF 1:00 ● Matinee Movie VR 1:00 ● Cinco De Mayo Party with Cielito Lindo LR 1:30 ● Coffee and Cookie Social LR 2:00 ● Evening Prayer with All Saints' Episcopal Church MTR 7:00 ● Movie VR 7:00 ● Video Presentation by Steven Frenzel VR</p>	<p>9:15 ● Gentle Yoga Class with Ine FC 6 10:30 ● Mindful Meditation Mondays MTR 11:00 ● Arts & Crafts with Mary Ann CR 11:00 ● Classic Movie Monday VR 1:00 ● Open Bridge Games GR 1:00 ● Veterans' Group CF 1:30 ● Needle Arts Group GR 2:30 ● Interfaith Bible Discussion Group CF 7:00 ● Game Night GR</p>	<p>9:15 ● Balance and Weights Class FC 7 10:15 ● Trip to Target 10:30 ● Water Fitness with Christine 11:00 ● Breakers' Resident Chorus SR 1:00 ● Trip to Lincolnwood Mall 2:00 ● News Currents with Jessica VR 2:30 ● Catholic Rosary MTR 7:00 ● Breakers' Bingo CF</p>	<p>9:15 ● Be Moved Dance Fitness with Heidi FC 8 10:15 ● Trip to Chicago History Museum 11:00 ● Movie VR 11:00 ● Bible Study with St. Ita MTR 12:30 ● Aerobics Class with Jessica FC 1:00 ● Brain Health University GR 2:00 ● Rummikub GR 7:00 ● Bible Study MTR</p>	<p>9:15 ● Core Strength and More FC 9 11:00 ● Improvisation with Teri McEvoy SR 1:00 ● Music in Cinema VR 2:00 ● Trivia Tea Time 2L 3:00 ● Bereavement Group 2L 3:00 ● Happy Travels Group SR 7:00 ● Music in Cinema VR 7:00 ● Performance by Cello and Violin Duo SR</p>	<p>9:15 ● Exercise with Paul Radzki FC 10 10:00 ● Blood Pressure Checks GR 10:30 ● Water Aerobics with Jessica 10:30 ● Writing Class with Paul McComas SR 1:00 ● Matinee Movie VR 1:00 ● Trip to Trader Joe's 7:15 ● Sabbath Service SR 8:15 ● Movie VR</p>	<p>10:00 ● Open Rehearsal by Wild Rumpus Jazz Band SR 11 11:00 ● Singalong with Margaret LR 12:30 ● Menu Chat SR 1:00 ● Matinee Movie VR 1:30 ● Scrabble Players Group GR 1:30 ● Coffee and Cookie Social LR 7:00 ● Art History Presentation by Debra Levie SR 8:15 ● Movie VR</p>		
<p>MOTHER'S DAY 12 9:30 ● Catholic Mass with Loyola Clergy MTR 11:00 ● Worship Service with Park Community Church SR 1:00 ● Breakers Bingo CF 1:00 ● Matinee Movie VR 1:30 ● Coffee and Cookie Social LR 2:00 ● Evening Prayer with All Saints' Episcopal Church MTR 7:00 ● Travelogue with Joe Cunniff VR 8:15 ● Movie VR</p>	<p>9:15 ● Gentle Yoga Class with Ine FC 13 10:30 ● Mindful Meditation Mondays MTR 11:00 ● Arts & Crafts with Mary Ann CR 11:00 ● Classic Movie Monday VR 1:00 ● Open Bridge Games GR 2:30 ● Interfaith Bible Discussion Group CF 7:00 ● Classical Music Lecture with Jim Kendros SR</p>	<p>9:15 ● Balance and Weights Class FC 14 10:30 ● Water Fitness with Christine 11:00 ● Monthly Community Meeting SR 1:00 ● Hearing Aid Checks with Hear USA CF 1:00 ● New Life for Old Bags Project CR 2:00 ● News Currents with Jessica VR 2:30 ● Catholic Rosary MTR 3:00 ● Catholic Mass MTR 7:00 ● Breakers' Bingo CF</p>	<p>9:15 ● Full Body Fitness Class with Angela FC 15 10:15 ● Mat Class with Angela: Core on the Floor FC 10:15 ● Trip to Museum of Puerto Rican Arts & Culture 11:00 ● Movie VR 12:30 ● Aerobics Class with Jessica FC 1:00 ● Play Apples to Apples GR 2:00 ● Rummikub GR 7:00 ● Bible Study MTR</p>	<p>9:15 ● Core Strength and More FC 16 9:15 ● Trip to Chappell Elementary Musical 10:00 ● Computer Class with Buddy GR 11:00 ● Improvisation with Teri McEvoy SR 1:00 ● Music in Cinema VR 2:00 ● Trivia Tea Time 2L 3:00 ● Bereavement Group 2L 3:30 ● Happy Hour SR 7:00 ● Music in Cinema VR</p>	<p>9:15 ● Exercise with Paul Radzki FC 17 10:00 ● Blood Pressure Checks GR 10:30 ● Water Aerobics with Jessica 11:00 ● Readers' Theatre with Christine SR 1:00 ● Matinee Movie VR 1:00 ● Trip to Niles Shopping Plaza 2:00 ● LGBT & Friends Social SR 7:15 ● Sabbath Service SR 8:15 ● Movie VR</p>	<p>9:15 ● Tai Chi with Lin Shook FC 18 10:00 ● Open Rehearsal by Wild Rumpus Jazz Band SR 10:15 ● Trip to Century Movie Theatre in Evanston 11:00 ● Spring Art Show (Art Walk) LR 12:30 ● Menu Chat SR 1:00 ● Matinee Movie VR 1:30 ● Scrabble Players Group GR 1:30 ● Coffee and Cookie Social LR 8:15 ● Movie VR</p>		
<p>9:30 ● Catholic Mass with Loyola Clergy MTR 19 11:00 ● Worship Service with Park Community Church SR 1:00 ● Breakers Bingo CF 1:00 ● Matinee Movie VR 1:30 ● Coffee and Cookie Social LR 2:00 ● Evening Prayer with All Saints' Episcopal Church MTR 7:00 ● Movie VR</p>	<p>9:15 ● Gentle Yoga Class with Ine FC 20 10:30 ● Mindful Meditation Mondays MTR 11:00 ● Arts & Crafts with Mary Ann CR 11:00 ● Classic Movie Monday VR 1:00 ● Open Bridge Games GR 1:00 ● Veterans' Group CF 1:30 ● Memorial Service SR 1:30 ● Needle Arts Group GR 2:30 ● Interfaith Bible Discussion Group CF 7:00 ● Game Night GR</p>	<p>9:15 ● Balance and Weights Class FC 21 10:00 ● Weiss Communication Station LR 10:15 ● Trip to Target 10:30 ● Water Fitness with Christine 11:00 ● Breakers' Resident Chorus SR 1:00 ● Watercolor Painting Class with Tom CR 1:00 ● Trip to Lincolnwood Mall 2:00 ● News Currents with Jessica VR 2:00 ● Magic Show by Greg Whalen SR 2:30 ● Catholic Rosary MTR 7:00 ● Breakers' Bingo CF</p>	<p>9:15 ● Be Moved Dance Fitness with Heidi FC 22 10:15 ● Trip to Art Institute of Chicago 11:00 ● Movie VR 11:00 ● Bible Study with St. Ita MTR 12:30 ● Aerobics Class with Jessica FC 1:00 ● Brain Health University GR 2:00 ● Rummikub GR 7:00 ● Bible Study MTR 7:00 ● Performance by Lin Shook Dance Troupe SR</p>	<p>9:15 ● Core Strength and More FC 23 11:00 ● Chicken Soup for the Soul LR 1:00 ● Music in Cinema VR 1:00 ● Breakers Mini Golf Game SR 2:00 ● Trivia Tea Time 2L 3:00 ● Bereavement Group 2L 3:00 ● Happy Travels Group SR 7:00 ● Music in Cinema VR</p>	<p>9:15 ● Exercise with Paul Radzki FC 24 10:00 ● Blood Pressure Checks GR 10:30 ● Water Aerobics with Jessica 11:00 ● Breakers Book Club CR 1:00 ● Matinee Movie VR 1:00 ● Trip to Trader Joe's 7:15 ● Sabbath Service SR 8:15 ● Movie VR</p>	<p>10:00 ● Open Rehearsal by Wild Rumpus Jazz Band SR 25 11:00 ● Singalong with Margaret LR 12:30 ● Menu Chat SR 1:00 ● Matinee Movie VR 1:30 ● Scrabble Players Group GR 1:30 ● Coffee and Cookie Social LR 8:15 ● Movie VR</p>		
<p>9:30 ● Catholic Mass with Loyola Clergy MTR 26 11:00 ● Worship Service with Park Community Church SR 1:00 ● Breakers Bingo CF 1:00 ● Matinee Movie VR 1:30 ● Coffee and Cookie Social LR 2:00 ● Evening Prayer with All Saints' Episcopal Church MTR 7:00 ● Travelogue with Joe Cunniff VR 8:15 ● Movie VR</p>	<p>MEMORIAL DAY 27 9:15 ● Gentle Yoga Class with Ine FC 10:30 ● Mindful Meditation Mondays MTR 11:00 ● Arts & Crafts with Mary Ann CR 11:00 ● Classic Movie Monday VR 1:00 ● Open Bridge Games GR 1:00 ● Classical Music Lecture with Jim Kendros SR 2:30 ● Interfaith Bible Discussion Group CF 5:00 ● Performance by Robyn Vitson SR 7:00 ● Residents' Association Meeting SR</p>	<p>9:15 ● Balance and Weights Class FC 28 10:15 ● Trip to Walmart 10:30 ● Water Fitness with Christine 1:00 ● New Life for Old Bags Project CR 2:00 ● News Currents with Jessica VR 2:00 ● Birthday Party SR 2:30 ● Catholic Rosary MTR 3:00 ● Catholic Mass MTR 7:00 ● Breakers' Bingo CF</p>	<p>9:15 ● Sculpt and Tone Class with Jessica FC 29 11:00 ● Movie VR 12:15 ● Trip to Lyric Opera: West Side Story 12:30 ● Aerobics Class with Jessica FC 1:00 ● Play Apples to Apples GR 2:00 ● Rummikub GR 7:00 ● Bible Study MTR</p>	<p>9:15 ● Core Strength and More FC 30 1:00 ● Music in Cinema VR 2:00 ● Trivia Tea Time 2L 3:00 ● Bereavement Group 2L 7:00 ● Music in Cinema VR 7:00 ● Presentation by Clarence Goodman VR</p>	<p>9:15 ● Exercise with Paul Radzki FC 31 10:00 ● Blood Pressure Checks GR 10:30 ● Water Aerobics with Jessica 1:00 ● Matinee Movie VR 7:15 ● Sabbath Service SR 8:15 ● Movie VR</p>			

EVENT RECAP

resident poetry readings

Over the last few months, Breakers Resident and Poet, Judith Toler, has led a wonderful Poetry Workshop.

Last month, our resident poets read some of their work out-loud to a crowd in our Showroom. It was a delight to hear their poems and creativity. Some poems were humorous, some were poignant and some were nostalgic, yet all were very touching. The poets were Shirley Foster, Clarice Hearne, Rosemarie Kohn, Jo Piazza, Penny Wheeler, Pat Wood, Marjorie Wright and Judith Toler (facilitator).

We hope everyone who listened enjoyed these poems, and thanks to Judith for facilitating this excellent workshop.



THIS MONTH'S *heart hero*

HOSPITALITY, EXCELLENCE, APPRECIATION, RESPECT, TEAMWORK

KEVIN LOEBBAKA is the Assistant Director of Plant Operations and has been working in our Maintenance department for seven years now! He was born and raised in Chicago and recently just bought a condo nearby in Edgewater!



In his free time, Kevin enjoys playing Dungeons & Dragons, which is a fantasy tabletop role-playing game, along with other board games. He also loves watching movies and wants to start traveling more.

Kevin is a wonderful employee and is always willing to go the extra mile to help residents and his coworkers and is sure to make everyone laugh around here. He truly enjoys his job because he loves the residents and he gets to help people, fix things and every day brings a new challenge!

IT'S OUR PLEASURE TO SERVE YOU ... *word from your executive director*

As the weather warms up, you should all take advantage of the outdoors and the spaces we have for you. The 3rd floor deck is a wonderful area to take a stroll away from the hustle and bustle of the city if you need some fresh air. The courtyard will be spruced up with a spring cleaning, and access to the park and beaches via our back gate is available to all residents. If you don't have a key to open the gate, please call the front desk so they can have one ready for you.

Three significant days in May to think about are Mother's Day, Armed Forces Day and Memorial Day. I can't express in words how important my mother has been to me in my life. She raised three children after moving to the United States from Korea with my father. She is one of, if not, the bravest and most loving persons I know. She taught my brother, sister and I the importance of family and always made sure we expressed and showed our love to one another. As a father and husband, I can honestly say I appreciate all mothers and am thankful for all they do and have done.

Happy Mother's Day!

Best,

Ted O'Brien
Executive Director

MANAGEMENT TEAM

Ted O'Brien, *Executive Director*
Kim Witt, *Associate Executive Director*
Jessica Natale, *Director of Resident Programs*
Lin Loos, *Director of Resident Services*
Donna Pennekamp, *Business Office Manager*
Kristin Milton, *Director of Sales & Marketing*
Adam Muransky, *Dining Services Director*
Damir Dibra, *Dining Room Manager*
James Vitson, *Director of Plant Operations*
Liz Villalovos, *Housekeeping Supervisor*

TRAIN
YOUR
BRAIN
solution

9	5	7	3	6	1	8	4	2
3	8	1	2	5	4	6	9	7
2	4	6	9	8	7	5	3	1
5	1	8	4	7	9	3	2	6
7	2	3	8	1	6	4	5	9
6	9	4	5	3	2	1	7	8
8	7	9	6	4	5	2	1	3
1	6	5	7	2	3	9	8	4
4	3	2	1	9	8	7	6	5



SENIOR
LIFESTYLE

your life, your style



PET
FRIENDLY